



MONTGOMERY MESSENGER

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Never at a loss for words
<https://www.montgomeryplace.org/newsletter>

THE BISHOP BEHIND SANTA CLAUS

As the holiday season approaches, we start hearing once again about Santa Claus, the jolly man in red who fills stockings and brings joy to children. But long before Santa and his sleigh became part of our celebrations, there was a real person named St. Nicholas, whose kindness and compassion planted the seeds for many of our beloved traditions.

St. Nicholas lived in the late third and early fourth century in what is now Turkey. He became the Bishop of Myra and was known for his quiet generosity, especially toward children, the poor, and anyone in need. Although history gives us few firm details, the stories passed down through the centuries say much about his character.

One of the most famous legends, shown here, tells of a poor father with three daughters who had no dowries and were in danger of being sold into servitude. Hearing of their plight, Nicholas visited the family at night and tossed bags of gold through the window so the daughters could marry and live safely. In some tellings, the gold



happened to land in stockings or shoes left by the fire, the beginning of a tradition that continues in many countries.

St. Nicholas died on December 6, which became his feast day and a time of gift-giving and small acts of kindness. Even today, children in parts of Europe set out their shoes on the evening of December 5, hoping to wake to treats, nuts, or fruit left by St. Nicholas.

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St. Nicholas from p. 1

This tradition has personal meaning for me because of a wonderful practice we kept during my years in seminary. Our community of seminarians and their families gathered every week for a family Holy Eucharist. On the evening of December 6th, before entering the chapel, we would all leave our shoes in the hallway—a cluttered, cheerful lineup of adult shoes and tiny children's sneakers.

During the service, at the time of the sermon, a faculty member from the United Methodist seminary across the street would enter the chapel dressed as St. Nicholas. The seminarians' children would gather around him on the floor, listening wide-eyed as he told the story of the bishop of Myra and his quiet acts of care. After the service ended, we would return to the hallway to find our shoes filled with bags of candy and homemade cookies, simple delights that brought great joy.

What has stayed with me most is not the candy but the spirit behind the tradition: generosity offered quietly, joyfully, and from the heart. That is the true legacy of St. Nicholas, and it is a spirit we can still share with one another today.

Gina Volpe



THE HOLIDAY FUND HELP LIGHT THE CANDLE!

December 4 is the final date to have your contribution included in the distribution of checks at this year's staff party on December 12. If you haven't contributed yet, now is the time to do your part in rewarding our hourly workers for all that they have done for us during this whole year.



Many residents have led the way to reaching or exceeding our goal of \$110,000. There is still a way to go, and time is running out, so we need your donation now! Put your generous check in the box across from the Front Desk. Make it payable to Montgomery Place Residents' Association. Enjoy knowing that you have done your part to make up for the tips that could not be given for an entire year!

*David Lebowitz, Treasurer
Montgomery Place Residents' Association*

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HAPPY CHANUKAH - OR - HAPPY HANUKKAH

Why so many different spellings? Same holiday. Chanukah, as well as many other foreign words, has multiple spellings in English, because we are taking a sound that doesn't exist in English and transliterating it. In this case, the Hebrew letter chet is translated into a ch or a k sound. And there are even more variations on the spelling than the above two. There is no one accepted or correct way to transliterate foreign words. Complicated? Yes, but it works.

Chanukah, which means rededication, is the commemoration of the victory of the Maccabees, a small group of Jewish freedom fighters, over the invasion of the Syrian-Greeks into the Holy Land in 2 BCE. It is a celebration of light over darkness. When the Second Temple was recaptured by the Maccabees, only a small jug of oil used to light the menorah, the Temple's eternal lamp, was found. The oil was enough to last for only one night, but a miracle happened and the oil lasted for eight nights until a new supply of oil could be prepared! And thus, eight days of celebration.

When I was a child, I loved to sing Christmas carols, though some Jewish children thought it was a sin to do so. Not I! I enjoyed all the fuss of Christmas, although I never thought that I wanted to celebrate it. Actually, my Christian friends wanted to be Jewish so they could get eight nights of presents. Of course, the presents weren't all big or expensive, sometimes they were just trinkets.

I was happy with the Jewish traditions and celebrations of Chanukah. Each night for eight nights, we lit the menorah, an eight-branched candelabra, with an ninth branch to light the others. Menorahs come in all sizes, shapes, and materials. Some are quite lovely works of art made from precious materials. Some are even homemade!

We would exchange presents, sing Chanukah songs, and eat potato latkes (pancakes) with applesauce or sour cream. In Israel and other countries in the Middle East, the tradition is to eat sufganiyot, jelly donuts.

We would play dreidel, a type of gambling game using a four-sided spinning top. It most likely evolved from a game played in Greece and later became popular in Germany in the Middle Ages. On each side of the top there is a Hebrew letter denoting the phrase "a great miracle happened there." In our house, we used pennies to play the game of dreidel.



When I worked in the public elementary schools, I read the younger children the story of Chanukah and taught them the dreidel game. We used Cheerios instead of pennies. One child went home and told her parents that Mrs. Wolkow was teaching them to gamble! Fortunately, I did not get fired.

We look at the story of Chanukah as one of many miracles that the Jewish people have experienced. In the spirit of this celebration of light over darkness, I wish you all a Happy Chanukah or a Happy Hanukkah!

Helen Wolkow



OUT AND ABOUT

As always, sign up in the trip book for all the events you wish to attend. The times listed are the departure time. "Tickets Required" means you are responsible for obtaining your own tickets.

◆ Wednesday, December 3, noon. Chicago Shakespeare Theater presents *Much Ado About Nothing*. Just in time for the holidays Chicago Shakespeare presents a rom-com. Beatrice is living it up as a fiercely independent woman who answers to no man. Benedick is an avowed bachelor with no plans to settle down. But when these stubborn singles finally meet their match under the sultry Sicilian sun, who can resist romance? This is Shakespeare at his very best. Tickets required.

◆ Friday, December 5, 12:30 p.m. The Chicago Symphony Orchestra presents Richard Strauss's *Till Eulenspiegel*, a lively portrait of the mischievous prankster. Brahms never revealed a story behind his Third Symphony, but its four movements are infused with a yearning, bittersweet beauty. Star soprano Julia Bullock gives the world premiere of a new song cycle, written for her by former CSO music director Sir Georg Solti. Tickets required.

◆ Saturday, December 6, 1:30 p.m. Court Theatre presents *Taming of the Shrew*, turning William Shakespeare's classic inside out, with a fresh interpretation focused on feminine desire. This is not your standard *Shrew*. This adaptation of the play engages with mature themes, including desire, sexuality, and power dynamics. Tickets required.

◆ Saturday, December 6, 6:30 pm. *Holiday Pops* is a musical extravaganza with 80 voices, which include our own Paulette

Windham and the Southport Symphony conducted by Scott Arkenberg. Hosted by NBC5's Stefan Holt and Allison Rosati. Tickets start at \$20. Tickets are required and can be obtained at <https://parish.stbenedict.com/holiday-pops-2024-1>

◆ Sunday, December 7, 2 p.m. Chicago Opera Theatre presents *Falstaff*, Antonio Salieri's comedy about the misadventures of Sir John Falstaff, performed at the Studebaker Theater. Tickets required.

◆ Sunday, December 7, 2:30 p.m. The Sounds Good! Choir's holiday concert at KAM Isaiah Israel. A holiday concert with choral selections from many traditions, and a holiday singalong. Free.



◆ Monday, December 8, noon. This month's lunch outing is a Chicago holiday tradition for many Montgomery Place residents. We will go to Marshall Field's (now Macy's) downtown for lunch in the Walnut Room around the Christmas tree and under the Tiffany dome. Sign up early, the reservation is limited to 12. There will be a waiting list.

◆ Tuesday, December 9, 11:15 a.m. The Good Memories at Fourth Presbyterian Church. Good Memories Choir members are adults 55+ with early-stage memory loss and their caregivers. A holiday concert with choral selections from many traditions, and a holiday singalong. Free.

◆ Friday, December 12, 12:30 p.m. The Chicago Symphony Orchestra presents Prokofiev's Fourth Symphony, which gathers sumptuous themes from his ballet music, revised in the postwar shadow of Stalin's Russia. Britten's Violin Concerto, a searing response to the Spanish Civil War, features James Ehnes, violinist. Tickets required.

◆ Saturday, December 13, 11 a.m. The Metropolitan Opera Live in HD presents Umberto Giordano's tragedy *Andrea Chénier* starring tenor Piotr Beczała as the virtuous poet who falls victim to the intrigue and violence of the French Revolution. Beczała reunites with soprano Sonya Yoncheva as Chénier's aristocratic lover, Maddalena di Coigny, with baritone Igor Golovatenko as Carlo Gérard, the agent of the Reign of Terror who seals their fate. Tickets required.

◆ Thursday, December 18, 1 p.m. The Sounds Good! Choir's holiday concert at Fourth Presbyterian Church. A holiday concert with choral selections from many traditions, and a holiday singalong. Free.

◆ Friday, December 19, 12:30 p.m. The Chicago Symphony presents Klaus Mäkelä leading Beethoven's buoyant Seventh Symphony and two contemporary works inspired by Beethoven. Yunchan Lim, the youngest-ever winner of the Van Cliburn Competition, plays the piano concerto of Robert Schumann. Tickets required.

◆ Saturday, December 20, 6:30 p.m. The Chicago Sinfonietta's Holidays of Hope at Mandel Hall presents Duke Ellington's swinging big-band take on *The Nutcracker*, along with a global program of festive music, including a Hanukkah symphony, a piece with Latin American flair, and favorites like "Sleigh Ride." Tickets required.

◆ Friday, December 26, 1 p.m. The Art Institute of Chicago presents Strange Realities: The Symbolist Imagination. Symbolism is among the most complex art movements to define. Following on the heels of impressionism, with its accessible bright imagery, symbolism's dark and mysterious vocabulary is far less known. Reacting against rationalism and rapid

industrialization, the symbolists made art that invented alternate realities. This exhibition features works on paper by symbolist artists and is drawn from the Art Institute of Chicago's collection of drawings and prints. Do not forget to visit the gift shop.

Barbara Dwyer



DECEMBER BIRTHDAYS

12/6	Barbara Dwyer
12/6	Alberta Sbragia
12/10	Diane Wallace
12/12	Barbara Baker
12/14	Ann Kieran
12/14	Barry Thorson
12/15	Marja Lightfoot
12/18	Anna Mary Wallace
12/19	Carolyn Fasel
12/23	Peter Martinez
12/26	Bill Cinoman
12/29	Jerry Rickert

NEW ARRIVALS

Carolyn Fasel moved into apartment 905 (phone 4670) on July 3, 2025. She was born and grew up, with six siblings and many cousins, in the “upper Midwest,” North Dakota, South Dakota, and Minnesota, where her father was a Lutheran minister. Her parents played the piano and flute, Carolyn played recorder, and all her siblings played various instruments as well. A cousin in Wilmette is a concert pianist. The family philosophy was to make do and laugh a lot instead of worrying about not having things, and that remains the way Carolyn lives her life today.

After high school Carolyn moved to Chicago and lived with a sister and her husband (also a minister) in the old Norwegian neighborhood around West North Avenue. She attended Roosevelt University and met and married Fred Fasel. Their honeymoon was a long camping trip in the Rockies. They moved to Spring Valley, Minnesota, where Fred took a job teaching elementary school. Laura Ingalls Wilder had lived down the street. Carolyn studied at the Adler Institute in Minneapolis, where she earned a license to lead parent study groups. She organized the Society for the Preservation of Renaissance Music in Spring Valley, Minnesota; helped set up a museum in an old church; and had two sons, Aaron and Ian.

The family moved to Austin, Texas so Fred could get the education he needed to be a middle school principal. Carolyn worked for the Texas State Mental Health Commission; was director of the Texas Historical Foundation and editor of their magazine; and was executive director of North Central Caregivers, a volunteer-driven organization that provided services to people to help them remain in their homes. She served on the University of Texas at Austin international

hospitality committee, welcoming newcomers to the university and to her home and family. She became certified as a social worker at St. Edward’s University and worked at a nursing home next door to her home where she arranged for kids from her husband’s school to volunteer for credit.

Fred died in 1997. Carolyn went on a 6-month camping trip alone after his death to bookend their honeymoon trip. She continued her life in Austin, and moved into an Austin retirement community for three years before deciding to return to Chicago, where her son Aaron lives with his wife and son Sebastian. Aaron is a magician, who entertains at parties and runs afterschool magic programs and magic camps. Son Ian lives in San Francisco with his wife and daughter Ursula. Ian founded a company that developed facial recognition software. Apple bought the company and he works for Apple now.

Carolyn is getting her apartment in order and does most of her own cooking. Welcome to Montgomery Place, Carolyn!

Paula Givan

Sandy Weiss moved into apartment 712 on July 15, 2025. Sandy is a Chicagoan. She was born in Roge’s Park, where she went to Joyce Kilmer Elementary School for eight years and then crossed the street to attend Roger Sullivan High School for four years.

She was an only child and has always lived in apartments, never a house. Her father was a regional sales manager for a wine company; her mother was a housewife. Her father traveled for his job, and she often traveled with him during the summer.

She went to the University of Illinois in Champaign for two years and then finished at

the University of Wisconsin at Madison, majoring in speech with a minor in English. Her first job was teaching at a high school in Princeville, a small town with a population of 1,500 in Central Illinois. She was 21, and her students were 18. She says it was “a real learning experience for a city girl.” During summers she earned her master’s degree in speech at Northwestern University.

After five years of teaching, Sandy took a job at Rand McNally editing adult and children’s nonfiction. She has also worked as an editor at the American Hospital Association and at UOP, an engineering and technology company. She retired after working as an editor for 25 years.

After she retired, Sandy got a second master’s degree in reading at Northeastern Illinois University. She tutored children and volunteered at the university’s reading clinic. She also worked at the National Teachers Academy, an elementary Chicago public school, on a project that used read-alouds to teach vocabulary first to kindergarteners and then to first- and second-graders. .

Sandy has traveled all over the United States, Canada, and Mexico. Her first trip as an adult was traveling west with a friend in her new car on Route 66 to Las Vegas. Her next big trip took her and a friend to Europe for two and a half months. She has cruised to Alaska, Hawaii, and the Caribbean. A couple of years ago, she took her dream trip down the Mississippi River from Memphis to New Orleans on a paddle wheel steamer.

She loves to read and has enjoyed collecting. In her apartment she has what she said are remnants of various collections. Especially interesting are her memorabilia of the Chicago Columbian Exposition of 1893 and some beautiful soapstone sculptures.

Sandy decided to move to a retirement residence partly because she lived in an apartment on the second floor—up 21 steps. She has always lived on the North Side and she was not familiar with Hyde Park, but has a cousin living nearby. She was looking for a new experience, and Montgomery Place seemed to have interesting things going on and interesting people. Sandy has joined our Playreaders and Booklovers groups. She is learning to play mah-jongg, and she said the group here has been wonderful and patient in teaching her how.

Welcome to Montgomery Place, Sandy!

Gretchen Falk

John Field moved into apartment 1007 (phone 4655) on August 7, 2025 from Peterborough, New Hampshire, where he lived in a retirement residence. His wife, Nazli, teaches political science at MIT. She will join John when she retires next year. His daughter, who teaches at U of C, lives nearby with her family. She suggested that he would be able to live here comfortably and not need to uproot himself later.

John loved Peterborough and Jaffrey, quintessential New England towns known for their artistic communities, historical significance, and outdoor recreation opportunities. Peterborough was the model for Thornton Wilder’s *Our Town*. John spent 16 years as a “gentleman farmer who does not farm” in Jaffrey.

John’s dad, a glaciologist, studied all aspects of glaciers and other ice features in the field, took measurements and samples, and analyzed data. His mom was a probation officer in New York City. The family spent

time in Putnam County in the Hudson Valley an hour's drive north of New York City.

At Harvard, John majored in government and had a year's Fulbright in India where he was a visiting instructor at Pachaiyappa's College, Madras University. That experience made a very strong impact on his life. After earning his B.A., he went on to Stanford for his M.A. and Ph.D. in political science.

At Stanford, John met Nazli, a political scientist originally from Cairo, Egypt, who for 55 years has made a career of analyzing data to find difficult-to-find relationships. John made a mission of alleviating the effects of childhood malnutrition in low-income, developing, and war-torn countries. He has been a visiting scholar, lecturer, researcher or director in programs in Delhi, Boston University, MIT, and Tufts.

John was Emeritus Professor of World Hunger and International Development, Friedman School of Nutrition Science and Policy at Tufts and was a member of advisory groups for the Growing Up Healthy and Learning program domains, Plan International. His interests include travel (including 47 years of membership in the Harvard Travellers Club), photography, outdoor activities, reading, and sports, including 50 years as a season ticket holder at Harvard football games.

John is happy with the combination of cultural activities and the lakeside setting he finds here.

Welcome to Montgomery Place, John!

Lois Baron



MUSIC IN THE EAST ROOM

Every holiday season groups from the neighborhood come to entertain us. This season we have three groups coming and more will notify us after Thanksgiving that they want to come. Watch the notice boards by the mailboxes for announcements of these last-minute groups.

◆ Wednesday, December 3, at 3:15 p.m. Rhythm and Jews, the University of Chicago's premier Jewish a cappella group comes to the East Room. They specialize in traditional Jewish, Israeli pop, and American pop songs. For more information see their website www.rhythmandjews.uchicago.edu.

◆ Saturday, December 6 at 2 p.m. the last of this semester's group of University of Chicago students will perform chamber music in the East Room.

◆ Wednesday, December 17 at 3:15 p.m. the Ransom Notes, a cappella singers from the University of Chicago, will make their fourth appearance at Montgomery Place.

The Doug Bistrow Band may not perform in the East Room but he and his group will entertain us at the Residents' Holiday Party on December 9 and on New Year's Eve.

Barbara Dwyer

SANKTA LUCIA, NOT SANTA LUCIA PRONOUNCED WITH A “CH”

St. Lucy was born in Syracuse, Sicily around 283 and died in 303 AD. The myth is that her parents wanted her to marry a man who she didn't want to marry. She wanted to devote her life to helping the poor. In protest, she poked out her eyes and put them on a platter and sent them to the man. The legend is that her eyes were miraculously restored by God.

Saint Lucia blinded herself on the shortest, darkest day of the year, which is the winter solstice. Under the Julian calendar, that was December 13. Now, in our calendar it falls on the 21st or the 22nd in the Northern Hemisphere.

The celebration of Saint Lucia came to Sweden through Christian missionaries who brought the story of the Italian saint. It became uniquely Swedish by merging with older, pre-Christian winter solstice customs related to bringing light into the darkest time



*Saint Lucy of Syracuse
by Dominico di Pace Beccafumi, c. 1521*

of year. Later in the 19th and 20th centuries, popular celebrations emerged through events like newspaper pageants and the adoption of the Italian tune about Santa Lucia with Swedish words about bringing light to the darkness.

In the original Italian song a boatman in Naples invites people to enjoy a beautiful night riding in his boat. Here is the English translation of what the girls with candles on their heads sing in Sweden and right here in Chicago on December 13.

Night walks with a heavy step
Round yard and hearth,
As the sun departs from earth,
Shadows are brooding.
There in our dark house,
Walking with lit candles,
Sankta Lucia, Sankta Lucia

Now hear its gentle wings,
In every room so hushed,
Whispering like wings.
Look, at our threshold stands
White-clad with light in her hair,
Sankta Lucia, Sankta Lucia!

Darkness shall take flight soon,
From earth's valleys.
So she speaks
Wonderful words to us:
A new day will rise again
From the rosy sky...
Sankta Lucia, Sankta Lucia!

“Lucia” is pronounced “Loo-see-ah.”

In the Scandinavian countries, Saint Lucy's Day is seen as the beginning of the Christmas season. It is the start of the twelve days of Christmas.

Lois Baron

AROUND THE WORLD WITH CHRISTMAS DINNERS

On Christmas Eve, head to Poland where a traditional feast consists of a dozen special dishes—twelve for the twelve apostles. You will start with borsht, a dish of fermented beets, broth, mushrooms and vegetables. It may also have tiny dumplings. Or you will enjoy soup made from a variety of forest mushrooms. Soup will be followed by fish, perhaps carp and herring. Christmas pierogi will be stuffed with mushrooms or sauerkraut, or in some regions with poppy seeds or smoked plums. On Christmas Eve, the cabbage rolls will be stuffed with grains like buckwheat, pearl barley, or rice.

Kutia is another Christmas treat. It is a mixture of cooked, unprocessed wheat grains, cooked poppy seeds, honey, dried or candied fruits soaked in port or red wine, with nuts and seeds, sunflower grains or walnuts. Taking lots of time to prepare, you will feast on gingerbread that is eaten with plum preserves. You will also have fruit compote and poppy seed cake for dessert.

If you went to Italy, you would eat fish on Christmas Eve, no meat. A Sicilian Christmas features *buccellato*, a ring-shaped cake filled with figs and nuts. Finland enjoys its largest meal on Christmas Eve, with roast ham, smoked fish, and pickled beetroot salad taking center stage with vegetable casseroles and a spiced rutabaga cake.

On Christmas Day in Germany, you would have duck stuffed with apples and onions with sides of potato dumplings, cabbage, and spaetzle. In Norway you'd feast on pork ribs and cured lamb ribs.

Head East to India's western state of Goa, a colony of Portugal for four centuries. An important part of Goa's Christmas Eve celebrations is *sorpotel*, a spicy stew of pork



(traditionally including the liver and heart) slow cooked in cinnamon, cumin, and kashmiri chilies. *Sana*, coconut liqueur-infused rice cakes, are the perfect accompaniment.

In the Philippines at breakfast served after midnight Mass on Christmas Eve, eat *bibingka*, a doughy rice-flour cake incorporating coconut milk, butter, and eggs. The most luxurious versions come topped with melted cheese, salted duck egg, and a generous sprinkling of grated coconut. It's traditionally cooked over hot coals, in a clay pot lined with banana leaves.

Montgomery Place residents fondly remember their family foods served either on Christmas Eve or Christmas Day.

Adrienne Lightfoot's large family feasts included homemade dinner rolls, turkey with stuffing, baked ham, candied sweet potatoes, greens or green beans, macaroni and cheese, potato salad, a tray filled with cranberry sauce, pickles, and olives, plus an assortment of desserts, like coconut cake, yellow cake with chocolate frosting, and sweet potato pies.

Harry Reed remembers much the same menu, but he included cornbread among his

favorites and **Barbara Gardner** added her favorite oyster sauce as special for the holiday.

Christel Betz remembers Germany's roast goose stuffed with apples and plums and bread.

Joyce Swedlund recalls turkey for dinner, but especially loved the Christmas cookies that she, her mother, and her sister made for their church's cookie spread for sharing after Christmas Day service.

Renata Fernandez agreed that Christmas cookies were her favorite, but her son Luke chimed in with Yorkshire pudding served with roast beef as his fondest memory of the feast.

Lois Baron remembers eating goose or duck or venison on Christmas Day. The meats were always accompanied by fluffy dumplings and sauerkraut with caraway seeds in the juice from the pan.

Liz Rickert recalls her mother making a crown roast for Christmas with mashed potatoes; her special recipe for brussels sprouts (her mother loved fresh vegetables), and lots of pies: apple, pumpkin, and mince (meatless). Her aunt would always bring the "pink stuff"—a Jell-o mold filled with canned fruit cocktail.

Sheri Steinberg had Christmas dinners with Stan Moore and his wife Jan, who came from a Swedish background. Sheri recalls being served Swedish meatballs with rice and lutefisk, and limpa bread. Yes, their family did eat haggis for Stan's Scottish roots, but not for Christmas.

Foods shared reflect family history. How fun to recall festive Christmas meals!

Natalie Goldberg

HEWSON SWIFT CONCERTS

Hewson Swift concerts are presented on Wednesdays at 7:15 p.m. in the Lounge and on Channel 4.1. Join us in December for an hour or more of wonderful music on CD.

- ◆ December 3, Barbara Asner presents Bruch's Violin Concerto and Scottish Fantasy Itzhak Perlman, violin. Israel Philharmonic Orchestra, Zubin Mehta, conductor. CD. 55 minutes.
- ◆ December 10, Barbara Asner presents Corelli's Concerti Grossi Opus 6. Guildhall String Ensemble, Robert Salter, director. 1 hour.
- ◆ December 17, Barbara Asner presents Bach's Magnificat and Vivaldi's Gloria. The Bach Collegium, Stuttgart. Helmut Rilling, director. 1 hour 15 minutes.

If you would like to share your recorded music on a Wednesday evening, please contact Barbara Asner at 4618 or Fran Vandervoort at 4396.

*Barbara Asner and Fran Vandervoort,
Co-chairs, Hewson Swift Concerts*

LIBRARY NEWS

Purchased

- ◆ Anne Applebaum, *Twilight of Democracy*.

Donated

- ◆ James McBride, *The Heaven and Earth Grocery Store*.

If you take out a book with a card in the back (hardcovers or a book written by residents), *please* fill it out. If you do not do this, we do not know who has the book or whether it has disappeared.

We encourage any resident interested in the Library to come to the next meeting on Wednesday, December 10, at 10 a.m.

Richard Muller, Chair, Library Committee

A BIG DEAL FOR THE WORLD: THE UNIVERSAL DECLARATION OF HUMAN RIGHTS

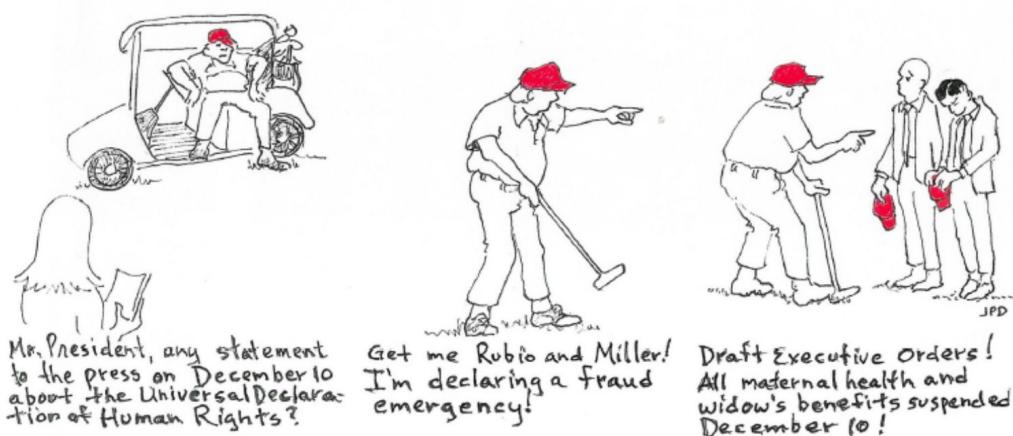
December 10 is the anniversary of an astonishing achievement in 1948. Two years of work by delegates to the United Nations resulted in overwhelming approval of a Universal Declaration of Human Rights. The Declaration's 30 "rights articles" established a secular, internationally approved moral compass for the world. They were adopted by the General Assembly 48-0 (with 8 abstentions).

The articles spelled out human rights agreed upon universally after the horrific experiences of World War II. Included were rights to life, liberty, and security of person, freedom from torture and cruel treatment, recognition for people "everywhere as a person before the law," equal protection of the law, effective legal remedies from competent national tribunals, the right to marry and found a family, to education, and to Social Security (pensions). Nations were obligated to recognize the right of people to the highest standard of health and social

welfare, the highest attainable standards of physical and mental health, social and cultural advancement, economic, social and cultural well-being, freedom of thought, conscience and religion.

There was universal agreement that it would be immoral for countries to incite discrimination, fail to protect against oppression or exploitation, to arbitrarily interfere with privacy, family, home, or correspondence. Nations were morally obligated to have laws that protect against any form of arbitrary arrest, detention or exile and any form of degrading treatment. All people had the right to be protected by law from cruel and inhumane treatment and theft of their intellectual and artistic creations. Protection against torture is mentioned twice.

While the Declaration is not enforceable in a binding legal system, it was a remarkable achievement by representatives of nations with very different political, cultural, and religious traditions. The toxic, dehumanizing



policies and atrocities of Nazi Germany, Fascist Italy, and imperialist Japan in World War II motivated the assembled UN delegates to reach a consensus on the human rights that should be recognized and protected by law.

The United States led the way. President Truman appointed former First Lady Eleanor Roosevelt to be a delegate to the first UN General Assembly in 1945. In 1946 Roosevelt was unanimously elected to chair the Human Rights Commission. She used her diplomatic skills and some 3000 hours of work over two years to bring together the diverse members of the Commission. The Commission's final draft was adopted by the General Assembly 48-0. It is reported that Eastern Bloc countries abstained because of the absence of a right to "economic freedom."

Go to un.org for the history of the Declaration and how it influenced hundreds of international treaties and the rights included in constitutions for newly independent countries. Subsequent "Conventions" relying on the Declaration detailed further the rights of women to be free from discrimination (1979), rights against torture (1984), rights of children (1989), and protection of defenders of human rights (1998). The UN uses the Declaration and Conventions to investigate human rights violations, to publicize the immoral conduct of nations and leaders, and to advocate for human rights.

Pete Dowd

FRIDAY NIGHT SPEAKERS

The Friday Night Speakers program has been a tradition at Montgomery Place for years, and we cordially invite you to attend Fridays at 7:15 p.m. in the East Room.

◆ December 12, Jacqueline Najuma Stewart, introduced by Fran Vandervoort. Jacqueline is an American cinema studies scholar and professor at the University of Chicago. She was honored as a MacArthur Fellow and was the inaugural artistic director and president of the Academy Museum of Motion Pictures from 2021 to 2024. She will speak on "The South Side Home Movie Project."

The next committee meeting will be on Thursday, January 8 at 11 a.m. in the Game Room. Please join us and share your ideas about possible speakers. Committee members are Barbara Baker, Laurieann Chutis, Taria Houvouras, David Lebowitz, Peter Martinez, Stan Moore, Michel Rivlin, Sheri Steinberg, and Fran Vandervoort.

Sheri Steinberg for the Speakers Committee



MWA FOOD DRIVE

Congratulations to Montgomery Place residents for their generous donations to the Midwest Workers Association Food Drive. We raised \$3976, almost twice as much as we raised last year. Those funds will be added to the total raised by the Association to purchase food and distribute food boxes to hundreds of South Side families this Thanksgiving. The association has asked me to express their gratitude for our help in making this year's drive such a success.

Peter Martinez

MARK'S MONTGOMERY MOMENTS

December has a way of arriving with both excitement and urgency. It's a month filled with holidays, shopping lists, and special gatherings. For many, it's a season of traditions; for others, a time of new beginnings. For me, it is especially meaningful because I am experiencing all of it for the first time here at Montgomery Place.

I'm eager to learn about the holiday traditions that make this community special. I've quickly discovered that Montgomery Place is rich with history, culture, and personality, and I look forward to seeing how those qualities shine even brighter during the holidays.

But as much as December brings joy, it can also bring stress. We worry about finding the right gifts, completing our to-do lists, attending all the events, and sometimes even traveling long distances to see family and friends. It's easy, in the rush of everything, to feel overwhelmed. And when that happens, we risk letting the stress of the season overshadow the very moments that make this time of year so meaningful.

My hope is that we give ourselves permission to slow down and take time to appreciate the things that truly matter—our relationships, our conversations, and the moments that bring warmth to our days. A shared cup of coffee, a story told at dinner, a laugh that echoes down the hallway, these are the moments that build connection. These are the moments that last.

The wonderful thing about memories is that we never stop making them. Whether they come from traditions or new experiences, they become the threads that weave together the story of our lives. I am honored to be part of that story with each of you.

As we move through this festive busy season, please remember to take care of yourself. Stress can affect how we sleep, how we eat, and how we feel emotionally. Taking a few moments to rest, breathe, or simply enjoy a quiet space can make a significant difference. You deserve that kindness.

Thank you for welcoming me so warmly to the Montgomery Place family. I look forward to celebrating the holidays with you, learning from your traditions, and creating new memories together. May your December be filled with peace, joy, and moments that remind you of just how special this community is. Enjoy the season!

Mark Mullaly, CEO

HEADING TO AMERICA

After escaping from Hungary to Austria, my parents and I, my boyfriend George and his parents, my uncle and George's uncle stayed for a while in a refugee camp in a dilapidated castle called Judenau.

After a few weeks an organization called Joint, which helped with the resettlement of refugees, moved us to a small hotel called Drei Mohren in the city of Linz. We were given 24 shillings a day for food. It wasn't much, but I managed to also buy a pair of shoes to replace the ones I was wearing that had been destroyed in the escape.

The parents began to discuss plans for our next steps. George's family was talking about settling in Sweden where they had relatives, but my parents were talking about going to Australia. That was a shock, because George and I wanted to stay together. I cried a lot, and George was white as a sheet and his hands were trembling.

While we were arguing and crying, a representative of Joint named Eva Eller gave us wonderful ideas. She suggested that my parents, who had been married only in a Jewish ceremony, should have a legal marriage. The hotel found a gentleman who could perform the ceremony, which he did while drinking Coca-Cola and playing the piano. Now my family at least all had the same name.

Eva Eller also suggested we go to Salzburg, to the American Refugee camp Lager Roder to sign up for immigration to the United States. Our group traveled in some rather adventurous ways. The only part I remember is that my mother and I traveled on a tractor. We got to Lager Roder only to find about 2000 people lined up for an immigration number. My mother, who spoke local Austrian German, went to the front of the line to volunteer as a translator. She was immediately accepted and we all moved to the front of the line as a result.

On Christmas Day, Vice President Nixon came with two bodyguards who instructed us to yell “long life to Nixon.” Having just arrived from Communist countries where we were constantly being told to yell for the long life of Stalin and others, we did not like the order. I did not even applaud. We were fortunate that President Eisenhower allowed 30,000 political refugees to enter the US, provided we had blood relatives in the country.

George and I were grateful to Miss Eller for her help because now we could go to the same country. Miss Eller said that because her sweetheart had been killed during the war, she wanted to help other sweethearts. I am glad we were the recipients. Later, George and I married in Chicago and spent 64 years together.

Susan Meschel

BOOKLOVERS

Our selection for December is *We Solve Murders* by Richard Osman, an author, producer, and television presenter. This is the first in a new series featuring Steve Wheeler, a retired investigator, and his security officer daughter-in-law Amy Wheeler. The book debuted at number 2 on the *New York Times* best seller list.

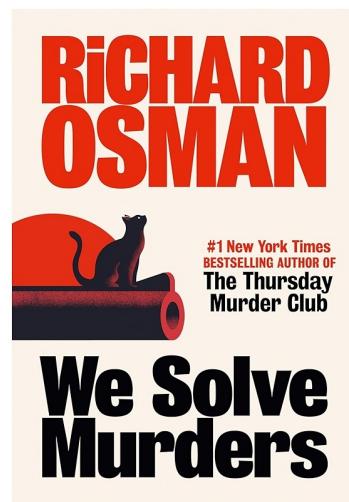
Steve is enjoying retired life, doing odd bits of investigative work, and he prefers his familiar habits and routines: the pub quiz, his favorite bench, and his cat waiting for him when he comes home. Amy thinks adrenaline is good for the soul and she doesn't sit still long enough for habits or routines.

Then a dead body, a bag of money, and a killer with sights on Amy have her sending an SOS to the only person she trusts. . . . The plot follows this duo as they race around the world to solve a murder and outsmart a deadly enemy. The book is a blend of mystery and thriller, known for its witty banter and action-packed adventure.

Call me at 4638 to get the book, then, during the cold days of December, get comfortable in your favorite chair and enjoy this “cozy mystery.”

Come to our meeting at 3 p.m. on Monday, December 29 in the East Room to discuss this book and get a copy of the book for January.

*Laurieann Chutis,
Booklovers Coordinator*



PLAYREADERS

Save the date, Tuesday, December 16 at 7:15 p.m. for our Playreaders production of Charles Dickens's "A Christmas Carol," our second radio play with audience participation.



Three ghosts will visit—past, present, and future—and life will change for Ebeneezer Scrooge, played by David Fleer. Enjoy the audio-visual effects by David Lebowitz. Supporting cast members take on an array of roles: Roberta Bernstein, Trudy Davis, Paula Givan, Liz Rickert, Michel Rivlin, and Sandy Weiss.

Come celebrate the holidays with us, and then consider joining our ensemble for our next play in February.

Natalie Goldberg, Director, Playreaders

GREENHOUSE GROWINGS-ON

The darkest days of the year occur in early December. Plants need light to thrive. That is why we keep the overhead lights on until late in the evening. Most plants in the Greenhouse are in dormancy (sleep mode), slowly building roots to prepare for spring. They need less watering during this time, but do not let their roots dry out. Other plants continue to grow in the diminished light. Take a walk through our beautiful variety of plants. The room is now heated.

Maintenance staff assisted me in sprucing up the Greenhouse by removing old pots, dead plants, and items abandoned on the floor. The Greenhouse is not a storage place for residents' equipment. These items need to be removed from the Greenhouse by December 15. This includes luggage carriers, garden shoes, bags with tools and gloves, and seat and kneeler cushions. Thank you.

Laurieann Chutis, Greenhouse Manager

DINING COMMITTEE

During the November Dining Committee meeting a considerable amount of time was given to discussing the Dining Room experience at dinner. Options were discussed to improve the dining experience so that residents receive their meals in a reasonable amount of time and extensive waiting periods are eliminated so that all diners can be served promptly and have time to enjoy their meal.

Approximately 100 residents eat in the Dining Room each night in addition to more than 30 meals being delivered to residents in their apartments. It's a labor-intensive process. To ensure resident satisfaction at dinner Unidine strives to achieve the following:

- ◆ Diners should be approached by wait staff within five minutes of being seated at their table.
- ◆ Once the order has been taken, soup/salad/beverage should be delivered within five to ten minutes.
- ◆ Entree delivered and used dishes cleared ten minutes after soup/salad.
- ◆ If everything goes smoothly, diners should be leaving the Dining Room within one hour of the beginning of their reservation time, allowing the staff to reset the table in preparation for the next reservation group to be seated.

Things happen; this is not a perfect world! If a glitch occurs, communicate directly with the manager on duty for that meal.

What are your suggestions for making dining at Montgomery Place enjoyable? Join us at the December Dining Committee meeting and share your ideas...recognizing the abundance of cultural, ethnic, and health complexities which comprise our community!

Shirley Wilson-Sigler, Co-chair, Dining Committee

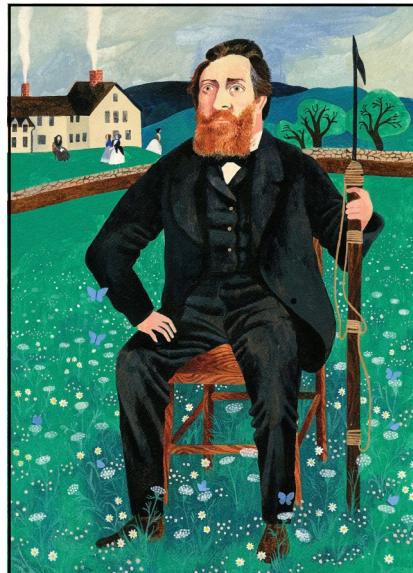
VISITING MELVILLE

In 1891 Herman Melville died in obscurity. A death notice in the *New York Times* called him Henry Melville.

In 1921 the discovery in a breadbox of the manuscript of his minor masterpiece, *Billy Budd*, sparked a Melville revival. The Montgomery Place Library houses *Melville: His World and Work*, by Andrew Delbanco, a Columbia University scholar. Delbanco chronicles Melville's sea journeys and the new 20th-century appreciation of his evolving postmodernist style, anti-authoritarian proclivities, and spiritual doubts. Melville shrines now exist around the country. Here are five I've visited:

◆ Lansingburgh, New York, now part of Troy, east of Albany, adjacent to the Hudson River. Melville lived there with his siblings and his mother, Maria Gansevoort Melville, after the death of his father, Allan. There he acquired books about sea voyages including whaling ones in anticipation of his own adventures at sea. In 1839 he boarded the *Saint Lawrence* bound for Liverpool as a common seaman, and ten years later its fictional account appeared as *Redburn*.

◆ Thomas Melville house in Galena, Illinois. With his friend Eli James Murdoch Fly, the young Melville went west to seek his fortune hoping for the support of Uncle Thomas in Galena, near the Mississippi. Thomas, who had been indicted for theft, was no help.



Herman Melville

The Confidence-Man is the literary result of Melville's abortive visit. We encounter a conman boarding a Mississippi steamer who, in various disguises, fleeces passengers. Melville returned to New York, and in 1841, he traveled to New Bedford where he began the extensive whaling cruise aboard the *Achushnet* that was to lead to *Moby-Dick*.

◆ Seaman's Bethel, New Bedford, Massachusetts. The chapel that sits atop Johnny Cake Hill in New Bedford is much the same as described in the opening chapters of *Moby-Dick*. I sit in a pew marked Melville's/ Ishmael's. A rope ladder rises to the pulpit where Father Mapple preached his sermon on Jonah. Cenotaphs commemorating the deaths of seamen line the walls. In nearby Spouter Inn Ishmael met the tattooed Polynesian Queequeg. His bed-mate, Ishmael, is terrified at first but wakes in the morning to a lover's embrace.

◆ Arrowhead, Pittsfield, Massachusetts. There in his Pittsfield farmhouse, he wrote *Moby-Dick*. His study looks out on whale-shaped Mount Greylock. The tales "I and My Chimney" and "Piazza Tales" are set there as well. *Moby-Dick* acquired new depth after Melville's conversations, intimate and metaphysical, with his newly-met neighbor, Nathaniel Hawthorne.

◆ Woodlawn Cemetery, the Bronx. My daughter and grandson and I visited the Woodlawn Cemetery in the Bronx. Her phone directed us to Melville's grave. He died underappreciated at the end of the 19th century. Unbeknownst to him, his 21st-century visitors celebrated him as the author of the great American epic, *Moby-Dick*.

Delbanco and Melville, languishing in the Montgomery Place Library, await further readership.

Stan Moore

DECEMBER FILMS

Do you like movies? Always thinking of movies you would like to see (or see again)? The film committee meets monthly to choose movies for residents to watch on Mondays, most Thursdays, and weekends. Come to our lively, informal Film Committee meetings on the first Thursday of the month at 2 p.m. in the Game Room. All residents are welcome, and all kinds of films are considered.

Direct questions or recommendations to any member of the committee: Natalie Goldberg, Becky Kruse, Joyce Mannis, Susan Meschel, Gina Volpe, and Helen Wolkow.

Monday Films

◆ December 1, *Radio*, 2003. A biographical sports drama film directed by Mike Tollin. The true story of T. L. Hanna High School football coach Harold Jones (Ed Harris) and a student with an intellectual disability, James Robert "Radio" Kennedy (Cuba Gooding Jr.). Costarring Debra Winger and Alfre Woodard. 1 hour 50 minutes.

◆ December 8, *My Mother's Wedding*, 2023. Partly based on director Kristin Scott Thomas's own childhood. Three sisters return to their childhood home for the third wedding of their twice-widowed mother. Over the weekend, the women confront the future with help from a colorful group of unexpected wedding guests. 1 hour 35 minutes.

◆ December 15, *80 for Brady*, 2023. Inspired by a real-life group, the Over 80 for Brady Club, friends Lily Tomlin, Jane Fonda, Rita Moreno, and Sally Field enter a contest for tickets to the Super Bowl where Tom Brady is playing. 1 hour 40 minutes.

◆ December 22, *Tom & Viv*, 1994. A historical drama about the early love life of American poet T. S. Eliot. Starring Willem



Dafoe, Miranda Richardson, Rosemary Harris, Tim Dutton, and Nickolas Grace. 3 hours.

◆ December 29, *Parental Guidance*, 2012. Old-fashioned grandparents Artie and Diane (Billy Crystal and Bette Midler) are asked to babysit their three grandchildren while their daughter (Marisa Tomei) and her husband are away. Their modern parenting style clashes with the grandparents' traditional methods. 1 hour 45 minutes.

Thursday Documentaries

◆ December 4, *Famous Last Words*, 2025. There are few people in the world whose mission of compassion, conservation, and care are so universally appreciated that the legacy eclipses the human being. Dr. Jane Goodall was one such person. Her work with chimpanzees fundamentally changed the way that people see, think about, and engage with primates—including human primates. 1 hour.

◆ December 18, *What Happened, Miss Simone?*, 2015. Legendary recording artist Nina Simone lived a life of musical genius and tortured melancholy. Diagnosed with bipolar disorder, she was an activist for mental health awareness. The documentary traces her childhood as a piano prodigy to her troubled years and finally her return to glory. 1 hour 40 minutes.

◆ December 25, *Sunday Best: The Untold Story of Ed Sullivan*, 2025. The Ed Sullivan Show featured Black artists during the civil rights era and also introduced to America such icons as Elvis Presley and the Beatles. The film includes interviews with Harry Belafonte, Dionne Warwick, and Berry Gordy about Sullivan's championing of Black culture and music, despite pressure from network executives and a racist society. 1 hour 30 minutes.

Thursday Foreign Language Film

◆ December 11, *Playtime*, 1973. Clumsy Monsieur Hulot (Jacques Tati) is perplexed by the complexity of a gadget-filled Paris. His roundabout journey parallels that of an American tourist (Barbara Dennek), and as they intermittently meet, they develop an interest in one another. 2 hours.

Weekend Themed Films (Peter Sellers)

◆ December 6-7, *The Pink Panther*, 1963. Bumbling Inspector Clouseau (Peter Sellers) travels to Rome to catch the notorious jewel thief The Phantom (David Niven) before he conducts his most daring heist yet: a princess's priceless diamond known as The Pink Panther. The opening credits alone are fun to watch, and the theme music by Henry Mancini is classic. 2 hours.

◆ December 13-14, *A Shot in the Dark*, 1964. Inspector Clouseau visits a nudist camp to prove a French maid innocent of murdering her millionaire boss, and he falls madly in love. 1 hour 42 minutes.

◆ December 20-21, *Being There*, 1979. Chance the Gardener knows little of the world, and what he does know, he learns from watching television. Chance is such a blank that those who come in contact with him see only what they want to see. 2 hours 10 minutes.

◆ December 27-28, *Murder by Death*, 1976. Starring Peter Falk, Eileen Brennan, Truman Capote, Alec Guinness, Maggie Smith, and Peter Sellers. A parody of classic detective stories: five sleuths invited to a mysterious mansion for dinner find themselves caught in a bizarre murder plot. As absurd twists unfold, the detectives compete to solve the crime, leading to a hilarious send-up of the whodunit genre. 1 hour 34 minutes.

Becky Kruse, Chair, Film Committee

NOT THE MINUTES OF THE NOVEMBER 13, 2025 RESIDENTS' COUNCIL MEETING

Note: This is a personal summary of the main issues raised in the meeting and is not to be confused with any official statement or document.

All members of the Council except Peter Martinez were present. Scott Williamson of the Board was also present.

Joyce Mannis reported the change of program of Montgomery Place Acts. Instead of focusing on national demonstrations against Trump's policies, the Indivisible group members are working with local communities and businesses to strategize and make plans in case the ICE troops approach, searching for immigrants. Among other things, they recommend setting aside one room as a safe room for employees with a sign on the door saying "do not enter unless you are an employee." Joyce indicated that they were concerned about the possibility of ICE troops coming to Montgomery Place. Richard said he would raise the issue at the upcoming Montgomery Place Safety Committee meeting.

Richard Muller



WINTER SOLSTICE

Spring forward and fall back! That's the slogan that reminds people to change their clocks by one hour in the spring and the fall. While daylight saving time is entirely human-made and differs from place to place, there is a real phenomenon of nature that determines the hours of sunlight in a given day: the solstice. The summer solstice is the day with the longest stretch of daylight and shortest stretch of darkness in the year. The winter solstice is the day with the shortest stretch of daylight and the longest stretch of darkness in the year.

At the summer solstice, the sun appears at its highest elevation with a noontime position that changes very little for several days. The summer solstice occurs when the sun is directly over the Tropic of Cancer, which is located at 23.5° latitude north and runs through Mexico, the Bahamas, Egypt, Saudi Arabia, India, and southern China. For every place north of the Tropic of Cancer, the sun is at its highest point in the sky and this is the longest day of the year.

The winter solstice marks the shortest day and longest night of the year. In the Northern Hemisphere, it occurs when the sun is directly over the Tropic of Capricorn, which is located at 23.5° south of the equator and runs through Australia, Chile, Southern Brazil, and northern South Africa.

The winter (or hibernal) solstice occurs when either of the Earth's poles reaches its maximum tilt away from the sun. This is the day when the sun is at its lowest daily maximum elevation in the sky. Each polar region experiences continuous darkness or twilight around the time of its winter solstice.

This year's winter solstice, on Sunday, December 21 at 9:03 a.m. CST, marks the astronomical first day of winter in the Northern Hemisphere. If the winter solstice gives you the blues because of the excessive amount of darkness, remember that starting the next day, the days will get longer, and we will have increasing sunlight, culminating, half a year later, in the summer solstice, the "longest" day of the year.

Roberta Bernstein



BOXING DAY? NO PUGILISM REQUIRED

My Australian friend used to host Boxing Day parties, and I never understood the name of the day. The parties were great. She had a grand piano and would hire someone to play holiday music with singalongs for her gathering and would put out a variety of drinks and treats. People would come and go—some I knew and some I got to meet. Great fun.

The holiday is celebrated throughout Great Britain and the Commonwealth. While Christmas was a day spent at church and feasting with family, Boxing Day was spent with friends. Some people had small gatherings, some had open houses and friends went from one house to another throughout the evening. Mostly, it is a public holiday and takes place either December 26, 27, or 28 if necessary to make sure it falls on a weekday.

Apparently, the name Boxing Day refers to boxes of food given to one's servants in the days when everyone had servants or was one. According to the *Oxford English Dictionary*, the earliest use of the term Boxing Day in Britain was in 1743, as the first weekday after Christmas Day, when tradespeople and employees would receive presents or gratuities (a Christmas box) from their customers or employers. Also known as Offering Day, the box would be filled with special foods for the season, perhaps that fruitcake, plum pudding, special chocolates or a Christmas goose for the servant's family.

Boxing Day coincides with Saint Stephen's Day celebrated in many parts of Europe, which also may account for



the title. (Saint Stephen was an early Christian martyr.) In Roman and early Christian times, alms boxes placed in churches were used to collect special offerings during the Feast of Saint Stephen; it is still customary for those alms boxes to be opened and distributed to the poor on that feast day.

This year, Boxing Day is Friday, December 26. It is a bank holiday in Britain and the Commonwealth, but not in the United States. Instead, we “celebrate” the day by relaxing or returning gifts or shopping the after Christmas sales.

Natalie Goldberg

IN MEMORIAM

Edward Eckenfels
James Fahey
Anne Zeidman

SPECIAL EVENTS IN



WEDNESDAY	3	NOON	BUS	CHICAGO SHAKESPEARE THEATER, <i>MUCH ADO ABOUT NOTHING</i> (P. 3)
FRIDAY	5	12:30 PM	BUS	CHICAGO SYMPHONY ORCHESTRA (P. 4)
SATURDAY	6	1:30 PM	BUS	COURT THEATRE, <i>TAMING OF THE SHREW</i> (P. 4)
		2:00 PM	EAST ROOM	U OF C STUDENTS CHAMBER MUSIC (P. 8)
		6:30 PM	BUS	HOLIDAY POPS SOUTHPORT SYMPHONY (P. 4)
SUNDAY	7	2:00 PM	BUS	CHICAGO OPERA THEATER, <i>FALSTAFF</i> (P. 3)
		2:30 PM	BUS	SOUNDS GOOD! CONCERT AT KAMII (P. 3)
MONDAY	8	NOON	BUS	LUNCH OUTING: WALNUT ROOM (P. 4)
TUESDAY	9	11:15 AM	BUS	GOOD MEMORIES CONCERT AT 4TH PRESBYTERIAN CHURCH (P. 4)
		5:30-8:30 PM	DINING ROOM	HOLIDAY PARTY WITH DOUG BISTROW BAND (P. 8)
FRIDAY	12	1:30 PM	BUS	CHICAGO SYMPHONY ORCHESTRA (P. 4)
		7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER JACQUELINE STEWART (P. 13)
SATURDAY	13	11:00 AM	BUS	MET LIVE IN HD: ANDREA CHÉNIER (P. 5)
DAILY, DEC. 14- 21		4:00 PM	EAST ROOM	HANUKKAH MENORAH LIGHTING
TUESDAY	16	7:15 PM	EAST ROOM	PLAYREADERS PRESENT <i>A CHRISTMAS CAROL</i> (P. 16)
WEDNESDAY	17	3:15 PM	EAST ROOM	RANSOM NOTES A CAPPELLA GROUP (P. 8)
THURSDAY	18	1:00 PM	BUS	SOUNDS GOOD! CONCERT AT 4TH PRESBYTERIAN CHURCH (P. 5)
FRIDAY	19	12:30 PM	BUS	CHICAGO SYMPHONY ORCHESTRA (P. 5)
SATURDAY	20	6:30 PM	BUS	CHICAGO SINFONIETTA (P. 5)
FRIDAY	26	1:00 PM	BUS	ART INSTITUTE OF CHICAGO (P. 5)
WEDNESDAY	31	6:30-9:30 PM	EAST ROOM	RESIDENTS' NEW YEAR'S EVE PARTY WITH DOUG BISTROW BAND (P. 8)

REGULAR EVENTS IN DECEMBER

M/W/F	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
T/TH	1:30-2:20 PM	THIRD FLOOR	WELLNESS CLINIC
M/W/F	11:00 AM-NOON	EAST ROOM	TONE IT UP!
T/TH	11:00-11:25 AM	LLLC	FLEX AND FLOW
M/W/F	12:30	VARIES	WALKING GROUP
M/F	1:00-1:45 PM	SHAWN'S PLACE	STRETCH AND MOBILITY
T/TH	1:00-1:45 PM	POOL	WATER AEROBICS (WHEN POOL REPAIRED)

MONDAY

	9:00 AM-12:30PM	BUS	HYDE PARK ERRANDS AND SHOPPING
	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
1, 15	12:30-1:30	GAME ROOM	PLAYREADERS REHEARSAL
	1:30 PM	EAST ROOM	YOGA (CHECK WEEKLY SCHEDULE FOR 12/24 TO 1/1)
1, 15	3:00-4:00 PM	EAST ROOM	TOWN MEETING
	3:00-4:00 PM	EAST ROOM	BOOKLOVERS GROUP (p. 15)
1	7:15 PM	LOUNGE/CH 4	FILM COMMITTEE MOVIE (p. 18)

TUESDAY

	8:00 AM-4:00 PM	BUS	SHUTTLE SERVICE TO U OF C SOUTH SHORE CLINIC
23	9:30 AM-NOON	THIRD FLOOR	AUDIOLOGIST
2	10:00 PM	GAME ROOM	ACTIVITIES COMMITTEE
	10:30-11:00 AM	LLLC	BALANCE AND MOBILITY
	11:00 AM	EAST ROOM	TAI CHI
	11:00 AM	ZOOM	MEDITATION (LAURIEANN CHUTIS)
	11:30 AM-NOON	LLLC	FLUIDITY IN MOVEMENT
	1:00-3:00 PM	CAFÉ	IT TECHNICAL ASSISTANCE
	2:00-3:00 PM	EAST ROOM	CURRENT EVENTS
	3:30-4:30 PM	LOUNGE	WINE AND CHEESE
	7:15-8:15 PM	EAST ROOM	SINGALONG
	7:15-8:15 PM	EAST ROOM	SHORT STORY GROUP

WEDNESDAY

	9:00 AM-12:30 PM	BUS	HYDE PARK ERRANDS AND SHOPPING
	10:15 - 10:45 AM	EAST ROOM	MEDITATION WITH SHAWN
10	10:00 AM	LIBRARY	LIBRARY COMMITTEE (p. 16)
	11:00	CHAPEL	BIBLE STUDY
	1:00-2:00 PM	SHAWN'S PLACE	BALANCE AND MOBILITY
3, 17	1:00-2:00 PM	EAST ROOM	RACE RELATIONS
10	1:00-2:30 PM	LOUNGE	MONTGOMERY PLACE ACTS!
	2:00 PM	CHAPEL	ROMAN CATHOLIC COMMUNION SERVICE
10	1:00-2:00 PM	LOUNGE	WELLNESS LECTURE
10	2:15-3:15 PM	EAST ROOM	DINING COMMITTEE (p. 16)
3, 17	2:30-3:00 PM	EAST ROOM	CULINARY CORNER
	7:15 PM	LOUNGE/ CH 4	HEWSON SWIFT CONCERTS (p.11)

THURSDAY

	10:00 AM	BUS	MARIANO'S SHOPPING
	10:00 AM-NOON	VARIABLES	IT TECHNICAL ASSISTANCE (CALL FRONT DESK)
4, 11, 18	10:00-10:45 AM	LLC	ADVANCED BALANCE TRAINING
4, 11, 18	11:00 AM	EAST ROOM	YOGA (CHECK WEEKLY SCHEDULE FOR 12-24 TO 1/1)
4	11:00 AM	GAME ROOM	MESSENGER PLANNING MEETING
11	11:00 AM	GAME ROOM	SPEAKERS COMMITTEE
18	NOON	DINING ROOM	RESIDENTS' BIRTHDAY LUNCH (THIS MONTH ONLY)
	1:30 PM	GAME ROOM	MAH-JONGG
4	2:00 PM	GAME ROOM	FILM COMMITTEE (P. 18)
	2:15 PM	ART STUDIO	WATERCOLOR STUDIO
18	2:30 PM	EAST ROOM	ENVIRONMENTAL SERVICES COMMITTEE
	3:30-4:30	LOUNGE/EAST ROOM	HAPPY HOUR
18	7:15 PM	EAST ROOM	RESIDENTS' ASSOCIATION MEETING
4, 18, 25	7:15 PM	LOUNGE/CH 4.1	DOCUMENTARY FILMS (P. 18)
11	7:15 PM	LOUNGE/CH 4.1	FOREIGN LANGUAGE FILM (P. 19)

FRIDAY

12, 19, 26	9:00 AM-12:30 PM	BUS	HYDE PARK ERRANDS AND SHOPPING
	9:15-11:30 AM	ART STUDIO	DRAWING AND PAINTING CLASS
5	9:30 AM	BUS	COSTCO SHOPPING
5, 12, 19	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
5, 12, 26	1:00-2:00 PM	CHAPEL	ADAPTING TO AGING CONVERSATION
	2:00-3:00 PM	EAST ROOM	TAI CHI
	4:15 PM	EAST ROOM	SHABBAT SERVICE
12	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS (P. 13)

SATURDAY

	8:00 AM-4:00 PM	BUS	RELIGIOUS TRANSPORTATION
6, 13, 20	10:00 AM	BUS	61ST STREET FARMERS MARKET (INSIDE)
	1:30 PM	GAME ROOM	MAH-JONGG
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS (P. 19)

SUNDAY

	8:00 AM-4:00 PM	BUS	RELIGIOUS TRANSPORTATION
	11:00 AM-NOON	CHAPEL	CHAPEL SERVICE
	1:30 PM	GAME ROOM	CHESS
7	7:00 PM	GAME ROOM	PLAYREADERS REHEARSAL
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS (ENCORE) (P. 19)