



MONTGOMERY MESSENGER

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Never at a loss for words

<https://montgomeryplace.org/montgomery-messenger/>

SPRING THOUGHTS

I sit here in mid-February and think about this March issue. As I look out the window at the frozen lake and listen to a forecast of additional snowfall, I remind myself that spring will come. Along with daylight saving time starting Sunday, March 9, we can look forward to the vernal equinox on March 20, when we have nearly equal time of day and night in the Northern Hemisphere. In ancient Babylonia and early Rome, March was the first month of the year; the sun has returned and there's a new birth of life everywhere. This is the lambing season. This is the time when birds build nests. Sap rises in trees providing energy for new growth. Poets write about spring fever.

For photographers, Thursday, March 20 is a special day. Head downtown just after sunrise or just before sunset to snap the perfect image of Chicagohenge (named after Stonehenge, the prehistoric structure in England used to track solar cycles). Chicago's grid system is aligned in an east-west format, which allows the sun to position perfectly between the city's buildings. One special place is on Monroe Street alongside the Art Institute. With cooperative weather at sunset, the skyscrapers will glow a beautiful yellow and orange, and the sun will be positioned at the center of the street.

According to ancient myths and legends, the equinox is the time when spirits can

interact with us. For the ancient Greeks, spring is when Persephone returns from the underworld and brings warmth and blossoming flowers. Vikings celebrated the goddess of fertility who was associated with hares and eggs. For the temple priests of Egypt, Osiris, the dying and reborn god, was known as "the heart of the renewed sun." The soul of Osiris was said to rest in his sarcophagus during the winter season, and the spring equinox marked his resurrection.

Spring is a time of renewal. It can be a time for feasting, costumes, and revelry, as with Mardi Gras and Purim, or a time of reflection and prayer, as with Ramadan and Lent. March is also Women's History Month when we celebrate the contributions of women both known and unknown. Of course, for basketball fans and sports gamblers, there's March Madness.

Natalie Goldberg



MMM – MARK’S MONTGOMERY MOMENTS

Hello and welcome to March! This month brings many things—March Madness, St. Patrick’s Day, and the long-awaited arrival of spring, just to name a few. I’m especially looking forward to seeing the gardens and courtyard around Montgomery Place in full bloom. I’m sure it will be spectacular.

March is also a time of renewal, and here at Montgomery Place, our leadership team will be focusing on renewing our commitment to our core values. You’ve likely seen these values displayed throughout our community, but they are more than just words—they define who we are and how we care for one another.

Our core values are:

- ◆ *Integrity*—We operate openly and transparently at the highest levels of honesty, trustworthiness, and fiscal responsibility.
- ◆ *Engagement*—We collaborate to define and enhance the culture of our community.
- ◆ *Dignity*—We treat everyone with respect.
- ◆ *Caring*—We comfort and support each other at all times.
- ◆ *Quality*—We perform at the highest levels of excellence.

Over the next few months, we’ll take a closer look at each of these values, what they mean, the actions that bring them to life, and how we can hold ourselves accountable to them every day.

For March, our focus is on integrity. Integrity is more than just doing the

IN MY HEAD

I hear them talk, I nod and smile,
But deep inside, I’m running miles.
They say their piece, they think
they know,
But only I can feel my soul.
#ALONE

Advice is nice, but they’re not me
They don’t see what I can see.
At the end of the day, I’ll pave my
way,
Trust my heart, come what may.
#NEGROE

Jamari Woodruff, Waitstaff

right thing, it’s about how we show up for one another. Some key attributes of integrity include:

- ◆ *Dependability* – Can we count on each other? If we say we’ll do something, do we follow through?
- ◆ *Loyalty* – Do we work together as a team, or do we point fingers at others when challenges arise?
- ◆ *Honesty* – Are we open and truthful, even when mistakes happen? Can we admit when we’ve made an error?
- ◆ *Respect* – Do our words and actions reflect the kindness and consideration we value?

As we move through this journey of reflection and growth, we invite you—our staff, residents, and community members—to join us in strengthening our commitment to these values. Together, we will continue to grow, work, and live in community with one another.

Wishing you a wonderful month ahead!

Mark Mullahy, CEO

OUT AND ABOUT

This March we have many plays, musical events, and dance events, and a trip to the Secretary of State's office. As always, sign up in the trip book for all the events you wish to attend. The times listed are the departure times. Please be prompt and come at least five minutes before the bus is scheduled to leave. "Tickets required" means you are responsible for obtaining your own tickets. If you need help, contact Marisol at 4546.

♦ Saturday, March 1, 12:30 p.m. The Smart Museum of Art celebrates its 50th anniversary with a fresh look at the collection, new artist commissions, and a program series that spotlights the museum's 50 years of innovation. Free.

♦ Saturday, March 1, 1 p.m. Joffrey Ballet presents *The Golden Hour*. Four ballets,

two of which are world premieres: *The Princess and the Pea* and *Andante*. The other two ballets are *Heimat* and *Under the Trees*. Tickets required.

♦ Sunday, March 2, 1 p.m. Goodman Theatre presents *Betrayal*, a Harold Pinter play about the eternal triangle. As Emma's marriage to Robert comes to an end, she reconnects with Jerry, her husband's best friend and her former lover. The story is told backward in time uncovering hidden truths and how little we know about those we think we know so much about. Tickets required.

♦ Tuesday, March 4. 10 am. Visit to the Secretary of State office. If you recently moved to Illinois, you can get a non-expiring state ID card, available free for Illinois residents over age 65. Bring hard copy documents showing date of birth, Social Security number, residency, and signature. If you already have a state ID card and are just changing your address, bring your card and proof of residence. If you need a Real ID for domestic airline travel, the Secretary of State's office has the checklist of acceptable documentation.



♦ Wednesday, March 5, 1 p.m. Steppenwolf Theatre presents *Fool for Love*, a Sam Shepard play. The play is set in a motel room in the American West and follows the tumultuous relationship between the former lovers May and Eddie. The play explores themes of love, family, and the cyclical nature of life. Tickets required.

♦ Saturday, March 8, noon. Alvin Ailey Dance Company will perform *Sacred Songs, Treading, Many Angles and Revelation*. Tickets required.

continued on p. 4

CONTRIBUTORS THIS ISSUE

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Out & About from p. 3

◆ Sunday, March 9, 1:30 p.m. The Gilbert and Sullivan Opera Company with the University of Chicago Chamber Orchestra presents *The Pirates of Penzance*. This production unleashes its band of inept pirates and bumbling policemen for the seventh time on the Mandel Hall stage. Tickets required.

◆ Friday March 14, 12:30 p.m. at CSO. Composed as Napoleon's forces were threatening Austria, Haydn's *Mass in Time of War* features an ominous use of timpani and ends with a plea for peace. Beethoven's spirited First Symphony bears the influence of Haydn but also foreshadows the development of his own compositional style. MacMillan's eloquent Largetto is based on his choral setting of Psalm 51. Tickets required.

◆ Saturday, March 15, 11 a.m. Met Live in HD. *Fidelio* is Beethoven's only opera. The opera tells how Leonore, disguised as a prison guard called "Fidelio," rescues her husband Florestan from death in a political prison. Tickets required.

◆ Sunday, March 16, 2 p.m. Chicago Symphony Orchestra Piano Series presents Mao Fujito for his Chicago debut. He will perform Chopin's 24 Preludes, Op. 28, as well as three works by Mozart and Beethoven that all incorporate variations. They include the final work, Beethoven's Appassionato Sonata. Tickets required.

◆ Sunday, March 16, 2 p.m. *Love Letter* is the fifth subscription concert of Chicago Sinfonietta's 2024-25

Season. Maestra Mei-Ann Chen weaves notions of devotion and adoration through a symphonic lens, featuring compositions by six distinctly different composers, representing historic men and modern women. This concert honors women through several perspectives, including romance, respect, admiration, and achievement. Tickets required.

◆ Wednesday, March 19, 1 p.m. The Lyric Opera presents Puccini's *La Bohème*. This romantic tale of young lovers in 19th century Paris is filled with great arias. This is a new production to Chicago. Tickets required.

◆ Friday, March 21, 12:30 p.m. The Chicago Symphony Orchestra performs Rachmaninov's First Piano Concerto with pianist Simon Trpčeski and Jakub Hrůša conducting. The program ends with Shostakovich's Symphony no. 11 (the year 1905). Tickets required.

Barbara Dwyer

A SONNET FOR OUR TIME

My youth was spent in hopeful ways
 Helping to better our nation's state
 I believed in the coming of better days
 The side of justice would gain more weight.
 But daily news brings only despair
 Of how easily rights can disappear
 How minority and women will find no repair
 From courts of law and Congress spreading fear.
 How can those who performed work so well
 Be removed from employment because of their race?
 Or women's promotions be denied and repelled
 And employers who include diversity get a court case?
 Can we survive four years of hate
 From white supremacists who plan to close the gate

Natalie Goldberg

NEW ARRIVALS

Carol Meyer and Robert Smither moved into apartment 1201 (phone 4348) on October 22, 2024. Robert was born and grew up in Buffalo, New York. His father was a pharmacist and Robert was expected to also become a pharmacist and join the family business. He went to the University of Buffalo and decided right away to study physics instead. He went to Yale for graduate school and there decided he wanted to be an experimentalist. After obtaining his PhD he was offered a one-year position at Argonne National Laboratory. This one year turned into career of over 50 years at Argonne. He mainly worked on crystal lenses, but he also helped develop the ring at the Advanced Photon Source, and worked on nuclear fusion. Robert officially retired in 2010 but continued to work in an emeritus position until he fully retired in 2020 at the age of 90.

Robert married and had three children, John, Catherine, and Jim, six grandchildren, and now one great grandchild. His wife Louise died in 2000.

He loved to sail. His father was also a sailor. Robert sailed internationally and even was an official at the Madrid Olympics where he made sure the competing boats were in compliance with the rules.

Carol was born in Boston, Massachusetts and grew up in Shreveport, Louisiana. She has two sisters, Leslie and Gail. Her father was a mathematician who worked for Pennzoil, and her mother was a physical therapist. Both parents had been in the army. For high school, Carol went to an Episcopal boarding school in Vicksburg, Mississippi. She went to Tulane University in New Orleans and then to the University of

Chicago for graduate school where she studied archeology. She was especially interested in ancient Mexico and Mesopotamia. After receiving her PhD, she joined a mission excavating at Jerash, Jordan for a year and a half. She returned to work at the Oriental Institute in Chicago (in 2023 renamed Institute for the Study of Ancient Cultures), and then went to Luxor, Egypt in 1986, where she spent the next seven years with the Egyptological project at Chicago House.

When she returned to Chicago, she could not get a position in archaeology, so she became a computer programmer for 11½ years. In the late '90s she also led four archeology tours to Mexico and Peru for the University of Chicago. It was on one of these tours to Mexico that she met Robert. In 2004 they married, and she moved to Hinsdale where Robert lived. Carol then retired in 2006.

Carol says she loved cooking and entertaining, and working in her garden in Hinsdale. They moved to Montgomery Place from the house in Hinsdale where Robert had lived for 65 years. They chose Montgomery Place because Carol likes Hyde Park and has friends here. She brought her pitcher plant Nuri where it is now blooming in the Greenhouse. (You can see Nuri's latest photo on page 14.) She also brought an orange cat named Marmie.

Welcome, Robert and Carol, we hope you enjoy living here.

Gretchen Falk



THE WEEKEND THEY DYE THE RIVER GREEN AND HAVE A FEW PARADES TO BOOT: ST. PATRICK'S DAY IN CHICAGO

Are you new to Chicago, that proud Irish town? Have you heard the ridiculous, obviously false story of how they dye the Chicago River green for St. Patrick's Day? Of course you're too sophisticated to fall for such a silly myth. Well, guess what? It's true! To see for yourself, come on down to State and Columbus at 10 a.m. on Saturday, March 15. Best views, I hear, are from upper Wacker Drive. Of course, you'll be sharing space with about a bazillion other fools who just have to see it in person. For the faint of heart, NBC channel 5 and Fox channel 17 will broadcast the dyeing.

Who does the dyeing? City Hall? the Irish American Heritage Center? the National Union of Dyers, Bleachers, and Textile Workers? Nope, nope, and nope. It's the Chicago Journeymen Plumbers Local Union 130! Back in 1962, plumbers poured small amounts of green dye into the sewers to detect where waste was leaking into the river. Inspired by the process, the business manager of the plumbers' union struck a



deal with his childhood friend Richard J. Daley-Mayor (who was referred to by some as “duh mayor”) to dye the river. (Actually Daley-Mayor wanted to dye Lake Michigan, but the technology of the day limited the dyeing to a portion of the river.)

A few years later they switched from the tracer dye to an environmentally friendly vegetable dye, harmless to the various critters that inhabit the river. Plumbers Union boats dump about 40 pounds of orange powdered dye into the river and churn it up. (Don't go hysterical; the powder turns emerald green when it contacts the water.) The

Sierra Club website says the dye lasts about 4 hours; *Parade* says 24 to 48 hours; Block Club says several days; and NBC Chicago says at least a month. Reader, you're on your own.

Following the river dyeing, the Chicago St. Patrick's Day Parade, sponsored by the plumbers' union, starts at 12:30 p.m. at Columbus and Balbo and proceeds along Columbus to Monroe. The Shannon Rovers Irish Pipe Band has been leading the procession since 1956! The South Side Parade kicks off at noon on Sunday, March 16, at 103rd and



Western Avenue and ends approximately two hours later at 115th and Western. At the same time, the Northwest Side Irish Parade steps off at Onahan School, 6633 W. Raven. The parades feature all things Irish and wannabe Irish: floats, Irish dancers, marching bands, bagpipers, community organizations, politicians, and members of Irish heritage groups.

The aforementioned Irish American Heritage Center will host its St. Patrick's Fest from 1 to 11 p.m. at 4626 N. Knox Ave. They'll offer traditional and contemporary Irish music, Irish dancers, children's activities, food and drink, and arts-and-crafts vendors selling Irish gifts.

Siamsa na nGael has become a cherished Chicago tradition, celebrating St. Patrick's Day with world class Celtic entertainment, this year at Symphony Center, Monday, March 10, 7:30 p.m. The 2025 program, *Siamsa na nGael: Living the Legacy of St. Brigid*, honors the life and enduring legacy of Brigid of Kildare, exploring her journey from Celtic goddess to saint and her message of healing and unity. Performances by Irish diva Ciara Renee, nationally acclaimed tenor Devin DeSantis, the Gardiner Brothers (five-time world champion Irish dancers), the Metropolis Symphony Orchestra, the Old St. Patrick's Choir, the Trinity Irish Dancers, an Irish Trad Band, and more.

There are the pub crawls with green beer, the cruises on the green river, neighborhood celebrations, and Irish specialties at 1001 Irish, or Irish-for-the-long-weekend, eateries. And don't miss the Montgomery Place singalong on March 4; where else will you ever sing "Who Threw the Overalls in Mistress Murphy's Chowder"?

Paula Givan

HUNGER

At home, we weren't allowed
in the kitchen. That was her realm—
her power—and we,
just beggars at the table.

But as important as food
was learning, and we
milked it for our very survival.
"It's for school," we'd insist.

And commandeering her staples—
flour and salt and water—
would will a world into being,
call continents forth from cardboard.

We'd mold our dough into mountains
as high as our hopes,
dredge our earth-crust into rivers
as deep as our fears,

bring a new land to life in
the shape of our greed
and call it by a
sacred and secret name.

And with glitter and glue,
would set the welcoming lights
of a thousand happy homes
aglow forever—

or until we had to wash
our hands for dinner.

Sheri Steinberg



CELEBRATE PI DAY, MARCH 14

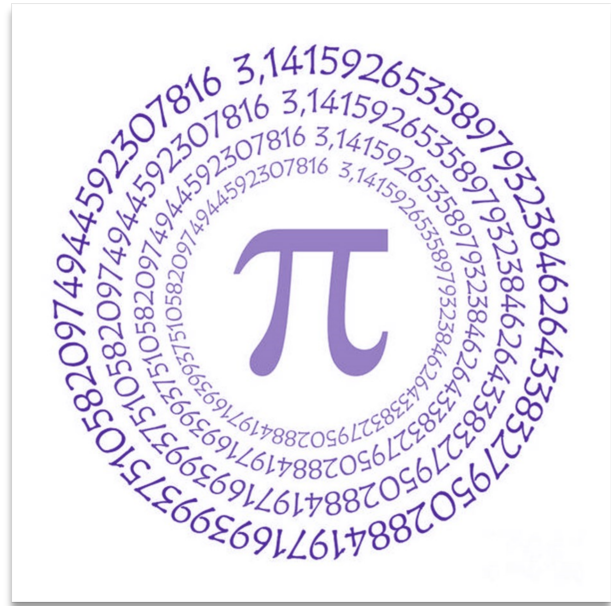
“Pi Day? What’s that?” you may have asked yourself. We’re here to remove the mystery from what can be a fun day for all. Pi Day is an annual celebration of the mathematical constant π , the Greek letter called pi.

Pi is a fundamental mathematical constant representing the ratio of a circle’s circumference to its diameter. Its earliest documented use is in Babylonia and ancient Egypt. Pi appears in formulas and applications to solve problems involving the lengths of arcs or other curves, and the volumes of many solids. It is also used in physics and engineering to describe the motion of pendulums, the vibration of strings, and alternating electric currents.

Pi is an infinite number, meaning the decimals go on and on forever, but the numerical value of Pi is most commonly shown as 3.14159, or rounded up to 3.1416. A mathematician from fifth century India, Aryabhata, was the first to make this calculation. Pi Day is celebrated on March 14 because the first three numeric digits of pi are 3.14.

This “holiday” dates from 1988 when the earliest known official celebration of Pi Day was organized by physicist Larry Shaw at the San Francisco Exploratorium where he worked, with staff and visitors marching around one of its circular spaces and then consuming fruit pies. What started as a mini-celebration in San Francisco has become a holiday for all to celebrate this unique mathematical constant.

Since then, annual celebrations have involved eating pie or holding pi recitation competitions. Barbara Dwyer recalls her math department colleagues at Saint Ignatius College Prep bringing pies to share on March 14. Many pizza and pie restaurants offer special deals on Pi Day. Some schools hold



competitions as to which student can recall pi to the highest number of decimal places. In July 2024, a group of engineers calculated pi to a record-breaking 202.112 trillion digits.

In 2009, the US House of Representatives supported the designation of Pi Day and in 2019, UNESCO’s 40th General Conference designated Pi Day as the International Day of Mathematics.

The Massachusetts Institute of Technology has mailed its application decision letters to prospective students for delivery on Pi Day. Starting in 2012, MIT posts those decisions (privately) online on Pi Day. Princeton, New Jersey hosts numerous events in a combined celebration of Pi Day and Albert Einstein’s birthday, which is also March 14. Einstein lived in Princeton for more than 20 years while working at the Institute for Advanced Study. In addition to pie eating and recitation contests, there is an annual Einstein look-alike contest.

On March 14 we will be treated with yummy pies to eat on Pi Day. Plan to join the celebration and save room for dessert. But no recitation contest is planned as of yet.

Roberta Bernstein

FRIDAY NIGHT SPEAKERS

The Friday Night Speakers program has been a tradition at Montgomery Place for years, and we cordially invite you to attend at 7:15 p.m. in the East Room.

♦ March 7, Ben Austen, introduced by Fran Vandervoort, is a lecturer in the University of Chicago's creative writing program. He cohosts the podcast "Some of My Best Friends Are" and is the author of *Correction: Parole, Prison, and the Possibility of Change*, which was named one of the best books of 2023 by the *Washington Post*. His talk is titled "Criminal Justice?"

♦ March 14, Chester Perkowski, introduced by Taria Houvouras, recently moved to Montgomery Place from Florida with his cat and a talent for combining his artistic skill with the recycling of discarded materials, specifically Styrofoam. He will speak on "Unexpected Beauty."

♦ March 21, Adom Getachew, introduced by Stan Moore is Professor of Political Science and Race, Diaspora and Indigeneity at the University of Chicago. Her work focuses on intellectual and political histories of Africa and the Caribbean. She will speak on "Marcus Garvey and Pan-Africanism."

♦ March 28, Jack Spicer, introduced by Fran Vandervoort, is an artist, educator, landscape architect, and preservationist who now devotes most of his time to the management and preservation of Hyde Park's most iconic and beautiful natural feature, Promontory Point. His talk is titled "How to Save the Point."

The next committee meeting will be on Thursday, April 10 at 11 a.m. in the Game Room. Please join us and share your ideas about possible speakers. Committee members are Bernie Strauss, Barbara Baker, Laurieann Chutis, Taria Houvouras, David Lebowitz, Peter Martinez, Stan Moore, Sheri Steinberg, and Fran Vandervoort.

Sheri Steinberg for the Friday Night Speakers Committee

BOOKLOVERS

Earthly Remains by Donna Leon is our choice for March. We have ten copies of the book from the Blackstone Library and those registered with the Federal Talking Books program will get a tape or download of the book.

The first half of the book is Commissario Brunetti's slow rediscovery of himself as he takes a vacation from police business and goes to the island of Saint Erasmo near Venice. When his friend on the island goes missing, Brunetti spends the second half of the book investigating. "The clues are well planted and the interrogation sequences are some of Leon's best," says Carmen Amato, reviewer of this book.

This twenty-sixth novel in the Brunetti series gives us insight into the personality of the main character and familiarizes us with the details of everyday life in a Venetian village as well as the suffocating corruption, the never-ending influx of tourists, and crimes big and small.

Throughout his investigation, Brunetti demonstrates his love for his family and city and his relentless pursuit of truth and some measure of justice. This book is a good introduction to Leon's Brunetti series and a satisfying read for those who are already fans.

Donna Leon, born in New Jersey in 1942, has worked as a travel guide in Rome and as a copywriter in London. She taught literature in Iran, China, and Saudi Arabia. She lived in Italy for 30 years and now lives in Switzerland.

Come for our discussion on Monday, March 31 at 3 p.m. in the East Room and get a copy of the book for next month.

Laurieann Chutis, Coordinator, Booklovers



I SCREAM, YOU SCREAM, WE ALL SCREAM FOR ICE CREAM

What's with all the screaming? Well, back in the city of Rome in their negative years, when a *Magnus Vir* (Number One Honcho) planned a dinner party, he directed his chef to add *glacies crepito* to the feast's menu. The chef would call in a couple of his master's unpaid employees, most likely POWs from Gaul or Germania, and task them to run up nearby Mount Livata and fill a couple of goatskin backpacks with mountain snow, to schlep it all back to his kitchen. What snow that hadn't melted the chef stirred up with honey and mixed fruit. *Glacies Crepito* they called it. In English, ice cream.

In 1928, in the summer of which I was born, my parents' Philco tabletop radio likely played a hit song extolling a confection called Eskimo Pie. That song is the meat and potatoes of the 1986 raw and raunchy comedy *Down by Law*. We're in a New Orleans, Louisiana jail cell not far from an alligator-polluted swamp. Our hosts in their cell are delinquents Jack, a pimp, Zack, a disc jockey, and Bob, an Italian tourist who has stabbed someone, played by the manic Roberto Benigni. He is the mastermind of a plan for the trio to escape into where the alligators live. As the theme song for their jailbreak, Bob leads his cellmates in a wild dance around their cell, rehearsing the "I Scream" song until he's satisfied that his co-conspirators have got it right. Hear their chorus once and you'll never be able to clear it out of your head.

I will now focus on ice cream, the subject of this essay, with a side glance at jingle poetry. The Original Moose Tracks Ice Cream product description is "vanilla ice cream with peanut butter cups and famous Moose Tracks fudge." This first flowering of the brand has over the years blossomed into a bouquet of more than 14 flavors, including one (No Sugar Added Moose Tracks) compounded for diners who really shouldn't be eating ice cream. Other members of the Moose Tracks orchestra are Peppermint Bark MT, Extreme! MT, Cherry MT, and Extreme! Maximum Fudge Carmel Brownie MT.

Writing about the awesome variety of Moose Tracks ice cream I am reminded of Kipling's
 "There are nine and sixty ways
 Of composing tribal lays
 And every single one of them is right."

As is every single one of the Moose Tracks family.

I have endeavored in my researches for this paper to be coldly scientific, subjecting for analysis each variant that I have so far been able to acquire. With the help of my VA babysitter Elizabeth, I have submitted samples of the material in question to volunteers for taste tests. Yesterday evening, for example, we tested one variety. You may note that in consideration of Ann Kieran's ethnicity, I chose for her the shamrock green Mint Moose Tracks.

Allen Lang





HAPPY BIRTHDAY, DR. SEUSS

Dr. Seuss turns one hundred and twenty one
No other author like him under the sun

He made us laugh a lot, he made us cry
He made us, when sad and upset, want to try

He made us love words and reading too
We could do it anywhere, even the zoo

It all started with a bet, 50 words in a book
He did it, and then the bet was took

So the Cat in the Hat was done
More and more books were begun

He made us feel good all the time
He did it with his words in a rhyme

The grinch who stole Christmas we couldn't locate
But, all the green eggs and ham we ate

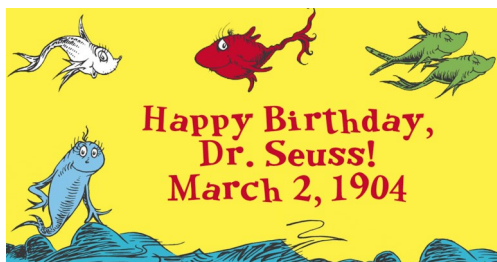
He didn't stop at the young and bold
'You're Only Old Once' is for a person old

So happy birthday to you, dear teacher and friend
With love and good wishes to you we do send.

Helen S. Wolkow

MARCH BIRTHDAYS

3/8	Joyce Swedlund
3/11	Carolyn Schmidt
3/15	Phyllis Booth
3/16	Pat Haynes
3/21	David Lebowitz
3/23	Evelyn Lee
3/25	Caroline Herzenberg
3/26	Michele Fiala
3/26	Howard Goldberg
3/26	Fran Vandervoort





Uffizi: Simone Martini and Lippo Memmi,
The Annunciation and the Two Saints 1333, Siena

WOMEN

In April 2024, when I entered the room that holds this painting, it took my breath away. It is very large, 265 x 305 cm, mostly gold, and beautifully painted. We see the angel Gabriel delivering God's message via the holy spirit to the Virgin that she will bear the son of God. Mary looks frightened and has a "who, me?" gesture. I thought of this Annunciation depiction when I noticed that the Feast of the Annunciation will take place on March 25, 2025, and March 8 is International Women's Day, though one site called it "Working Women's Day."

It caused me to think about perceptions and status of women in 1333 and today. How much has changed and where are we going?

Good question. I wish I knew the answer. I will not recite the list of gains and dates. This is rather a rumination on the life options, experiences and trajectories of women through time.

In 1333, bearing children was the number one priority for women apart from being a wife and taking care of family and household matters. Other options were servant or prostitute unless a woman worked with her farmer or tradesman husband. A woman had no property; it belonged to the men in her family or to her husband when she married, and she had no political agency. Gains in women's roles and status have been enormous, and yet... Two brilliant and highly qualified women have run for

president in this country in 2016 and 2024 and lost to a real estate developer with an unusual personality.

I have heard people say that Hillary Clinton was perhaps the best qualified person ever to run for the presidency. But she “wasn’t likable,” though she did win the popular vote. Kamala Harris, with superior experience and training, was said to be inexperienced and unqualified. She lost to the same real estate developer who now wants to take over Greenland. A friend surprised me by saying Harris is a puppet. When I questioned why, the answer boiled down to her gender. I guess a woman is always run by a man in some minds. I was also told the presidency is not a “woman’s place.” Anyway, no woman in the United States has become president.

My late ex-husband worked in Africa and then Asia on health and development issues, and while his work had to do with curable diseases, education, and clean water, it had a great deal to do with contraception that women can control, prenatal care, and maternal and child health. Women must be able to control their own fertility to have independence and proper medical care and spacing of children to have healthy children who will live and contribute to the family. Many of these programs were partially funded by USAID or were done in partnership with them. These kinds of programs are being defunded today. And in the United States, some people want to ban abortions and contraceptive means. Women with careers are “cat ladies” with or without the cats. Are we going back to the idea that women are not okay unless they are married with children and preferably don’t work because their place is “in the home”? I sincerely hope not.

Lois Baron



MUSIC IN THE EAST ROOM

Because of colds, flu, and a resurgence of COVID, many of the East Room musical performances scheduled for February had to be canceled. Some of the performances are rescheduled for March.

♦ On Saturdays from 11 a.m. to noon Laura Fenster invites you to observe her rehearsal. She requests that you do not ask questions as she rehearses. Questions will be accepted before and after her rehearsal.

♦ On Saturday, March 1, at 2 p.m. the University of Chicago String Quartet will perform in the East Room.

♦ On Sunday, March 2, the University of Chicago Chamber Group will perform in the East Room at 2 p.m.

♦ On Thursday, March 13, an ensemble from the Civic Orchestra will return to perform in the East Room at 7 p.m. A reception will follow in the East Room.

♦ On Saturday, March 15, Regina Syrkin will present a piano recital at 2 p.m. in the East Room. Regina Syrkin has extensive experience as an accompanist, chamber musician, and pedagogue. Her students have won prizes and received high honors in local, regional, and state competitions and were winners at the DePaul Concerto Festival for Young Performers. While in Belarus, Regina was a professional pianist at the Gomel Music College and received her master’s in music from the Minsk Conservatory. Regina presently is a member of the faculty of Music at DePaul University

Barbara Dwyer

HEWSON SWIFT CONCERTS

Hewson Swift concerts are presented on Wednesdays at 7:15 p.m. in the Lounge and on Channel 4/4.1. Join us for an hour or more of wonderful music on CD or DVD.

◆ March 5, Susan Meschel presents Act 1 of Puccini's *Tosca* with Luciano Pavarotti, Shirley Verrett, Tito Gobbi, and the Metropolitan Opera and Chorus. DVD. 50 minutes.

◆ March 12, Susan Meschel presents acts 2 and 3 of Puccini's *Tosca*. DVD. 1 hour 10 minutes.

◆ March 19, Fran Vandervoort presents "Brailowsky plays Virtuoso Showpieces: Bach-Busoni, Saint-Saens and Liszt." Alexander Brailowsky, piano. CD. 1 hour 17 minutes.

◆ March 26, Barbara Asner presents Bruckner's Symphony no. 4 "Romantic." Berliner Philharmoniker, Daniel Barenboim, conductor. CD. 1 hour 8 minutes.



If you would like to share your recorded music on a Wednesday evening, please contact Barbara Asner at 4618 or Fran Vandervoort at 4396.

*Barbara Asner and Fran Vandervort,
Co-Chairs, Hewson Swift Concerts*

GREENHOUSE GROWINGS ON

The February polar freeze was a challenge in the Greenhouse. With outside temperatures at record lows, its glass walls and ceiling, and its radiators producing little heat, the room reached dangerously cold levels. Maintenance staff provided ways to keep two small heaters working during the night to keep the Greenhouse above freezing levels. As a result, the plants have survived.

Nuri, Carol Meyer's bug-eating pitcher plant now has three red/maroon flowers. In

addition, my geranium and Patricia Northcott's peace lilies are flowering. In spite of the cold, residents are visiting our flowering friends, and others are taking advantage of our work area and tools. As a reminder, here are the guidelines for using the Greenhouse:

◆ When your plant lives in the Greenhouse, put your name on the pot and continue to care for the plant regularly. If you get sick or go on a vacation, call me or another resident to care for your plant while you are gone.

◆ Water only your plant(s), never other people's plants.

◆ Clean and replace the tools you use; do not take them to your apartment. Sometimes people forget to bring tools back or they are lost in the catch-all drawer. We are missing scissors and the green plastic measuring spoons from fertilizer boxes.

Thank you for cooperating. If you want to volunteer and/or share your plants please call me at 4638.

Laurieann Chutis, Greenhouse Coordinator



Nuri livin' a plant's best life in the Greenhouse

FROM TOP DOWN TO BOTTOM UP: LIU XIAOBO

The recently published *I Have No Enemies: The Life and Legacy of Liu Xiaobo* by Perry Link and Wu Dazhi (Columbia University Press) describes the evolving life and thinking of China's first (2010) Nobel Peace Prize winner. Born in 1955 in Changchun in northeast China, Liu Xiaobo was known for his youthful antic behavior. The Cultural Revolution beginning in 1966 closed schools and traditional Chinese learning, leaving youth to play or fight and to be sent to the countryside for reeducation among peasants.

Liu became a reader of Western philosophy and admired thinkers such as Augustine, Nietzsche, Freud, and Camus. In the Chinese tradition he preferred the Daoist Zhuang Zi to Confucian hierarchy and status. He earned his PhD at Beijing Normal University and became a widely admired teacher. Lecture tours took him to Mongolia, Norway, Australia, and the United States. He became a critic of the Chinese Communist Party for its violation of human rights and in 1989 became an advisor to student rebels on Tiananmen Square during the leadup to the hunger strike and the massacre on the night of June 3-4.

Jan and I were teaching at Southwest China Teachers University near Chongqing on the upper Yangtze. Signs of support for the Tiananmen protesters mounted. A memorial wreath appeared honoring Hu Yaobang, the Communist Party chairman from 1980 to 1987, who advocated reform. His funeral on April 22 was a catalyst for students to occupy Tiananmen Square and for the government to declare martial law. The visit of the Soviet leader Mikhail Gorbachev at the same time complicated things for Party leaders. We joined our students emptying the campus to demonstrate in the neighboring town of Beipei.

Liu was imprisoned for two years in 1989 and sent to a labor camp for three years in 1996. The 2008 summer Olympic Games were an opportunity for Liu Xiaobo and his fellow rebels to issue the Charter '08 condemning the Party for its repression of civil rights. He was given an 11-year term for subversion.

Liu Xiaobo was an early critic of those who looked to reformist leaders like Hu Yaobang and his successor, Zhao Ziyang, to advance the democracy movement. Given the disastrous results, he instead advocated the strengthening of a civil society from the bottom up. The name of the book about him, *I Have No Enemies*, is a phrase from his curtailed courtroom speech read by Liv Ullmann at his in-absentia Nobel Prize ceremony. Announcement of the prize reached Liu Xiaobo in prison after his diagnosis of terminal liver cancer. A muted celebration of his life by his friends and colleagues and beloved wife and partner, Liu Xia, followed his death in 2017.

So how is a bottom-up civil society created? The book suggests an eight-fold Liu legacy: Look for actual people with actual problems; Publicize the issue; Put pressure on local officials; Oblige state media to improve; Watch for shared principles to emerge; Based on shared principles, advocate rule change; Be gradual and non-violent; Be leaderless.

By the time we returned to teach a second year in China, the underground democracy movement was making this change. Xi Jinping's rise to autocratic power in 2012 purged reformers at the top. Tiananmen was a taboo subject. But rising from the bottom was an irrepressible civil society struggling to be born. As our own history demonstrates, a top down cultural and economic strategy is inferior to one that is grown from the bottom up.

Stan Moore

CHOICES, PART I

This is the first of a three-part reflection on Helen's decision to move to Montgomery Place.

Lately I have been thinking about why I chose—and choose—to live in a retirement home, or as it's sometimes called, a retirement community. A friend suggested we call it "senior living." I think that is a more appropriate name.

In December 2019, my husband Leo and I decided to look at some retirement (senior) communities, perhaps urged on by some friends who had just announced they were moving to a retirement home. Also, the stairs in our house were becoming hard for Leo to manage. We looked at senior living communities in our area and looked at one in Hyde Park, Chicago. We were familiar with that one as we had visited many times to see friends who lived there. But then COVID reared its ugly head and everything was shut down.

By the time life opened up again, Leo had become quite ill, and in July 2020 he passed away. Then I became ill. Once I recovered, I realized I should look at my options, which narrowed down to four. One: stay in the large house with lots of stairs on many levels, which required a lot of maintenance. Two: my daughter who lived in a home in Indiana invited me to come and live with her. Three: move into a small apartment in my local community. Four: move to a senior community. The first three options did not seem feasible to me. So, off I went to look at the retirement community I felt would best suit my needs. It was a known quantity, it was small, it was on the South Side and near the city, and I knew some residents living there.

When I came home from looking at the Hyde Park senior community, my daughter asked how I liked it. I replied: *the people there are all old*. She looked at me quizzically: Mom, you are going to be 84! *OH! They all have*

gray hair! Mom, you have gray hair also but you color it! *OH! And they are all on walkers!* But mom, you are on a walker now! *OH!* I guess that kind of settled it. I moved into Montgomery Place on June 1, 2021.

Each senior living facility is different. The size of the community matters when getting around and maneuvering physically plays a role in how the place operates socially. A community of under 200 is very different from one of 500 or 1000. My community is under 200 residents, so if you don't know everyone, you still know them. Of course, you will become friendly with some people more than others. Before I came here, I felt as if I was going to kindergarten again and worried whether the other kids would play with me. (They did!) I worried whether the teachers (management) would like me (I think they do)! My community is very kind, very caring, and very sharing.

Helen Wolkow



DINING COMMITTEE

Mary O'Connor, Director of Dining Services for Montgomery Place, led the Dining Committee meeting on February 12. The always available menu will be updated and presented shortly. Staffing adjustments are being made with the hiring of new and more "mature" people. The coffee machine is up and running in the Café. If the Café is closed, coffee can be obtained in the Dining Room. The hours of service in both places will be posted.

The next Dining Committee meeting will be on Wednesday, March 12 at 2:15 p.m. in the East Room.

Jay Neal, Chair, Dining Committee

NOT THE MINUTES OF FEBRUARY 20, 2025 RESIDENTS' COUNCIL MEETING

Please Note: This is a personal summary of the main issues raised and is not to be confused with any official statement or document.

Morag Fullilove represented the Montgomery Place Board. The minutes of the January meeting were approved. The General Account balance has \$10,113.87 and the Holiday Fund balance is \$860.54.

Richard Muller reported that the Environmental Services Committee met with Mark Mullahy present. The main issues covered:

- ◆ Currently two types of emergency pendants are being considered, one for Cornell Concierge Services residents and the other for all other residents;
- ◆ The freight elevator needs a buffer, a safety device that makes the elevator go up in case of a malfunction. The buffer is scheduled to be repaired on Tuesday, February 25, after which we can use the elevator. The new portal will probably be introduced in three months.

Anna Mary Wallace reported how our funds in the amount of \$1500 are being used by the Friends of Bret Harte School. The most important use was to hire a Spanish language teacher; the school now offers Spanish instruction to all students. The Council agreed to give the organization another \$1500.

Paula reminded the Council that the yearly elections are coming up. The six members who have been on the Council for one year—Gretchen Falk, Susan Meschel, Richard Muller, Stuart Rankin, Ollie Solomon and Bernie Strauss—will be the election committee.

Rona noted that Leatrice Rogers's memo about COVID and other viruses was

NESTING PLACE

in my grandmother's house
time spoke hourly in the prophetic voice
of a bird trapped inside a clock
and it echoed
in the gravelly language
of another life in another place
that was not mine to know
but that I loved

and it swallowed me up
in the smells
of cinnamon and sour cream
and melting chicken fat
and transported me
with the magic that turned
the slimy chicken skin
into coveted crunchy curlicues
and pillowed me in the softness
of her lap

and it fills me now
like the naked eggs
she rescued from
the poor skinless bird
and fed me in bowls of soup
and left me as her legacy
that I will cradle inside me
long after the bird in the clock
is still

Sheri Steinberg

incomplete and should be redone. Morag said she would raise the issue with the Board's Health Committee.

The remainder of the session was devoted to resident discontent and concerns about dining, especially the proposed dining dollars program to take effect on March 1.

Richard Muller

MARCH FILMS

Film Committee selections are shown each Monday, most Thursdays, and most weekends in the Lounge and on Channel 4.1. Many films benefit from viewing in the Lounge on the big screen. All Film Committee movies start at 7:15 p.m. The Film Committee meets the first Thursday of each month in the Game Room at 2 p.m. This month the theme for weekend movies is Comedy!



Monday Films

♦ March 3, *All the King's Men*, 1949. A political drama based on Robert Penn Warren's novel, featuring Broderick Crawford, John Ireland, Mercedes McCambridge, and Joanne Dru. The rise and fall of an idealistic but ruthless politician in the American South, patterned after Louisiana Governor Huey Long. 1 hour 50 minutes

♦ March 10, *Blitz*, 2024. Wartime drama written and directed by Steve McQueen. Starring Saoirse Ronan and Elliot Heffernan. A defiant boy goes on an adventure in London during World War II only to find himself in immense peril during the Blitz, while his distraught mother searches for him. 2 hours.

♦ March 17, *The Tuskegee Airmen*, 1995. HBO television movie based on the exploits of a unit that fought in World War II, the first African American combat pilots in the United States Army Air Corps. Starring Laurence Fishburne, Cuba Gooding Jr., John Lithgow, and Malcolm-Jamal Warner. 1 hour 46 minutes

♦ March 24, *Conclave*, 2024. A political thriller starring Ralph Fiennes, Stanley Tucci, Sergio Castellitto, and Isabella Rossellini. Cardinal Thomas Lawrence (Fiennes) organizes a conclave to elect the next pope and finds himself investigating secrets and scandals about the major candidates. 2 hours.

♦ March 31, *The Samuel Project*, 2018. A high school student pursuing his dream of being an artist in a family that doesn't communicate very much undertakes a project to reconnect with his grandfather, a Holocaust survivor, by making art out of his story. 1 hour 30 minutes.

Thursday Documentary

♦ March 6, *My Name is Pauli Murray*, 2021. Lawyer and activist Pauli Murray was instrumental in arguing the equal protection clause of the 14th Amendment which outlawed discrimination based on sex. Several scholars of Murray's work are featured. 1 hour 30 minutes.

Thursday Foreign Language Films

♦ March 13, *Good Evening, Mr. Wallenberg*, 1990. (Swedish) The story of Swedish World War II diplomat Raoul Wallenberg (Stellan Skarsgård) who was instrumental in saving the lives of thousands of Hungarian Jews from the Holocaust. 2 hours.

♦ March 27, *Elevator to the Gallows*, 1958. (French) A crime thriller directed by Louis Malle and starring Jeanne Moreau and Maurice Ronet as illicit lovers whose murder plot starts to unravel after one of them gets trapped in an elevator. 1 hour 30 minutes.

Weekend Themed Films: Comedy!

♦ March 1-2, *Anyone But You*, 2023. A romantic comedy based loosely on Shakespeare's *Much Ado About Nothing*, starring Sydney Sweeney and Glen Powell. After an amazing first date, Bea and Ben's fiery attraction turns ice-cold—until they find themselves unexpectedly reunited at a wedding in Australia. 1 hour 43 minutes.

♦ March 8-9, *Abbott and Costello Meet Frankenstein*, 1948. An American horror comedy featuring Bud Abbott and Count

Dracula (Bela Lugosi) who has partnered with Dr. Sandra Mornay (Lenore Aubert) to find a brain to reactivate Frankenstein's monster (Glenn Strange). They find Wilbur Grey (Lou Costello) the ideal candidate. 1 hour 23 minutes.

♦ March 15, *Idiocracy*, 2006. A science fiction comedy. Joe Bauers, a US Army librarian, and prostitute Rita undergo a government hibernation experiment. They awaken 500 years later in a dystopian anti-intellectual society. 1 hour 24 minutes.

♦ March 16, *The Purple Rose of Cairo*, 1985. An American fantasy written and directed by Woody Allen and starring Mia Farrow, Jeff Daniels, and Danny Aiello. It is a tale of a film character named Tom Baxter who leaves a fictional film of the same name and enters the real world. 1 hour 22 minutes.

♦ March 22-23, *Groundhog Day*, 1993. A fantasy featuring Bill Murray, Andie MacDowell, and Chris Elliott. A cynical television weatherman covering the annual groundhog day event in Punxsutawney, Pennsylvania becomes trapped in a time loop that forces him to repeat February 2 again and again. 1 hour 40 minutes.

♦ March 29-30, *Unfrosted*, 2024. A comedy loosely based on the true story of the creation of Pop-Tarts toaster pastries. The ensemble cast includes director Jerry Seinfeld, Melissa McCarthy, Jim Gaffigan, Max Greenfield, Hugh Grant, and Amy Schumer. 1 hour 33 minutes.

Your Suggestions

We invite your suggestions for films you would like to see. Come to a committee meeting at 2 p.m. on the first Thursday of the month or send a Wikipedia listing to any member of the committee, Lois Baron, Natalie Goldberg, Becky Kruse, Allen Lang, Joyce Mannis, Susan Meschel, Doris Smith, Bernie Strauss, Gina Volpe, Helen Wolkow.

Lois Baron for the Film Committee



LIBRARY NEWS

Purchased

♦ Anthony Penrose, *The Lives of Lee Miller*

Donated

♦ Louise Erdrich, *The Mighty Red*

If you take out a book with a card in the back (hardcovers or book written by residents), *please* fill it out. If you do not do this, we do not know who has the book or whether it has disappeared.

If there is a book you believe would be of interest to residents, please provide the title and the name of the author on the sheet on the table in the front of the Library.

From time to time, we receive a fairly large number of donated books that are duplicates or for which we do not have space. These books are located on the red cart near the east wall of the Library. Residents and staff who are interested in reading them are free to take them. We have also received a large number of CDs and DVDs, which are located in the Game Room.

We encourage any resident interested in the Library to come to the next meeting in the Library at 10 a.m. on Wednesday, March 12.

Richard Muller, Chair, Library Committee



In January, Anna Mary Wallace celebrated her 95th birthday with her great-granddaughter Zorina and other family members and Montgomery Place residents. Congratulations, Anna Mary!

UPDATE

ADAPTING TO AGING GROUP

Our Adapting to Aging group, previously hosted by Rev. Laura, will resume on April 4, 2025. The group will meet on the first and third Fridays, from 1 to 2 p.m. in the Chapel. We welcome previous participants and invite any new residents interested in exploring the joys and challenges of this stage of life. The group facilitators are Laurieanne Chutis, Marlene Rankin, Ida Watanabe and Helen Wolkow. Hope to see you on April 4.

A FRIGHTENING THOUGHT

In January we saw *Au Revoir les Enfants* (*Goodbye, Children*). It was terribly disturbing for me. But why? It described events of years ago that resonate with events today. It described the gradual erosion of some people's freedom in favor of a feeling of security among the rest. It described the difference between the rather messy work of democracy versus the relative simplicity of autocracy. It is an old philosophical problem. We face it today but there are the precedents that the film showed. How to respond? And why was I so affected?

I want to start in late 1945 on New York's Lower East Side when it was still a port. Merchant ships loaded and unloaded in a cavernous barn-like structure. Crews boarded alone, and the ships took off for their destinations without any ceremony. A lone engineering cadet (Bernie Strauss) starting his first tour of sea duty came aboard and found his cabin, falling asleep. At some point there was a slight vibration and the ship, a chartered Army transport, took off for Marseilles to return troops home. It must have been off Staten Island when, given the slight rocking of the ship, the cadet felt queasy and then seasick, a condition that continued until past Gibraltar and the relatively quiet waters of the Mediterranean. There was no sympathy from the ocean-hardened crew. The ship, the *Marine Wolf*, docked and took on troops eager to be home after service in Germany and France.

Au Revoir les Enfants deals with the attempts of a French priest to shield a group of Jewish children from both French and German persecution. He doesn't succeed. With time, the restrictions become more and more burdensome. The film is narrated by a non-Jewish friend. The Jews are exposed in several harrowing scenes and taken away to their deaths along with the priest. The friend becomes a well-known movie director. At one point in the film a group of Frenchmen is

lectured by a member of the Gestapo about the difference between French and Germans. The French are undisciplined and disorganized. The Germans are disciplined and able to work together. The French need to learn.

Go back to the *Marine Wolf* and its US troop passengers. What did they have to say about their service in Europe? The ones I talked to were unanimous. The French were raucous, undisciplined, not willing to accept direction, and not very clean. The Germans in their occupied zone were pleasant and disciplined. Like the Japanese after their defeat. There was a joke that the best outcome of a war was to lose to the United States. The film brought all those memories back. It was frightening to have the Gestapo comments and our troops' response to the behavior of French and Germans be so similar.

Today? We can be aware. We can be vigilant and look for similarities with past events. We can use those avenues that are available to us. Hardest of all is the realization that a democratic society requires a compact of all citizens to protect the rights of *all* to "Life, Liberty and the pursuit of Happiness," difficult to formulate in a society where we have different ideas as to how this is to be accomplished.

Bernie Strauss

IN MEMORIAM

Lavinia "Vinnie"
Castelberry Orpen



SPECIAL EVENTS IN

SATURDAY	1	12:30 PM	BUS	SMART MUSEUM OF ART (P. 3)
		1:00 PM	BUS	JOFFREY BALLET, <i>GOLDEN HOUR</i> (P. 3)
		2:00 PM	EAST ROOM	UNIVERSITY OF CHICAGO STRING QUARTET (P. 13)
SUNDAY	2	1:00 PM	BUS	GOODMAN THEATRE, <i>BETRAYAL</i> (P. 3)
		2:00 PM	EAST ROOM	UNIVERSITY OF CHICAGO CHAMBER PROGRAM (P. 13)
TUESDAY	4	10:00 AM	BUS	VISIT TO THE SECRETARY OF STATE'S OFFICE (P. 3)
WEDNESDAY	5	10:30 AM	CHAPEL	ASH WEDNESDAY SERVICE
		1:00 PM	BUS	STEPPENWOLF, <i>FOOL FOR LOVE</i> (P. 3)
FRIDAY	7	7:15PM	EAST ROOM	FRIDAY NIGHT SPEAKER BEN AUSTEN (P. 9)
SATURDAY	8	NOON	BUS	ALVIN AILEY DANCE COMPANY (P. 3)
SUNDAY	9	1:30 PM	BUS	<i>PIRATES OF PENZANCE</i> (P. 4)
THURSDAY	13	7:00 PM	EAST ROOM	ENSEMBLE FROM THE CIVIC ORCHESTRA, RECEPTION TO FOLLOW (P. 13)
FRIDAY	14	10:30 AM	LOUNGE	PURIM MEGILLAH READING
		12:30 PM	BUS	CSO. HAYDN'S <i>MASS IN TIME OF WAR</i> , (P. 4)
		7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER CHESTER PERKOWSKI (P. 9)
SATURDAY	15	11:00 AM	BUS	MET LIVE IN HD, <i>FIDELIO</i> (P. 4)
		2:00 PM	EAST ROOM	REGINA SYRKIN PIANO RECITAL (P. 13)
SUNDAY	16	2:00 PM	BUS	CSO PIANO SERIES, MAO FUJITA (P. 4)
		2:00 PM	BUS	CHICAGO SINFONIETTA, <i>LOVE LETTERS</i> (P. 4)
WEDNESDAY	19	1:00 PM	BUS	LYRIC OPERA, <i>LA BOHÉME</i> (P. 4)
FRIDAY	21	12:30 PM	BUS	CSO, HRŮŠA TRPČESKI, AND RACHMANINOV (P. 4)
FRIDAY	28	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER JACK SPICER (P. 9)



PLEASE NOTE: Any event listed on pages 23 and 24 without a specific date or dates occurs on that day of the week every week. Events listed with specific dates occur on those dates only.

REGULAR EVENTS IN MARCH

M/W/F	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
M/F	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
T/TH	1:30-2:30 PM	THIRD FLOOR	WELLNESS CLINIC
M/W/F	11:00 AM	EAST ROOM	TONE IT UP!
T/TH	11:00 AM	LLLC	FLEX AND FLOW
M/F	1:00 PM	LLLC	STRETCH AND MOBILITY
T/TH	1:00 PM	POOL	WATER AEROBICS
MONDAY			
	10:00 AM-NOON	BUS	HYDE PARK ERRANDS AND SHOPPING
	1:00-2:00 PM	GAME ROOM	POETRY GROUP
	1:30 PM	EAST ROOM	YOGA
10, 24	2:30 PM	GAME ROOM	SCRABBLE
3, 17	3:00-4:00 PM	EAST ROOM	TOWN MEETING
31	3:00-4:00 PM	EAST ROOM	BOOKLOVERS GROUP (P. 9)
	7:15 PM	LOUNGE/CH 4	FILM COMMITTEE MOVIE (P. 18)
TUESDAY			
18	9:30 AM-NOON	THERAPY ROOM	AUDIOLOGIST
4	10:00 AM	EAST ROOM	ACTIVITIES COMMITTEE
	10:30 AM	EAST ROOM	BALANCE AND MOBILITY
	11:00 AM	ZOOM	MEDITATION (LAURIEANN CHUTIS)
	11:00 AM	EAST ROOM	FLUIDITY AND MOVEMENT
	1:00-3:00 PM	CAFÉ	IT TECHNICAL ASSISTANCE
	2:00-3:00 PM	EAST ROOM	CURRENT EVENTS
	3:30-4:30 PM	LOUNGE	WINE AND CHEESE
4	7:15-8:15 PM	EAST ROOM	SINGALONG
25	7:15 P.M.	EAST ROOM	SHORT STORY GROUP
WEDNESDAY			
	10:00 AM-NOON	BUS	HYDE PARK ERRANDS AND SHOPPING
	10:15-11:00AM	EAST ROOM	MEDITATION WITH SHAWN
12	10:00-11:00 AM	LIBRARY	LIBRARY COMMITTEE (P. 19)
	10:45 AM-NOON	GAME ROOM	HYDE PARK BANK
12, 19, 26	10:30-10:55 AM	CHAPEL	INTERDENOMINATIONAL CHAPEL SERVICE
	1:00-2:00 PM	LLLC	BALANCE AND MOBILITY
5, 19	1:00-2:00 PM	EAST ROOM	RACE RELATIONS DISCUSSION
12	1:00-2:00 PM	LOUNGE	HEALTHPRO LECTURE

12	2:15-3:15 PM	EAST ROOM	DINING COMMITTEE (P. 16)
	7:15 PM	LOUNGE	HEWSON SWIFT CONCERTS (P. 14)
THURSDAY			
	10:00 AM	BUS	MARIANO'S SHOPPING
	10:00 AM-NOON	APARTMENTS	IT TECHNICAL ASSISTANCE, CALL FRONT DESK FOR APPOINTMENT
	10:00-11:00 AM	EAST ROOM	ADVANCED BALANCE TRAINING
6	11:00 AM-NOON	GAME ROOM	MESSENGER PLANNING MEETING
	11:00 AM	EAST ROOM	YOGA
13	11:00 AM	GAME ROOM	FRIDAY NIGHT SPEAKERS COMMITTEE (P. 9)
27	NOON	DINING ROOM	RESIDENTS' BIRTHDAY LUNCH
	1:00 PM	EAST ROOM	CULINARY CORNER
	1:30 PM	GAME ROOM	MAH-JONGG
6	2:00 PM	GAME ROOM	FILM COMMITTEE (P. 18)
6, 13, 27	2:00 PM	CHAPEL	ROMAN CATHOLIC COMMUNION SERVICE
20	2:00 PM	CHAPEL	ROMAN CATHOLIC MASS
20	2:30 PM	EAST ROOM	ENVIRONMENTAL SERVICES COMMITTEE
	3:30-4:30 PM	LOUNGE	HAPPY HOUR
20	7:15 PM	EAST ROOM	RESIDENTS' COUNCIL MEETING
6	7:15 PM	LOUNGE/CH 4.1	DOCUMENTARY FILMS (P. 18)
13, 27	7:15 PM	LOUNGE/CH 4.1	FOREIGN LANGUAGE FILMS (P. 18)
FRIDAY			
7	9:00 AM	BUS	COSTCO SHOPPING
14, 21, 28	10:00 AM-NOON	BUS	HYDE PARK ERRANDS
	9:15-11:30 AM	STUDIO	DRAWING AND PAINTING CLASS
	NOON-1:00 PM	LOUNGE	HEALTHPRO EDUCATIONAL SESSION
	1:00 PM	EAST ROOM	STRETCHING AND MOBILITY
	4:15 PM	EAST ROOM	SHABBAT SERVICE
	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS (P. 9)
SATURDAY			
	8:00 AM-4:00 PM	BUS	RELIGIOUS TRANSPORTATION
	11:00 AM-NOON	EAST ROOM	LAURA FENSTER'S OPEN REHEARSAL (P. 13)
	1:30 PM	GAME ROOM	MAH-JONGG
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS (P. 18)
SUNDAY			
	8:00 AM-4:00 PM	BUS	RELIGIOUS TRANSPORTATION
	11:00 AM-NOON	CHAPEL	CHAPEL SERVICE
	1:30 PM	GAME ROOM	CHESS
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS (P. 18)