



MONTGOMERY MESSENGER

The Publication of the Residents of Montgomery Place Retirement Community
5550 South Shore Drive, Chicago, Illinois, 60637

June 2025, Vol. 34, No. 6

Never at a loss for words

<https://montgomeryplace.org/montgomery-messenger/>

A TRIBUTE TO BARBARA WILSON

Barbara Wilson was one of the first residents to join the Painting and Drawing Class, which she attended until a few weeks before she died in April. Barbara Fitzpatrick, the artist who started the class and has taught it for the last ten years, has created a display of Barbara Wilson's artwork in the Studio. The display shows her work using different media, images, subjects, and techniques of drawing that have been taught over the years.

The class is fortunate to have such a gifted teacher. Barbara Fitzpatrick learned her profession as a painter at the Academie de Port-Royale in Paris and the Art Students League of New York. She has had several solo shows in New York and Chicago and for many years taught at the Art Institute of Chicago. In addition to teaching art at Montgomery Place and in her own studio, she is an architect who focuses on the restoration of late 19th century and early 20th century homes in Chicago.

Barbara Wilson enjoyed coming to the class each Friday, where students are gently encouraged to see an object with new eyes, get one's brain out of the way, allow one's hand to follow and create what's truly there—the shapes, shadows, and colors. Fitzgerald is great at encouraging a student to try things out, and Barbara Wilson was eager to experiment.

Please come to the Studio and view the tribute to Barbara Wilson's ten years of learning to see "what is."

If you are interested in learning this approach to drawing, there are openings in the class. It meets each Friday, 9:15 to 10:45 a.m. in the Studio. Call me (I'm a student in the class) at 4638 for more information.

Laurieann Chutis



SAY SOMETHING NICE DAY, JUNE 1

How many of you, growing up, were told, “If you can’t say something nice, then don’t say anything at all”? Was that a response to your reporting on what someone else had said? And was the admonition followed by a request to share the gossip?*

The connection was made at a dinner table conversation here at Montgomery Place and again in the comic strip “Grand Avenue,” (*Chicago Tribune*, May 15, 2025) in which the granddaughter says, “You’ll never guess what (the neighbor) just said to her husband.” Grandmother replies, “You know the saying! If you can’t say something nice...” then pats the seat next to her and continues, “Now take a seat and fill me in on all the lurid details.”

National Say Something Nice Day, with a rather different intent, was proclaimed in 2006 by Mayor Keith Summey of North Charleston, South Carolina, recognizing the efforts of Dr. Mitch Carnell. Dr. Carnell, author of *Say Something Nice: Be a Lifter at Work* a book emphasizing the value of “kind communication,” had proposed a day devoted to this activity. Mayor Summey nationalized the celebration. On June 1 (and presumably on other days as well), one is encouraged to reach out to others in a positive way. Think of how you feel when you’re greeted, by name by someone at the Front Desk with “good morning,” or thanked for holding the elevator.

You can create those feelings in others by purposeful expressions of gratitude, greeting, appreciation. Saying “good morning” to a stranger on a morning walk can create a congenial atmosphere. And

even *hearing* “have a nice day,” if it’s said with warmth and sincerity, can give one a lift.

So: On June 1, greet the Front Desk personnel (preferably by name) with “good morning” or “good afternoon.”* Wish someone waiting for transport “good luck” with their errands or doctor’s appointment. Smile and say “hi” to the child across from you on the bus. Wave “go ahead” to someone with one or two items in the grocery line. Pet the dog that comes bounding up to you and say “hello” to the owner. Put an arm around the recently bereaved friend and say how sorry you are. Compliment a fellow resident on a new haircut or attractive sweater. Thank the servers in the Dining Room and the drivers and all the staff of Montgomery Place as they make your day brighter and easier and more interesting. Make everyone’s day nice by something you say.*

*According to the “Happiness” issue of the May 4, 2025 *NY Times Magazine*, extending yourself in this way not only will brighten (we hope) someone else’s day but will, through the act of connecting, make you happier as well.

Anna Mary Wallace



OUT AND ABOUT

As always, sign up in the trip book for all the events you wish to attend. Transportation is provided to these events at no extra charge. The times listed are the departure time. “Tickets required” means you are responsible for obtaining your own tickets. If you need help contact Marisol at 4546.

◆ Friday, June 6, 12:30 p.m. At Orchestra Hall, Randall Goosby performs Florence Price’s Second Violin Concerto on a program with Prokofiev’s enchanting Seventh Symphony and the suite from *Die Meistersinger von Nürnberg*. Mark Elder conducts. Tickets required.

◆ Saturday and Sunday June 7 and 8, 1 p.m. The 57th Street Art Fair is the oldest juried art fair in the Midwest, showcasing up to 200 artists and their original works. In its 78th year, the 57th Street Art Fair is a beloved

community event. The fair features artists from all over the country, live blues music on the Buddy Guy’s Legends stage, hands-on children’s activities, and a variety of delicious fare from food trucks.

◆ Sunday, June 8, Chicago Opera Theatre, 2 p.m. Everyone has heard of Rosa Parks, but she wasn’t the first to refuse to move. *She Who Dared* celebrates the women whose courageous resistance in Montgomery, Alabama ignited a movement and led to the historic Supreme Court ruling in *Browder v. Gayle*, which declared bus segregation unconstitutional and transformed their acts of defiance into a decisive legal victory for equality and justice. *She Who Dared* brings to life how everyday people have the power to challenge the systems around them and effect tangible change—if only they dare. Tickets required.

◆ Sunday, June 8, 2 p.m. The Chicago Symphony Piano Series presents a recital by Víkingur Ólafsson creating a journey through the music of Bach, Beethoven, and Schubert, highlighting the connections between these composers across generations. Tickets required.

◆ Wednesday, June 11, 5:30 p.m. The Grant Park Concerts open the season with Frank’s *Three Latin American Dances*, Gershwin’s *Rhapsody in Blue*, and de Falla’s Suites from *The Three-Cornered Hat*. Free.

◆ Thursday, June 12, 1 p.m. The Lincoln Park Conservatory. This indoor conservatory features greenhouses with tropical displays, divided into four areas: the Palm House, the Fernery, the Orchid House, and the Show House. Built in the late 19th century, the site quickly became an attraction in Lincoln Park. While it houses several permanent exhibits, it also features many seasonal ones. Free.

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CONTRIBUTORS THIS ISSUE

Editor: Paula Givan

Contributors: Barbara Asner, Lois Baron, Roberta Bernstein, Barbara Dwyer, Laurieann Chutis, Gretchen Falk, Natalie Goldberg, Joyce Mannis, Stan Moore, Richard Muller, Jay Neal, Sheri Steinberg, Fran Vandervoort, Diane Wallace, Anna Mary Wallace

Staff Contributor: Mark Mullahy

Calendars: Barbara Dwyer

Layout: Carolyn Allen

Production: Marisol Fernandez

Editor Next Month:

Natalie Goldberg



Out & About from p. 3

◆ Friday, June 13, 12:30 p.m. At Orchestra Hall, Estéban Batallán, the CSO's principal trumpet since 2019, makes his debut as a soloist with the Chicago Symphony Orchestra with a pair of concertos. Riccardo Muti frames the program with Joseph Haydn's Symphony no. 48 and Schubert's Haydn-inspired *Tragic* Symphony. Tickets required.

◆ Saturday, June 14, 11 a.m. "No Kings" rally at Daley Plaza. This is a nationwide day of mass mobilization against authoritarian excesses and corruption. It is a day to say no crowns, no thrones, no kings. It is Flag Day. See "Montgomery Place Acts!" on page 7.

◆ Saturday, June 14, 1 p.m. The Joffrey Ballet presents *Alice's Adventures in Wonderland*. Plunge down the rabbit hole into the fantastical world of Wonderland. Things get curiouseer and curiouseer as Alice traverses a mysterious realm of instantly recognizable characters: the high-strung Queen of Hearts, the entrancing Caterpillar, and the tap-dancing Mad Hatter at his bizarre tea party. Tickets required.

◆ Saturday, June 21, 6:30 p.m. Riccardo Muti and the Chicago Symphony Orchestra and Chorus are joined by a thrilling quartet of international singers to perform Verdi's *Requiem*. They deliver a masterful blend of passion and precision. Muti and the Chicago Symphony Orchestra and Chorus are two-time Grammy award winners for their recording of Verdi's *Requiem*. Tickets required.

◆ Wednesday, June 25, 5:30 p.m. The Grant Park Orchestra and the Imani Winds perform Vaughan's *Fantasia on a Theme by Thomas Tallis*, Valerie Coleman's *Phenomenal Women*, and Mozart's Symphony no. 31, *Paris*. Free.

◆ Monday, June 30, noon. Lunch outing at 5 Rabinitos on 53rd Street. For years Hyde Parkers traveled to Pilsen to enjoy Mexican food at 5 Rabinitos. Now we can travel to 53rd Street to enjoy a thoughtful assortment of tacos, tortas, and regional Mexican dishes. The menu also offers a generous selection of vegetarian options. This restaurant is small, so we are limited to 12 residents. There will be a waiting list.

Barbara Dwyer, Chair, Activities Committee



JUNE BIRTHDAYS

6/1	Steven Press
6/2	Jonathan Alperin
6/6	Richard Reed
6/12	Masseline Fluker
6/12	Mary Griffin
6/13	Jim Lenz
6/19	Evemarie Moore
6/23	Joyce Mannis
6/24	Chuck Bernstein
6/26	Marifran Carlson
6/28	Laura Fenster
6/29	Lucille Sider
6/30	Arlene Rubin

NEW ARRIVALS

Carolyn and Milan Schmidt moved into apartment 915 (phone 4158) on January 1, 2025. Milan (rhymes with Smilin') was born in Conneaut, Ohio and grew up in Mt. Healthy, South Carolina. Milan was an only child. His parents divorced when he was 13, and he then spent his summers with his father in Birmingham, Alabama and Monroe, Louisiana, where his father taught college. His father was a chemist and pharmacologist. After the divorce, his mother went back to college and then taught primary school. As a kid Milan loved hiking, camping, and playing in a creek. He enjoyed Boy Scout trips.

Milan went to college in Clemson, South Carolina where he was in a special preprofessional program that allowed him to go to medical school after two years in college plus summer school. He attended medical school at the University of South Carolina in Charleston. Milan said he loved to study.

He met Carolyn in his final year of medical school when mutual friends invited her to join them at dinner. They married just before Milan started his internship and residency in family practice at a medical center in Macon, Georgia.

Carolyn was born in Buffalo, New York and grew up in suburban Kenmore. She had an older sister and brother and a younger sister. Her father was a chemist and a dentist, and her mother was a chemist. Her parents were both outdoor people. Her father was a skater and a Boy Scout leader, and her mother was a swimmer. The family went camping and Carolyn once went on a Boy Scout camping trip. The family went to Canada to fish, hike,

and sail. Carolyn also went to art galleries for art lessons.

Carolyn went to Wells College in New York, majoring in biology. She did a lot of lab work in college and got an internship to do lab work at the Rosell Park Institute. After college she was a research assistant in immunology at the University of South Carolina in Charleston. After two years there she met Milan, and they married about a year later and soon had a baby girl.

During Milan's residency in Georgia, Carolyn said they lived in a house without air conditioning. The humid summers were very uncomfortable especially after their first child was born. Later they had a second daughter.

They were very happy to move to Farmington, Minnesota after Milan finished his residency. The only problem was they moved with two little kids during a snowstorm and power outage—on Halloween! After living in various towns in southern Minnesota, where Milan was in family practice, they settled in Montgomery, Minnesota for 25 years. The local newspaper was called the *Montgomery Messenger*.

Carolyn started as a lay minister in Georgia in the Episcopal church, and continued in Minnesota. She studied at the United Seminary in Brighton, Minnesota one day a week for five years, and then studied full time for the priesthood. The family moved to Virginia for two years so she could attend the Virginia Seminary in Alexandria, Virginia. Back in Minnesota, Carolyn had a small church. She established ministry teams for small congregations and started a seasonal workers program in Montgomery.



In 2011 Carolyn retired and they moved to Grand Marias, Minnesota, near the Canadian border on Lake Superior, where Milan worked in a community health center. He was on the board of Care Partners, a group that provided various home and support services. They love the area for hiking and canoeing. Milan also enjoys cooking and hopes to perfect his pie crust now that he has retired.

Carolyn's hobbies include knitting, weaving, and gardening. They both enjoy spending time with their two dogs, Marjorie and Bessie. They enjoy the outdoors and are excited to explore all of Chicago's waterfront.

They moved to Montgomery Place because their younger daughter Rebecca lives in Hyde Park. She does statistics for an educational research company. Her husband is a high school teacher. Their other daughter, Matline, lives in Singapore where her husband does computer analysis for a company. They have 10-year-old twins, a boy and a girl.

Milan and Carolyn are spending the summer back in Grand Marias. Milan is still on the hospital board there. They will be back here in the fall.

Welcome to Montgomery Place. We look forward to your return.

Gretchen Falk

RUMMAGE SALE END OF JULY!

During June many residents are getting their gardens in order. Others are just moving in and getting settled. They need time to decide what to donate to the sale. This is a good time for all of us to take another look in the closets and dresser drawers to see what we do not use that could be a great treasure at the sale. All items are welcomed as long as they are clean and not broken.

Please patiently keep your donations stored for another month until I notify you when to call Marisol at 4565 to have staff pick up the smaller items. Large items (furniture, TVs, beds) will be moved to the East Room on the day of the sale.

Call me at 4638 about those large items so that I can notify staff at the start of the sale. I have already learned about large items such as a queen-size bed headboard and mattress, a china cabinet, and a two-seater oak spindle bench!

If you would like to volunteer to staff the three-day sale, sign up on the list posted on the bulletin board.

Laurieann Chutis, Coordinator, Rummage Sale



June is bustin' out all over!

MONTGOMERY PLACE ACTS!

Many of us at Montgomery Place have become anxious and discouraged about the state of our politics following the 2024 presidential election, and eager to find something effective we can do to help protect our democracy and combat political extremism up and down the ballot. But what? What to do can seem elusive.

I belong to a local chapter of Indivisible, a nationwide grassroots advocacy movement, one of whose guiding action goals is to increase voter turnout in key elections through strategically focused efforts directed at potential voters who don't vote regularly. Last year we gathered to write preprinted, hand-addressed letters encouraging the recipients (in nonpartisan language) to vote, and which we personalized by adding a few heartfelt sentences of our own. Several residents asked me to organize a letter writing campaign here at Montgomery Place, and I did. Not surprisingly, many of us want to resurrect such voter turnout activities, to respond as best we can to the current situation and in preparation for the primary election season beginning in early 2026.

Eleanor Littman, who was very active in Indivisible in California, arrived at this very moment and is eager to add *writing postcards*, as well as letters, to prospective voters, since they have an impact similar to letters but are also appropriate for a more wide-ranging audience. Eleanor, Sheri Steinberg, Mary Naftzger, and I discussed ways to expand opportunities for Independent Living residents to participate in voter outreach by creating a new resident activity—Montgomery Place *Acts!*—which will engage in periodic outreach campaigns, learn about other efforts in Chicago and across the country, all this right here at Montgomery Place.

The local Indivisible chapter we worked with in 2024—*Indivisible Chicago/South Side*—is eager to provide guidance and technical assistance as needed, while respecting our independence in selecting outreach and education programs.

Our first meeting is scheduled for Wednesday June 11, from 1 to 2:30 p.m., in the Lounge, with meetings continuing every other week on Wednesdays on an ongoing basis. On June 11 Lois Baron will help us make signs to carry at the “No Kings” rally June 14 in Daley Plaza, which some of us are planning to attend.

Come check us out; any and all are welcome! We think you'll find this new action activity interesting and inspiring, a perfect way for older people to get involved, make a distinct and effective contribution to increasing voter turnout, and thus help protect our democratic way of life.

Joyce Mannis



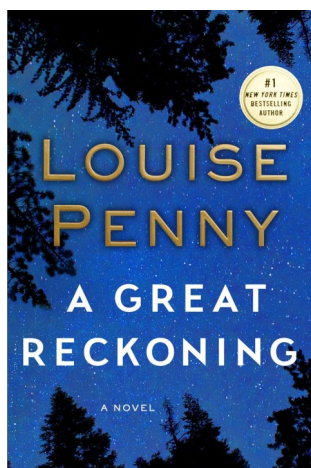
BOOKLOVERS GROUP

Our June selection is *A Great Reckoning*, the twelfth brilliant and emotionally powerful novel in the Inspector Gamache series by Louise Penny. We have secured ten copies of the book from the Blackstone Library and those registered with the federal Talking Books program will get a tape or download of the book.

We enjoyed Penny's first Armand Gamache novel so much that we chose to read another in the series. Gamache accepts a job as the head of the Sûreté, the school where cadets train. The story revolves around the discovery of a map in Three Pines, which leads Gamache and his team to uncover a hidden history of the town and its connection to an infamous cartographer. It also delves into Gamache's efforts to reform the police academy, where corruption and abuses of power are rife.

A Great Reckoning was the Goodreads Choice Award Nominee for Readers' Favorite Mystery and Thriller (2016).

Louise Penny has won a CWA Dagger and the Agatha Award (seven times) and was a finalist for the Edgar Award for Best Novel in 2017. She received the Order of Canada for her contributions to Canadian culture.



Join us on Monday, June 30, at 3 p.m. in the East Room to discuss this book and get a copy of the book for next month.

Laurieann Chutis,
Coordinator, Booklovers



*Seated: Lois's great-grandmother
Anna Kjaisa.
Standing: Grandmother Betty.*

ANNA KJAISA AMUNDSOTTIR

Anna Kjaisa was my great-grandmother and now I'd like to visit her, though she died in 1936, the year after I was born. Her youngest daughter Betty was my grandmother, who emigrated to *Amerika*, where she had my mother, Bertha Linnea Johnson, in Superior, Wisconsin.

Kjaisa, as she was called, was born in the village of Ameliden, in the Parish of Lerdal, southern Sweden, in 1854 and was buried in Lerdal cemetery when she died. She spent all her life in that area; I am only now becoming aware of how remarkable that life was.

Erick Erickson, a historian in the town of Ameliden, related the story to my cousin Ted, who visited the area. Pieces are missing, but recent discussions between Ted, another cousin, and me have stimulated interest in completing the puzzle.

Kjaisa's father, Amund Persson, was the largest landowner in Ameliden. He had a son, Anders Magnus, who died. Upon Amund's death his property went to Kjaisa's husband, Jonas Anderson, because women could not own property at that time in Sweden. We have no marriage records for Kjaisa and Jonas, so we don't know how and when this transaction was made.

Kjaisa and Jonas had three daughters, Anna Kristina in 1876, Hilma Emilia in 1878, and Betty in 1881. Jonas excelled at drinking and gambling and squandered all the family assets except the house. Having completed his work, Jonas sailed to *Amerika* in 1881, three months after Grandma Betty was born. As far as we know, he never came back.

Destitute, with three young daughters, Kjaisa charged expenses for food, clothing, and necessities at a local store. She was allowed to accumulate a very significant balance until one day, the store owner demanded payment in cash or her house.

Jonas was located in Centralia, Wisconsin. Whether he had any money we don't know, but he owned the house and he signed a letter turning the house over to the store owner. This left Kjaisa homeless with three daughters. She became a ward of the church and was given a small cottage called a *stuga*. It was a one-room, rustic affair with a large open fireplace in one corner for heat and cooking. Whether the girls were still at home

we don't know, but they were sent out to work as maids when they were old enough.

Kjaisa lived in the cottage the rest of her life. Erickson said she made good waffles. Another man who knew her when he was a boy remembered that she knitted socks and mittens for the ten children in his family. In return they always made sure she had enough to eat. The *stuga* had been built on a sliver of land that still has a small marker reading "Kjaisa's Stuga" because it was moved after it was sold.

Erickson gave Ted a copy of the legal transaction Jonas made with the store owner, with Jonas's letter disenfranchising Kjaisa. We had hoped that many of the unknowns would be found in these beautiful, Magna Carta-like documents. Ted had them reviewed by someone at the Genealogy Center at the Swedish American Museum. They are in an archaic script but hold no secrets. It was just the legal transaction in which Jonas agreed to let Kjaisa sell her own house to pay her bills.

May Kjaisa and her daughters rest in peace.

Lois Baron



Kjaisa's Stuga

EXCHANGE

Among institutions targeted by the Trump administration for curtailment or extinction are state department educational and cultural exchanges like the Fulbright program. I was beneficiary of two Russian teacher exchanges, one to study at Moscow State University and one to teach English in high schools in Moscow and Saint Petersburg. As a high school teacher I also attended summer seminars at Bennington, Dartmouth, Reed, and the University of California at Santa Barbara sponsored by organizations like the National Endowment for the Humanities, also a target. In the exchange, we hosted Lida Korolkova, a Russian teacher of English in Moscow, who taught my Russian classes for a few weeks at Rich Township High School.

From the Peking Hotel in Moscow I made my way to Special School #6. Corridors were in chaos, with busy Ping-Pong tables

and boisterous chatter, a marked contrast to the halls of Rich Township High School, where silence prevailed and you dared appear during classes only with a signed yellow pass. But once the Russian classroom doors shut, all was decorum, with students standing when the teacher entered and when reciting lessons. A version of Mark Twain's *The Prince and the Pauper* was staged for my benefit as a visiting American teacher.

Among my Russian students, Andrei and Petya were the most vocal. Andrei, an artist, was impressed by a traveling exhibit of Van Gogh. I came away with the gift of one of his Van Gogh-like still lifes, and I wondered what I could leave him in exchange. Before capitalism emerged to put a monetary price on everything, barter prevailed. Reciprocal gift-giving, a mark of friendship, survived. My gift was verses addressed to Andrei and his comrades:

*The Kremlin in a storm: snow upon fir and marble stair,
Strut of boot and stir of star
And white gusts visited upon the bulbs of Basil's, grown a stone flower in the Square.*

*The clamor in the hall,
All voices hushed to hear the classroom Pauper come a Prince and call
His guards to free a captive woman with his wit and start a tear from Mark Twain's countryman.*

*Bent with white shawl, the peasant trees, snow-bowed toward the mitred dead,
The rowanberry red, against the Convent gold,
The wall of Novodevichy witness to the ducks and gliding swans by black-shawled women fed:*

*Take leave of this? Let tongue be still:
Let eager hands and the afflicted eye that praised Van Gogh and watched his own wall fill
Or the ear that caught the last measure of Bach's cantata*

*Say goodbye to the stranger murmuring Hamlet and Ishmael, startling Turgenev on the wall
And sampling the caviar, and passing at midnight hour
The storm of Basil's flower*

Stan Moore

HUG YOUR CAT [IF THEY LET YOU] DAY, JUNE 4

Hug your Cat Day is June 4 every year. The origins are sketchy, but it seems to date from the 1980s, and the purpose is clear. At first, the goal of this gallery was to present the cats of Montgomery Place and their humans “celebrating” Hug Your Cat Day. However, I discovered that quite a few MP cats don’t *appreciate* being hugged, though they are delighted with other forms of human attention and love. Photographers were another matter! We had to rely on family albums for some of our pictures. I learned how important cats are to their people: “They are good company.” “They keep me from being lonely.” “They are pure fun.”

For this project I tried to reach all of the cats living here, but was unable to connect with everyone. Apologies to anyone who was missed.

Diane Wallace

Yori ChunkyBunny (Diane Wallace)



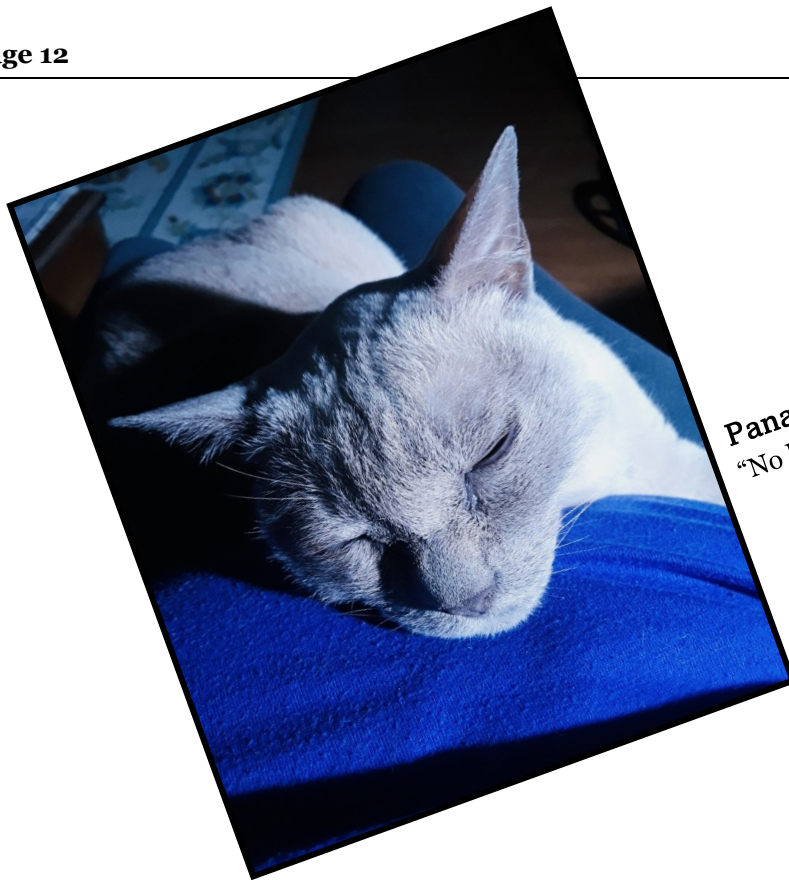
“You really think you can win a staring contest with a cat?”



Kismet (Chester Perkowski)
“Yes, I know I’m beautiful. I enjoy human attention anyway.”



Xena Warrior Princess
(Arlene Rubin)
“Ask Arlene about my birth name. They made me change it when I came to MP!”



Panama Jack III (Lucille Sider)
 “No human can begin to imagine my dreams.”

According to researchers from the University of Kent in Canterbury, England, living with a cat (or dog) to snuggle correlated with an increase of 3 to 4 points (on a 7-point scale) on how satisfied people were with their lives—the same range as being married or making \$90,000 or more per year.



Nadia and Darius (David Fleer)

Nadia: “Humans are interesting. I just don’t want to sit on them.”

Darius: “My human gives very good cuddles.”

Fiona (Anne Seiden)

“I know it’s a windowsill liner; I am prettier than any flowers.”



Poppy
(Fran Vandervoort)



"Someone should be rubbing this tummy."

Prustin is the German word for the "Vruup" sound many cats make. Fran Vandervoort, who has had cats since childhood, claims that one of her cats says it, quite clearly. We don't know if the cat is saying it in English or German.

Contrary to popular belief, there are few "cat people" or "dog people" at Montgomery Place. Almost all the cat owners love dogs; many gave up having dogs only because they are now apartment dwellers.



Tip (Fran Vandervoort)

"Yes, I do know how this rug shows off my beautiful tail tip."



Whisper and Sophie
(Sherry & John Bowen)

"We have called you here to explain yourselves."



Siobhan (Anne Seiden)

"My coloration is sooo impressive on this rug and next to this white ottoman."

MMM—MARK'S MONTGOMERY MOMENTS

Here Comes Summer! June is here—and with it summertime in the Northern Hemisphere! As we embrace longer days and warmer evenings (including the longest day of the year, June 20, at the summer solstice), folks in the Southern Hemisphere are pulling out scarves and coats as they head into winter. What a beautiful reminder of how connected yet diverse our world truly is.

This month also brings a personal milestone—my first official Chicago summer. I've been told that summer traffic in Chicago is somehow even worse than the rest of the year. I didn't think that was possible...but I'm about to find out! As the season shifts, bringing warmth and energy, we also continue moving forward in our journey through the core values of Montgomery Place. Each month, we focus on one value that shapes the heart of our community, and this month, we turn to dignity—a value that lies at the center of everything we do.

Living Our Values: Dignity

Dignity is more than a principle; it is a daily practice, woven into each interaction, each decision, and each moment of care. It begins with respect—treating one another with kindness, actively listening, and honoring each person's unique story.

It reminds us of the inherent worth every individual carries. Regardless of age, background, or ability, every person is valuable simply because they are human. Dignity calls us to see that value and to reflect it back with compassion and grace. We uphold dignity when we respect each person's right to make choices and lead their own life. We honor it by acting with integrity, ensuring our actions match our words, and by empowering others to live with confidence and purpose.

Dignity thrives in a culture of inclusion, where everyone feels they belong. And it is nurtured through grace—the patience, gentleness, and understanding we extend to each other, especially in challenging times.

At Montgomery Place, dignity isn't just a word—it's how we care, how we lead, and how we live together. As we welcome the warmth and renewal of summer, let us also renew our commitment to treating every person—residents, family members, and staff—with the dignity they so deeply deserve. Let's continue to make this community a place where dignity is not only valued, but visible in all we do. Here's to a summer full of light, laughter, and a deeper sense of connection—with one another, and with the values that make Montgomery Place a place we're proud to call our Place.

Warmly,

Mark Mullahy, CEO

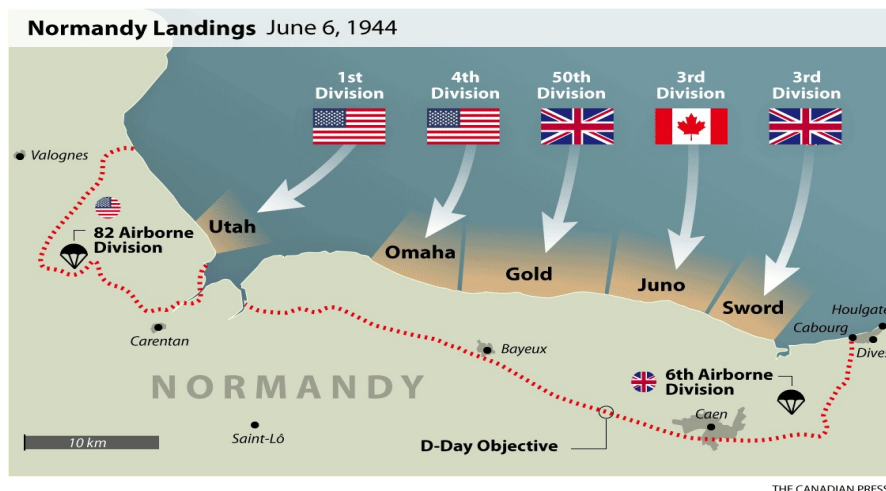
D-DAY, VE-DAY, AND MY FAMILY

A year ago, on June 6, 2024, Americans and most Europeans celebrated the 80th anniversary of D-Day, the day the allied forces of the US, Canada, and England crossed the English Channel and climbed up the cliffs of the beaches in Normandy, where they began attacking the German armies that had occupied it and terrorized the French people for more than three years. The allies were ultimately successful in liberating that part of France, marking the beginning of what would become, a year later, the total liberation of France and Belgium. This year, on May 8, we celebrated the 80th anniversary of VE-Day, marking the end of WWII in the European Theatre.

These anniversaries have profound meaning to me and my family, for my father served as a medic in the US Army Medical Corps during WWII, stationed in military hospitals

in Normandy and later in Ciney, Belgium. Like most WWII soldiers, he never talked about his experiences, but in 2004, long after his passing, my sister and I found a box of his letters in the basement of his house. After reading and transcribing these memorable letters, my sister and I published them, as numerous other children of veterans were doing. In April, 2018, our book was published: *Somewhere in France: The World War II Letters of Sam Lesner*. My eldest son, Edward, contributed a set of audio tapes that he had made in 1986 for a high school history project: the oral history of his grandfather, which included additional lengthy descriptions of his war years, including both the 1944 D-Day landing in Normandy and V-E Day in 1945.

The D-Day landing began on June 6, 1944 and was followed by successive landings of more troops. In September my father's battalion in the Medical Corps moved across the channel to provide medical help to the many injured soldiers. They crossed the channel the same way the D-Day troops had done on June 6. They boarded a splendid ship to make the crossing, climbed down the side of the ship, jumped into a huge landing barge, and rode to shore in a stinging spray of salt water. The barge rode right onto the beach and they piled out on a scene of desolation. They climbed down the same ladder, rode the same barge, and struggled up the same beach as the June 6 D-Day landers. They went up over Utah Beach close to Omaha Beach, tramping through the water and onto the beaches, to Carentan in Normandy where they established the 130th General Hospital.



By October, the medics of the 130th had stabilized the wounded soldiers of the D-Day invasion and the hospital moved to Ciney, Belgium where the Nazi invasions had intensified, leading up to the Battle of the Bulge in December 1944. Following that dreadful event, the allied forces, in conjunction with the Russian army, intensified their efforts, resulting in the Nazis' total defeat, which was proclaimed on May 8, 1945.

Though regrettably I could not join her, my sister, Judy Lesner Holstein, went to France and joined a cruise to Normandy to celebrate the 80th anniversary of V-E Day. I vicariously experienced this joyful experience which she shared with me:

We found a small museum in a 19th century private mansion owned by a banker and his wife, who amassed a grand collection of Italian art and furnishings. As we came up from the metro stop, a man noticed us checking our map. He asked us our destination and fell into step beside us to escort us to the museum. I said I hoped people in Chicago would be as friendly as he. He said he'd been to Chicago five times and thought it was beautiful. Then he thanked us, Americans, for saving France in WW II. It was such a warm and lovely exchange, 80 years after liberation.

Roberta Bernstein

PIANO PLEASURE

It is not uncommon to hear praise for our grand piano; some pianists have insisted it is third best in the city. Piano students from the University of Chicago, who gave a recital in the East Room May 4, commented on its action, its reliability, and the ease of playing the high notes, especially as their practice pianos have such hard resistance. Their concert included a range of classical music from Mozart to Shostakovich, with moments of legato to some very quick finger work required by Schubert and Chopin. The clarity and depth of tone delighted us.

We've all been entranced by Laura Fenster's Saturday morning practice sessions. Laura has her own wonderful piano in her apartment, but she says that the Montgomery Place piano is even better than hers. She explained that it holds its tuning for a considerably long time. She, too, finds the action excellent.

Such praise is unsurprising. In 1997 our piano was sent for reconstruction to Steinway and Sons in New York. The piano was disassembled, received a completely new action and a new sounding board, and was restrung, revoiced, and refinished. A concert pianist in New York inspected our piano before work was declared completed, and she gave the inaugural concert in the East Room in 1998.

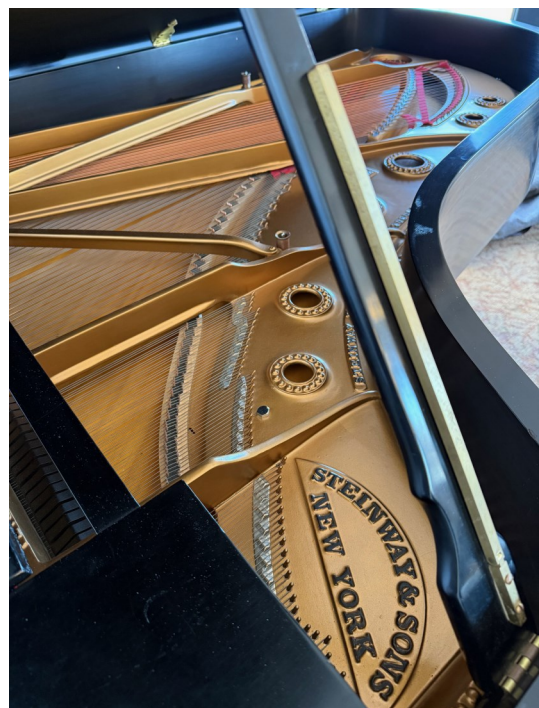
Why not purchase a new piano rather than reconstruct an old instrument? Our piano is a rare Model C, which is no longer manufactured. It was built in New York in 1921. The second largest of Steinway's grand pianos, the Model C is often referred to as the "semi-concert grand." It retains much of the power and tone of a concert grand piano while fitting nicely in smaller spaces. It has a rich bass and clear treble.

How did this rare piano come to live at Montgomery Place? Maria Piers, an

acclaimed specialist in child development, brought her large, out-of-repair Steinway when she moved to Montgomery Place in 1992. The East Room, which had no piano, became its home. Another resident and jazz pianist, Clyde Hutchinson, said, "We oughta get this thing fixed." John Rust, a pathologist and nonmusician but happy listener, agreed. A planning committee was quickly established with these two men and their wives. When Maria Piers died, her heirs were offered \$10,000 for the piano and Montgomery Place residents donated the necessary funds for the reconstruction. A brass plaque on the wall near the piano lists the contributions as a memorial to Jane West Hutchinson and Emogene Hyde Rust.

Hewson Swift, founder of our Wednesday music series, was one of the major contributors, and he continued to monitor the piano for the rest of his life. No one could put a cup or dish on it and it was carefully maintained. These days, resident Allen Lang reminds residents that no cups or dishes, no books or computers, no briefcases or bags belong on our piano. We have a rare instrument to value.

Natalie Goldberg



NOT THE MINUTES OF THE MAY 15, 2025 RESIDENTS' COUNCIL MEETING

Note: This is a personal summary of the main issues raised in the meeting and is not to be confused with any official statement or document.

All members of the Council except Stuart Rankin were present. Scott Williamson of the Board and Mark Mullahy were also present.

Helen described her difficulties in getting a nurse to give her a COVID test—it took an inordinately long time. Several days later she called the nurse's office but received a message that the mailbox was full. She called again and got the same message. Apparently, this is a common experience. Mark said part of the problem is with our internal phone system, and that repairing it is a first priority.

Paula asked Mark about the dining dollars results for April. He said there were some mistaken charges, which will be refunded in the next billing. Soon, there will be a flat delivery charge available for residents who frequently order meal delivery. The administration is going to introduce three meal plans, beginning on July 1: a standard plan; a plan with fewer dining dollars than standard, with a financial rebate; and a plan with more dining dollars than standard, at an extra charge.

Gretchen raised the problem of having therapy sessions in the exercise room while residents are exercising. Mark said the administration is rearranging the use of some rooms and equipment. Life Care at Home will have an office in the basement, and the former dentist's office will become available when the dental chair is removed. Residents should report any time when they are unable to use equipment because of therapy in the exercise room.

Becky reported that the city is going to do a traffic study to consider speed bumps in 56th

Street, and possibly making 56th Street one way. She has been trying to get in touch with Alderman Yancy to find out when the study will take place.

Mark reported that the U of C Hospitals are offering virtual urgent care. If you want advice from a doctor, call the Senior Center any time to get urgent care. When the Center is closed, your call will be relayed to a doctor. Mark also said that the Center is beginning to make house calls in emergencies.

Richard Muller

HEWSON SWIFT CONCERTS

Hewson Swift concerts are presented on Wednesdays at 7:15 p.m. in the Lounge and on Channel 4.1. Join us for an hour or more of wonderful music on CD or DVD.



- ♦ June 4, Barbara Asner presents *In the Footsteps of Mahler*, a film about the composer's life and music. DVD. 55 minutes.
- ♦ June 11, Barbara Asner presents Mendelssohn's piano trio with Itzhak Perlman, Yo-Yo Ma, and Emanuel Ax. CD. 1 hour.
- ♦ June 18, Barbara Asner presents Mahler's Symphony no. 5. Chicago Symphony Orchestra, Sir Georg Solti conductor. CD. 1 hour 6 minutes.
- ♦ June 25, Fran Vandervoort presents "Brailowsky Plays Virtuoso Showpieces: Liszt, Debussy and Shubert." Alexander Brailowsky, pianist. CD. 1 hour 18 minutes.

If you would like to share your recorded music on a Wednesday evening, please contact Barbara at 4618 or Fran at 4396.

*Barbara Asner and Fran Vandervoort, Co-chairs,
Hewson Swift Concerts*

JUNE FILMS

Film Committee selections are shown each Monday, most Thursdays, and most weekends in the Lounge and on Channel 4.1. Many films benefit from viewing in the Lounge on the big screen. All Film Committee movies start at 7:15 p.m. The Film Committee meets the first Thursday of each month in the Game Room at 2 p.m. This month the theme for weekend movies is courtroom dramas.



Monday Films

- ◆ June 2, *Trading Places*, 1983. An American comedy starring Dan Aykroyd, Eddie Murphy, Ralph Bellamy, Don Ameche, Denholm Elliott, and Jamie Lee Curtis. An upper-class commodities broker (Aykroyd) and a poor street hustler (Murphy) cross lives when they are unwittingly made the subjects of an elaborate bet to test how each man will perform if their life circumstances are swapped. 1 hour.
- ◆ June 9, *Rhapsody in Blue*, 1945. A biography of composer and musician George Gershwin. Robert Alda stars as Gershwin. 2 hours 30 minutes.
- ◆ June 16, *The Penguin Lessons*, 2024. A comedy-drama starring Steve Coogan and Jonathan Price. A disillusioned Englishman finds his life transformed after he rescues an orphaned penguin from an oil slick. The penguin won't leave him and the nation is divided under a dictatorship. 1 hour 52 minutes.
- ◆ June 23, *The Room Next Door*, 2024. Tilda Swinton and Julianne Moore star in the story about the relationship between two close friends as one faces the prospect of ending her life because of terminal illness. 1 hour 47 minutes.
- ◆ June 30, *The Departed*, 2006. A crime thriller directed by Martin Scorsese, set in Boston, starring Leonardo DiCaprio, Matt Damon, Jack Nicholson, and Mark Wahlberg. 2 hours 30 minutes.

Thursday Documentaries

- ◆ June 5, *Chicago Stories: Al Capone's Bloody Business*, 2024. During Prohibition in Chicago, infamous mobster Al Capone built his empire. His gang became a sprawling criminal empire, often embattled in bloody conflicts. 56 minutes.
- ◆ June 26, *The Martha Mitchell Effect*, 2022. A Netflix documentary centered on Watergate whistleblower Martha Mitchell, a cabinet wife who was gaslit by the Nixon administration in an attempt to keep her silent. Starring Martha Mitchell. 40 minutes.

Thursday Foreign Language Film

- ◆ June 12, *Z*, 1969. A thinly fictionalized account of the assassination of democratic Greek politician Grigoris Lamrakis in 1963. The film stars Jean-Louis Trintignant as the investigating magistrate, an analog of Christos Sartzetakis, president of Greece from 1985 to 1990. 2 hours 7 minutes.

Weekend Themed Films:

Courtroom Dramas

We are showing a theme film on every night of the weekends because there are so many great courtroom dramas. We hope you agree.

- ◆ June 7, *The Road to Perdition*, 2002. Tom Hanks, Paul Newman, Jude Law, Jennifer Jason Leigh, Stanley Tucci, and Daniel Craig star. Set in 1931, the film follows a mob enforcer and his son as they seek vengeance against a mobster who murdered the rest of their family. 2 hours.
- ◆ June 8, *Judgment at Nuremberg*, 1961. An epic Stanley Kramer legal drama with Spencer Tracy, Burt Lancaster, Richard Widmark, Maximilian Schell, Werner Klemperer, Marlene Dietrich, Judy Garland, William Shatner, and Montgomery Clift. A fictionalized version of the Judges' Trial of

1947 centering on questions of individual and collective responsibility for the Holocaust. 3 hours 6 minutes.

♦ June 14, *Amistad*, 1997. A historic drama directed by Steven Spielberg, based on the events in 1839 aboard the Spanish slave ship *La Amistad*. Mende tribesmen abducted for the slave trade gain control of their captors' ship off Cuba. An international legal battle follows their capture by a U.S. revenue cutter. Morgan Freeman and Matthew McConaughey star. 2 hours 30 minutes.

♦ June 15, *Philadelphia*, 1993. A legal drama about attorney Andrew Beckett (Tom Hanks) who asks a personal injury attorney, Joe Miller (Denzel Washington), to help him sue his former law firm, which fired him after discovering he was gay and had AIDS. 2 hours 6 minutes.

♦ June 21, *Primal Fear*, 1996. A legal mystery starring Richard Gere, Laura Linney, John Mahoney, Alfre Woodard, Frances McDormand, and Edward Norton. A Chicago-based defense attorney believes his client, an altar boy, is not guilty of murdering a Catholic bishop. 2 hours 10 minutes.

♦ June 22, *Adam's Rib*, 1949. A romantic comedy starring Spencer Tracy and Katharine Hepburn as married lawyers who come to oppose each other in court. Judy Holliday co-stars. 1 hour 41 minutes.

♦ June 28, *The Verdict*, 1982. Paul Newman stars as a down-on-his luck alcoholic lawyer in Boston who accepts a medical malpractice case, initially to make money, then discovers while working the case that he is doing the right thing and serving justice. 2 hours 9 minutes.

♦ June 29, *The Trial of the Chicago 7*, 2020. A historical legal drama about the Chicago Seven, a group of anti-Vietnam War protesters charged with conspiracy and crossing state lines with the intention of inciting riots at the 1968 Democratic National Convention in Chicago. 2 hours 10 minutes.

Your Suggestions

We invite your suggestions for films you would like to see. Come to a committee meeting at 2 p.m. on the first Thursday of the month or send a Wikipedia listing to any member of the committee: Lois Baron, Natalie Goldberg, Becky Kruse, Allen Lang, Joyce Mannis, Susan Meschel, Doris Smith, Bernie Strauss, Gina Volpe, Helen Wolkow. Suggestions for other days and times should be directed to Marisol Fernandez.

Lois Baron for the Film Committee



NEW LIBRARY BOOKS

Purchased

- ♦ Nancy Johnson, *People of Means*.
- ♦ Mary L. Trump, *Too Much and Never Enough*. Donald Trump's upbringing, by one of his nieces.

Donated

- ♦ Robert Harris, *Munich*.

Richard Muller, Chair, Library Committee

IN MEMORIAM

Flora Alderman
Susan Hamburger
Peter Jan Page
Jon Rosner
Brenda Star

BUNKER HILL 250 ON JUNE 17

Bunker Hill 250 is the title given to a constellation of events commemorating the Battle of Bunker Hill 250 years ago—June 17, 1775. Events in and around Charlestown, a separate town in 1775 but now part of Boston, include a parade and a reenactment. This battle, which we lost, marks the beginning of the American experiment in self-governance. As we think about our current political climate, it is worth reflecting on how we started. It began with a demand for representation. The response was military occupation.

A year before the Declaration of Independence, 15,000 troops from Massachusetts, Connecticut, New Hampshire, and Rhode Island assembled in the Boston area. Their goal was to prevent the 5000 or more British troops stationed in Boston from making further inroads and perhaps, when enough heavy artillery and ammunition had been collected, to drive them from the city. The British won a Pyrrhic victory and the colonists discovered they could hold their own against superior forces.

At the time, Boston was a peninsula extending into the Boston harbor. In Charlestown, Breed's Hill and Bunker's Hill lay a quarter of a mile from north Boston. Dorchester Heights was a quarter of a mile from south Boston. British ships controlled the Boston harbor and the navigable Charles River.

On the evening of June 16, about 800 Massachusetts and 200 Connecticut troops, under the command of Col. William Prescott of Massachusetts, were detached to fortify the higher of the two hills. By some error, Prescott fortified Breed's Hill, which, though nearer Boston than Bunker's Hill, not only was lower but could be more easily surrounded by the British. Prescott and his men had completed a redoubt (dirt fort) on the

Bunker Hill 250

top of Breed's Hill (now commonly called Bunker Hill) by the time they were discovered by the British at daybreak on the 17th. Despite a cannon attack from British men-of-war in the harbor and from a battery on Copp's Hill in north Boston, the colonists were able to further strengthen their position.

A detachment of 2,300 British troops under General Howe was sent to remove the colonists; the first advance was pushed back, but the colonists ran out of ammunition and were overwhelmed. Charlestown was torched by the British in the course of the battle, and 450 colonists were killed, wounded, or captured. The British killed or wounded totaled 1,054, including 89 officers. Their heavy losses convinced the British to halt their advance to Dorchester Heights south of Boston.

When General George Washington took command of the colonial army and had collected enough heavy guns and ammunition to threaten Boston, he was able, in March 1776, to seize and fortify Dorchester Heights without opposition and to compel the British to evacuate the town and harbor.

The Bunker Hill monument, an obelisk, marks the area where most of the fighting took place. Archeological digs surround the monument to reveal more about the military engagement.

Natalie Goldberg



FRIDAY NIGHT SPEAKERS

The Friday Night Speakers program has been a tradition at Montgomery Place for years. We invite you to attend the following Fridays at 7:15 p.m. in the East Room.

♦ June 6, Peter Martinez and Cynthia Barron will be introduced by Fran Vandervoort. Peter organized and trained parent and community groups in minority communities and brought people together to create the 1988 Chicago School Reform Act. He also cofounded and was Director of Coaching in the Doctoral Urban Principal Preparation Program at UIC. Cynthia is the Clinical Assistant Professor and Co-coordinator of the UIC EdD Urban Education Leadership Program. She has been a high school and elementary school principal as well as in charge of 26 high schools in the Chicago Public Schools. They will speak on “Public School Principals—The Key to Societal Equity at Scale.”

♦ June 13, Philip Willink, introduced by Fran Vandervoort, is an academic researcher with the Illinois Natural History Survey. He has a PhD in biology from the University of Michigan and has worked with the Shedd Aquarium, Field Museum, and other institutions in the life sciences, biodiversity, environmental education, and conservation. His talk is on “Lake Michigan and Its Fishes.”

The next committee meeting will be on Thursday, June 12 at 11 a.m. in the Game Room. Please join us and share your ideas about possible speakers. It's not too soon to think about speakers for the 2025-26 season. Please consider friends and acquaintances who might have something

interesting to say about their careers, hobbies, or lives.

Speakers Committee members Barbara Baker, Laurieann Chutis, Taria Houvouras, David Lebowitz, Peter Martinez, Stan Moore, Chester Perkowski, Sheri Steinberg, Bernie Strauss, and Fran Vandervoort will be happy to hear your ideas.

Sheri Steinberg for the Friday Night Speakers Committee



DINING COMMITTEE

Mary O'Connor and Drew Deering, Regional Director of Operations for Unidine, led the May Dining Committee meeting, which was mostly positive. There were a lot of positive comments about Mother's Day from the delicious food offerings to the excellent service provided by the waitstaff. Memorial Day was discussed.

Daniel is the new prep cook. Josh is our Dining Services Manager. Mary is looking for a new Front of the House (including the Café) manager. With full staffing, Chef Oscar will be able to work on new specials. Grab and Go in the Café is projected to go into effect shortly.

Reminder: Please use the kiosk suggestion box when it becomes available. Comment on positive or negative experiences. Re dining bills: look at your statements by the 25th of each month so any discrepancies can be resolved by the end of the billing cycle.

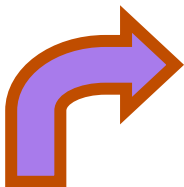
The June Dining Committee meeting will be on Wednesday, June 11 at 2:15 p.m. in the East Room.

Jay Neal, Chair, Dining Committee

SPECIAL EVENTS IN



FRIDAY	6	12:30 PM	BUS	CSO, ELDER, GOOLSBY, AND PRICE (P. 3)
		7:15 OM	EAST ROOM	FRIDAY NIGHT SPEAKERS PETER MARTINEZ AND CYNTHIA BARRON (P. 21)
SATURDAY	7	1:00 PM	BUS	57TH STREET ART FAIR (P. 3)
SUNDAY	8	1:00 PM	BUS	57TH STREET ART FAIR (P. 3)
		2:00 PM	BUS	CSO PIANO SERIES, VIKINGUR ÓLAFSSON (P. 3)
		2:00 PM	BUS	CHICAGO OPERA THEATRE, <i>SHE WHO DARED</i> (P. 3)
WEDNESDAY	11	5:30 PM	BUS	GRANT PARK CONCERT, <i>RHAPSODY IN BLUE</i> (P. 3)
THURSDAY	12	ALL DAY	LOBBY	LAST DAY TO  FOR RESIDENTS' COUNCIL
		1:00 PM	BUS	LINCOLN PARK CONSERVATORY (P. 3)
FRIDAY	13	12:30 PM	BUS	CSO, MUTI AND ESTEBAN BATALLAN, (P. 4)
		7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER PHILIP WILLINK (P. 21)
SATURDAY	14	11:00 AM	BUS	"NO KINGS" AT DALEY PLAZA (PP. 4, 7)
		1:00 PM	BUS	JOFFREY BALLET, <i>ALICE'S ADVENTURES IN WONDERLAND</i> (P. 4)
SUNDAY	15	NOON-1:30 PM 2:00-3:30 PM	DINING ROOM	FATHER'S DAY LUNCH (TWO SEATINGS)
SATURDAY	21	6:30 PM	BUS	CSO, MUTI CONDUCTS VERDI'S <i>REQUIEM</i> (P. 4)
WEDNESDAY	25	5:30 PM	BUS	GRANT PARK CONCERT, MOZART'S SYMPHONY NO. 31, <i>PARIS</i> (P. 4)
MONDAY	30	NOON	BUS	LUNCH OUTING, 5 RABINITOS (P. 4)



PLEASE NOTE: Any event listed on pages 23 and 24 without a specific date or dates occurs on that day of the week every week. Events listed with specific dates occur on those dates only.

REGULAR EVENTS IN JUNE

M/W/F	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
M/F	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
T/Th	1:30-2:30 PM	THIRD FLOOR	WELLNESS CLINIC
M/W/F	11:00 AM	EAST ROOM	TONE IT UP!
T/Th	11:00 AM	FITNESS STUDIO	FLEX AND FLOW
M/F	1:00 PM	SHAWN'S PLACE	STRETCH AND MOBILITY
T/Th	1:00 PM	POOL	WATER AEROBICS
MONDAY			
	10:00 AM-NOON	BUS	HYDE PARK ERRANDS AND SHOPPING
2	1:00 PM	GAME ROOM	DRAMA GROUP
	1:30 PM	EAST ROOM	YOGA
9, 23	2:30 PM	GAME ROOM	SCRABBLE
2, 16	3:00-4:00 PM	EAST ROOM	TOWN MEETING
30	3:00-4:00 PM	EAST ROOM	BOOKLOVERS GROUP (p. 8)
	7:15 PM	LOUNGE/CH 4	FILM COMMITTEE MOVIE (p. 18)
TUESDAY			
24	9:30 AM-NOON	THIRD FLOOR	AUDIOLOGIST
3	10:00 AM	EAST ROOM	ACTIVITIES COMMITTEE
	10:30 AM	EAST ROOM	BALANCE AND MOBILITY
	11:00 AM	ZOOM	MEDITATION (LAURIEANN CHUTIS)
	11:00 AM	LLLC	FLUIDITY AND MOVEMENT
	11:00 AM	EAST ROOM	TAI CHI
	1:00-3:00 PM	CAFÉ	TECHNICAL ASSISTANCE
	2:00-3:00 PM	EAST ROOM	CURRENT EVENTS
	3:30-4:30 PM	LOUNGE	WINE AND CHEESE
3	7:15-8:15 PM	EAST ROOM	SINGALONG
24	7:15 PM	EAST ROOM	SHORT STORY GROUP
WEDNESDAY			
	10:00 AM -NOON	BUS	HYDE PARK ERRANDS AND SHOPPING
	10:15-11:00AM	EAST ROOM	MEDITATION WITH SHAWN
11	10:00-11:00 AM	LIBRARY	LIBRARY COMMITTEE
	10:45 AM-NOON	GAME ROOM	HYDE PARK BANK
	11:00 AM	CHAPEL	BIBLE STUDY
	1:00-2:00 PM	FITNESS STUDIO	BALANCE AND MOBILITY
4, 18	1:00-2:00 PM	EAST ROOM	RACE RELATIONS
11, 25	1:00 PM-2:30 PM	EAST ROOM	MONTGOMERY PLACE <i>ACTS!</i> (pp. 4, 7)
	2:00 PM	CHAPEL	ROMAN CATHOLIC COMMUNION SERVICE
4	1:00-2:00 PM	LOUNGE	WELLNESS LECTURE

11	2:30 PM	EAST ROOM	DINING COMMITTEE (P. 21)
	7:15 PM	LOUNGE	HEWSON SWIFT CONCERTS (P. 17)
THURSDAY			
	10:00 AM	BUS	MARIANO'S SHOPPING
	10:00 AM-NOON	APARTMENTS	TECHNICAL ASSISTANCE; CALL FRONT DESK FOR APPOINTMENTS
	10:00-11:00 AM	SHAWN'S PLACE	ADVANCED BALANCE TRAINING
5	11:00 AM-NOON	GAME ROOM	MESSENGER PLANNING MEETING
	11:00 AM	EAST ROOM	YOGA
12	11:00 AM	GAME ROOM	FRIDAY NIGHT SPEAKERS COMMITTEE (P. 21)
26	NOON	DINING ROOM	RESIDENTS' BIRTHDAY LUNCH
5, 19, 26	1:00 PM	EAST ROOM	CULINARY CORNER
5	1:30 PM	LOUNGE	MAH-JONGG
12, 19, 26	1:30 PM	GAME ROOM	MAH-JONGG
5	2:00 PM	GAME ROOM	FILM COMMITTEE (P. 18)
26	3:15 PM	EAST ROOM	ENVIRONMENTAL SERVICES COMMITTEE
	3:30 -4:30 PM	LOUNGE	HAPPY HOUR
19	7:15 PM	EAST ROOM	RESIDENTS' ASSOCIATION MEETING (P. 17)
12	7:15 PM	LOUNGE/CH 4.1	FOREIGN LANGUAGE FILM (P. 18)
5, 26	7:15 PM	LOUNGE/CH 4.1	DOCUMENTARY FILMS (P. 18)
FRIDAY			
6	9:30 AM	BUS	COSTCO SHOPPING
13, 20, 27	10:00 AM-NOON	BUS	HYDE PARK ERRANDS AND SHOPPING
	9:15-11:30 AM	STUDIO	DRAWING AND PAINTING CLASS (P. 1)
	NOON-1:00 PM	LOUNGE	WELLNESS EDUCATIONAL SESSION
	1:00 PM	EAST ROOM	STRETCHING AND MOBILITY
6, 20	1:00 PM	CHAPEL	ADAPTING TO AGING CONVERSATION
	4:15 PM	EAST ROOM	SHABBAT SERVICE
6, 13	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS (P. 21)
SATURDAY			
	8:00 AM-4:00 PM	BUS	RELIGIOUS TRANSPORTATION
	9:00 AM	BUS	61ST STREET FARMERS MARKET
	11:00 AM-NOON	EAST ROOM	LAURA FENSTER'S OPEN REHEARSAL
	1:30 PM	GAME ROOM	MAH-JONGG
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS (P. 19)
SUNDAY			
	8:00 AM-4:00 PM	BUS	RELIGIOUS TRANSPORTATION
	11:00 AM-NOON	CHAPEL	CHAPEL SERVICE
	1:30 PM	GAME ROOM	CHESS
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS (P. 19)