

**JANUARY 2026**

## **SPECIAL EVENTS IN**



FRIDAY	9	11:30 AM	BUS	LUNCH OUTING 5 RABANITOS (P. 3)
		7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER SAMMIE CLARK (P. 3)
SATURDAY	10	11:30 AM	BUS	MET LIVE IN HD, "I PURITANI" F (P. 3)
SUNDAY	11	2:00 PM	EAST ROOM	PRO ARTE STRING QUARTET (P. 3)
WEDNESDAY	14	1:00 PM	BUS	DUSABLE MUSEUM, PARIS IN BLACK (P. 3)
FRIDAY	16	2:00 PM	EAST ROOM	CALLUM SMART, VIOLINIST (P. 14)
SUNDAY	18	1:00 PM	BUS	"STEPPENWOLF THEATRE, "AMADEUS"(P. 3)
		1:00 PM	BUS	CHICAGO OPERA THEATER, "IN AMERICA'S EMBRACE" (P. 4)
		2:30 PM	BUS	UChicago PRESENTS (P. 4)
MONDAY	19	10:00 AM	LOUNGE	AKIBA SCHECHTER STUDENTS MLK SINGALONG
FRIDAY	23	7:15 AM	EAST ROOM	FRIDAY NIGHT SPEAKER SUSAN STOKES (P. 5)
SUNDAY	25	2:00 PM	BUS	CHICAGO SYMPHONY PIANO SERIES (P. 4)
		2:00 PM	EAST ROOM	RECITAL BY U OF C GLEE CLUB (P. 14)
FRIDAY	30	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER ALLEN SECHER (P. 5)
SUNDAY, FEBRUARY 1		1:30 PM	BUS	CIVIC ORCHESTRA AT KENWOOD ACADEMY (P. 4)

## REGULAR EVENTS IN JANUARY

### MONDAY 5, 12, 19, 26

5, 12, 26	9:00AM-12:30PM	BUS	HYDE PARK ERRANDS AND SHOPPING
5, 12, 26	9:30 AM-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
5, 12, 26	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
5, 12, 26	11:00 AM-NOON	EAST ROOM	TONE IT UP!
26	12:30 PM-1:30 PM	GAME ROOM	PLAYREADERS (P. 12)
5, 12, 26	1:00 PM -1:45 PM	SHAWN'S PLACE	STRETCH AND MOBILITY
	1:30 PM-2:30 PM	EAST ROOM	YOGA WITH SARAH
5,19	3:00-4:00 PM	EAST ROOM	TOWN HALL MEETING
26	3:00-4:00 PM	EAST ROOM	BOOKLOVERS GROUP (P. 14)
	7:15 PM	LOUNGE/CH 4	FILM COMMITTEE MOVIE (P. 18)

### TUESDAY 6, 13, 20, 27

	8:00 AM-4:00 PM	BUS	SHUTTLE SERVICE TO U OF C SENIOR CLINIC
27	9:30 AM-NOON	THIRD FLOOR	AUDIOLOGIST DR JAIN (312) 346-1136
6	10:00 AM	GAME ROOM	ACTIVITIES COMMITTEE
	11:00 AM	EAST ROOM	TAI CHI
	11:00-11:25 AM	LLLC	FLEX AND FLOW
	11:00 AM	ZOOM	MEDITATION (LAURIEANN CHUTIS)
	11:30 AM-NOON	LLLC	FLUIDITY IN MOVEMENT
	1:00-1:45 PM	POOL	WATER AEROBICS
	1:00-3:00 PM	CAFÉ	IT TECHNICAL ASSISTANCE
6, 20	1:00 PM -1:30 PM	EAST ROOM	CULINARY CORNER
	1:30-2:20 PM	THIRD FLOOR	WELLNESS CLINIC

### PLEASE NOTE

Any event listed on the Regular Events calendar without a specific date or dates occurs on that day of the week every week. Events listed with specific dates occur on those dates only.

	2:00-3:00 PM	EAST ROOM	CURRENT EVENTS
	3:30-4:30 PM	LOUNGE	WINE AND CHEESE
6	7:15-8:15 PM	EAST ROOM	SINGALONG
27	7:15-8:15 PM	EAST ROOM	SHORT STORY GROUP
<b>WEDNESDAY</b> <b>7, 14, 21, 28</b>			
	9:00 AM-12:30 PM	BUS	HYDE PARK ERRANDS AND SHOPPING
	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
	9:30-7:00 PM	CALL FOR APPT.	MANI/PEDI LISA MARIE 773-960-6490
14	10:00 AM	LIBRARY	LIBRARY COMMITTEE
	10:15-10:45 AM	EAST ROOM	MEDITATION WITH SHAWN
7	11:00 AM	GAME ROOM	MESSENGER PLANNING MEETING
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	11:00	CHAPEL	BIBLE STUDY
	1:00-2:00 PM	SHAWN'S PLACE	BALANCE AND MOBILITY
7, 21	1:00-2:30 PM	LOUNGE	MONTGOMERY PLACE ACTS (P. 11)
28	1:00-2:00 PM	EAST ROOM	RACE RELATIONS
14	1:00-2:00 PM	LOUNGE	WELLNESS LECTURE
	2:00 PM	CHAPEL	ROMAN CATHOLIC COMMUNION SERVICE
14	2:15-3:15 PM	EAST ROOM	DINING COMMITTEE (P. 20)
	7:15 PM	LOUNGE/ CH 4	HEWSON SWIFT CONCERTS (P. 4)
<b>THURSDAY</b> <b>1, 8, 15, 22, 29</b>		<b>NEW YEAR'S DAY 1/1</b>	
8, 15, 22, 29	10:00 AM-NOON	BUS	MARIANO'S SHOPPING
8, 15, 22, 29	10:00 AM-NOON	APPOINTMENTS AT FRONT DESK	IT TECHNICAL ASSISTANCE
8, 15, 22, 29	10:15-10:45 AM	LLLC	ADVANCED BALANCE TRAINING
	11:00 AM-NOON	EAST ROOM	YOGA WITH SARAH
8, 15, 22, 29	11:00-11:30 AM	LLLC	FLEX AND FLOW
8	11:00 AM	GAME ROOM	SPEAKERS COMMITTEE
22	NOON	DINING ROOM	RESIDENTS' BIRTHDAY LUNCH

8, 15, 22, 29	1:00-1:45 PM	POOL	WATER AEROBICS
8, 15, 22, 29	1:30-2:20 PM	THIRD FLOOR	WELLNESS CLINIC
15, 22, 29	1:30 PM	GAME ROOM	MAH-JONGG
8	1:30 PM	LOUNGE	MAH-JONGG
	2:00 PM	GAME ROOM	FILM COMMITTEE MEETING (P. 18)
	2:15 PM	ART STUDIO	WATERCOLOR STUDIO
15	2:30 PM	EAST ROOM	ENVIRONMENTAL SERVICES COMMITTEE
	3:30-4:30 PM	EAST ROOM	HAPPY HOUR
15	7:15 PM	EAST ROOM	RESIDENTS' COUNCIL
15, 29	7:15 PM	LOUNGE/CH 4.1	DOCUMENTARY FILM (P. 18)
1, 8, 22	7:15 PM	LOUNGE/CH 4.1	FOREIGN LANGUAGE FILM (P. 18)

**FRIDAY 2, 9, 16, 23, 30**

9, 16, 23, 30	9:00 AM-12:30 PM	BUS	HYDE PARK ERRANDS AND SHOPPING
	9:15-11:30 AM	ART STUDIO	DRAWING AND PAINTING CLASS
2	9:30 AM	BUS	COSTCO SHOPPING
	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
9, 16, 23, 30	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
9, 16, 23, 30	11:00 AM-NOON	EAST ROOM	TONE IT UP!
9, 16, 23, 30	1:00-2:00 PM	CHAPEL	ADAPTING TO AGING CONVERSATION
	1:00-1:45 pm	Shawn's Place	Stretch & Mobility
	2:00-3:00 PM	EAST ROOM	TAI CHI
	4:15 PM	EAST ROOM	SHABBAT SERVICE
9, 16, 23, 30	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS (P. 5)

**SATURDAY 3, 10, 17, 24, 31**

	8:00 AM-4:00 PM	BUS	RELIGIOUS TRANSPORTATION
	1:30 PM	GAME ROOM	MAH-JONGG
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS (P. 19)

**SUNDAY 4, 11, 18, 25**

	8:00 AM-4:00 PM	BUS	RELIGIOUS TRANSPORTATION
	11:00 AM-NOON	CHAPEL	CHAPEL SERVICE
	1:30 PM	GAME ROOM	CHESS
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS (P. 19)