

SPECIAL EVENTS IN AUGUST

 **NOTE:** If you sign up for a Grant Park concert (July 31, August 7, 12, 14, 23), and you need to cancel, please do so at least a day before the concert, so that we do not have to incur the cost of unnecessary food or even having a driver available when nobody is going.

FRIDAY	JULY 31	5:30 PM	BUS	GRANT PARK CONCERT AT THE HARRIS THEATRE, GERSHWIN'S <i>AMERICAN IN PARIS</i> (p. 4)
FRIDAY	7	1:00 PM	BUS	NATIONAL MUSEUM OF MEXICAN ART (p. 4)
		5:30 PM	BUS	GRANT PARK CONCERT, MOZART'S <i>REQUIEM</i> , (p. 3)
		7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER JEFFREY SKLANSKY (p. 3)
SUNDAY	9	1:00 PM	BUS	BLACK ENSEMBLE THEATRE, <i>MEN OF SOUL</i> (p. 4)
WEDNESDAY	12	5:30 PM	BUS	GRANT PARK CONCERT, DVORAK'S <i>NEW WORLD SYMPHONY</i> (p. 4)
FRIDAY	14	5:30 PM	BUS	GRANT PARK CONCERT, BEETHOVEN'S SYMPHONY NO. 9 (p. 4)
		6:00 PM	BUS	COURT THEATRE SPOTLIGHT READING SERIES, <i>ARE YOU READY TO SMASH WHITE THINGS?</i> (p. 4)
SATURDAY	15	2:00 PM	EAST ROOM	CLASSICAL GUITAR RECITAL BY LAWRENCE M. ZBIKOWSKI (p. 9)
FRIDAY	21	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS THE OAK PARK RAGING GRANNIES (p. 3)
SUNDAY	23	6:00 PM	BUS	SUNDAY IN THE PARK WITH LYRIC (p. 3)
FRIDAY	28	NOON	BUS	LUNCH OUTING, THE NILE (p. 5)
		7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER SUSAN FRICK (p. 3)



NEW POETRY GROUP

Join the new poetry group! The first meetings will be Fridays August 7 and 21 at 3 p.m. in the Game Room. All are welcome!

REGULAR EVENTS IN AUGUST

MONDAY 3, 10, 17, 24

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	12:20 PM	FRONT DESK	WALKING GROUP WITH SHAWN
	1:00-1:45 PM	SHAWN'S PLACE	STRETCH AND MOBILITY
3, 24, 31	1:30-2:30 PM	EAST ROOM	YOGA WITH SARAH
3, 17	3:00-4:00 PM	EAST ROOM	TOWN HALL MEETING
31	3:00-4:00 PM	EAST ROOM	BOOKLOVERS GROUP (P. 5)
	7:15 PM	LOUNGE/CH 4	FILM COMMITTEE FILM (P. 18)

TUESDAY 4, 11, 18, 25

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	8:00 AM-4:00 PM	BUS	SHUTTLE SERVICE TO U OF C SENIOR CLINIC
4	10:00 AM	GAME ROOM	ACTIVITIES COMMITTEE
	10:30-11:00 AM	LLLC	BALANCE AND MOBILITY
	11:00 AM-NOON	EAST ROOM	TAI CHI WITH VENUS
	11:00-11:35 AM	LLLC	FLEX AND FLOW + FLUIDITY
	11:00 AM	ZOOM	MEDITATION (LAURIEANN CHUTIS)
	1:00-1:45 PM	POOL	AQUA AEROBICS (WHEN POOL REOPENS)
	1:00-3:00 PM	CAFÉ	IT TECHNICAL ASSISTANCE (CONTACT FRONT DESK)
4, 18, 25	1:00-1:30 PM	EAST ROOM	CULINARY CORNER
	1:30-2:20 PM	THIRD FLOOR	WELLNESS CLINIC
	2:00-3:00 PM	EAST ROOM	CURRENT EVENTS
	3:30-4:30 PM	LOUNGE	WINE AND CHEESE
4	7:15-8:15 PM	EAST ROOM	SINGALONG
25	7:15-8:15 PM	EAST ROOM	SHORT STORY GROUP

PLEASE NOTE

Any event listed on the Regular Events calendar without a specific date or dates occurs on that day of the week every week. Events listed with specific dates occur on those dates only.

WEDNESDAY 5, 12, 19, 26

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
12	10:00 AM	LIBRARY	LIBRARY COMMITTEE
	10:15-10:45 AM	EAST ROOM	MEDITATION WITH SHAWN
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	11:00 AM	CHAPEL	BIBLE STUDY
	12:20 PM	FRONT DESK	WALKING GROUP WITH SHAWN
5, 19, 26	1:00-2:00 PM	SHAWN'S PLACE	BALANCE AND MOBILITY
12	1:00-2:00 PM	SHAWN'S PLACE	WELLNESS LECTURE
5, 19	1:00-2:30 PM	LOUNGE	MONTGOMERY PLACE ACTS
12, 26	1:00-2:00 PM	EAST ROOM	RACE RELATIONS
	2:00 PM	CHAPEL	ROMAN CATHOLIC COMMUNION SERVICE
12	2:15-3:00 PM	EAST ROOM	DINING COMMITTEE (P. 17)
	7:15 PM	LOUNGE/ CH 4	HEWSON SWIFT CONCERTS (P. 9)

THURSDAY 6, 13, 20, 27

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	10:00 AM-NOON	BUS	MARIANO'S SHOPPING
	10:00 AM-NOON	APPT FRONT DESK	IT TECHNICAL ASSISTANCE
	10:15-10:45 AM	LLLC	ADVANCED BALANCE TRAINING
6	11:00 AM	GAME ROOM	MESSENGER PLANNING MEETING
6, 13, 27	11:00 AM-NOON	EAST ROOM	YOGA WITH SARAH
	11:00-11:35 AM	LLLC	FLEX AND FLOW + FLUIDITY
13	11:00 AM	GAME ROOM	SPEAKERS COMMITTEE (P. 3)
20	NOON	DINING ROOM	RESIDENTS' BIRTHDAY LUNCH
	1:00-1:45 PM	POOL	AQUA AEROBICS (WHEN POOL REOPENS)
	1:30-2:20 PM	THIRD FLOOR	WELLNESS CLINIC
6	1:30 PM	LOUNGE	MAH-JONGG
13, 20, 27	1:30 PM	GAME ROOM	MAH-JONGG
6	2:00 PM	GAME ROOM	FILM COMMITTEE (P. 18)

THURSDAY CONTINUED

	2:15 PM	ART STUDIO	WATERCOLOR STUDIO
20	2:30 PM	EAST ROOM	ENVIRONMENTAL SERVICES COMMITTEE
	3:30-4:30	EAST ROOM	HAPPY HOUR
20	7:15 PM	EAST ROOM	RESIDENTS' COUNCIL (P. 19)
6, 20	7:15 PM	LOUNGE/CH 4.1	FOREIGN LANGUAGE FILMS (P. 18)
13, 27	7:15 PM	LOUNGE/CH 4.1	DOCUMENTARY FILMS (P. 18)

FRIDAY**7, 14, 21, 28****7, 14, 21, 28**

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	9:30-11:30 AM	ART STUDIO	DRAWING AND PAINTING CLASS
7	9:30 AM	BUS	COSTCO SHOPPING
14, 21, 28	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	1:00-2:00 PM	CHAPEL	ADAPTING TO AGING CONVERSATION
	2:00-3:00 PM	EAST ROOM	ADVANCED TAI CHI WITH VENUS
	3:00-4:00 PM	CHAPLAINS' OFFICE	SUPPORT GROUP FOR RESIDENT/CAREGIVERS
7, 21	3:00-4:00 PM	GAME ROOM	POETRY GROUP (P. 21) NEW
	4:15 PM	EAST ROOM	SHABBAT SERVICE
	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS (P. 3)

SATURDAY**1, 8, 15, 22, 29**

	8:00 AM-4:00 PM	BUS	RELIGIOUS & MEDICAL TRANSPORTATION
	10:00 AM	BUS	61ST STREET FARMERS MARKET
15	11:00 AM-NOON	EAST ROOM	YOGA WITH SARAH
	1:30 PM	GAME ROOM	MAH-JONGG
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS: MIRA NAIR (P. 18)

SUNDAY**2, 9, 16, 23, 30**

	8:00 AM-4:00 PM	BUS	RELIGIOUS & MEDICAL TRANSPORTATION
	11:00 AM-NOON	CHAPEL	CHAPEL SERVICE
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS ENCORE (P. 18)