Special Events in November

Sunday	1	1:30 pm	Bus	Remy Bumppo Theater, *Mud Row* (p. 4)
		2:00 pm	Bus	CSO Piano Series, Bruce Liu (p. 4)
Tuesday	3	7:15 pm	Lounge	Election Watch Party
Friday	6	12:30 pm	Bus	CSO, Wagner, Strauss, and Beethoven (p. 4)
		7:15 pm	East Room	Friday Night Speaker Miguel de la Cerna (p. 14)
Saturday	7	2:00 pm	East Room	U of C Piano Students Recital (p. 15)
Monday	9	11:00 am	Bus	Kristallnacht Observance at LTSC (p. 4)
		1:00 pm	Bus	Lunch Outing, Gorée (p. 4)
Friday	13	7:15 pm	East Room	Friday Speakers Kevin & Linda Swanson (p. 14)
Saturday	14	Noon	Bus	Met Live in HD, *Carmen* (p. 4)
Sunday	15	2:00 pm	East Room	U of C Vocal Students Recital (p. 15)
Wednesday	18	1:00 pm	Bus	Lyric Opera, *Don Pasquale* (p. 4)
Friday	20	7:15 pm	East Room	Friday Night Speaker Steve Art (p. 14)
Saturday	21	2:00 pm	East Room	Recorder Concert (p. 15)
Sunday	22	Noon	Lounge	Chicago Bears vs New Orleans Saints
		1:00 pm	Bus	TimeLine Theatre, *Home, I'm Darlin*g (p. 4)
Monday	23	1:00 pm	Bus	Art Institute (p. 4)
Thursday	26	Noon-1:30 pm and 2-3:30 pm		Thanksgiving Dinner
Friday	27	7:15 pm	East Room	Friday Night Speaker Paul Staniland (p. 14)
*N*ednesday, December 2		2:00 pm	Bus	Steppenwolf, *Adirondak Chair Circle* (p. 5)

Regular Events in November

MONDAY	***2, 9, 16, 23, 30***		***Day of the Dead 11/2***
	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
	10:00-11:00 AM	WELLNESS ROOM	WELLNESS CLINIC (ACROSS FROM POOL)
	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	1:00-1:45 PM	SHAWN'S PLACE	STRETCH AND MOBILITY
	1:00-2:30 pm	Art Studio	WATERCOLOR STUDIO
	1:30-2:30 PM	EAST ROOM	YOGA WITH SARAH
2, 23	3:00-4:00 PM	EAST ROOM	TOWN HALL MEETING
30	3:00-4:00 PM	EAST ROOM	BOOKLOVERS GROUP (P. 8)
	7:15 PM	LOUNGE/CH 4	FILM COMMITTEE FILM (P. 19)
TUESDAY	***3, 10, 17, 24***		***Election Day 11/3***
	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	8:00 AM-4:00 PM	BUS	SHUTTLE SERVICE TO U OF C SENIOR CLINIC
3	10:00 AM	GAME ROOM	ACTIVITIES COMMITTEE
	10:30-11:00 AM	LLLC	BALANCE AND MOBILITY
3	11:00 am-Noon	LLLC	Tai Chi with Venus
10, 17, 24	11:00 AM-NOON	EAST ROOM	TAI CHI WITH VENUS
3	11:00-11:35 AM	SHAWN'S PLACE	FLEX AND FLOW + FLUIDITY
10, 17,24	11:00-11:35 AM	LLLC	FLEX AND FLOW + FLUIDITY
	11:00 AM	ZOOM	MEDITATION (LAURIEANN CHUTIS)
	11:00 am-12:30 pm	CAFE	IT Support with Raymond

17, 24	1:00-1:30 PM	EAST ROOM	CULINARY CORNER
	1:30-2:20 PM	THIRD FLOOR	WELLNESS CLINIC
10, 17, 24	2:00-3:00 PM	EAST ROOM	CURRENT EVENTS
10, 17, 24	3:30-4:30 PM	LOUNGE	WINE AND CHEESE
10	7:15-8:15 PM	EAST ROOM	SINGALONG
24	7:15-8:15 PM	EAST ROOM	SHORT STORY GROUP
WEDNESDAY	***4, 11, 18, 25***		***Veterans Day 11/11***
	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
11	10:00 AM	LIBRARY	LIBRARY COMMITTEE
	10:15-10:45 AM	EAST ROOM	MEDITATION WITH SHAWN
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
4, 18, 25	1:00-2:00 PM	SHAWN'S PLACE	BALANCE AND MOBILITY
11	1:00-2:00 PM	LLLC	WELLNESS LECTURE
18	1:00-2:30 PM	LOUNGE	MONTGOMERY PLACE ACTS
11, 25	1:00-2:00 PM	EAST ROOM	RACE RELATIONS
	1:30-2:30 PM	WELLNESS ROOM	WELLNESS CLINIC (ACROSS FROM POOL)
	2:00 PM	CHAPEL	ROMAN CATHOLIC COMMUNION SERVICE
11	2:15-3:00 PM	EAST ROOM	DINING COMMITTEE
4	3:30-4:30 PM	LOUNGE	WINE AND CHEESE
	7:15 PM	LOUNGE/ CH 4	HEWSON SWIFT CONCERTS (P. 18)
THURSDAY	***5, 12, 19, 26***		***Thanksgiving 11/26***
5, 12, 19	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
5, 12, 19	10:00 AM-NOON	BUS	MARIANO'S SHOPPING
5, 12, 19	10:15-10:45 AM	LLLC	ADVANCED BALANCE TRAINING
5	11:00 AM	GAME ROOM	*MESSENGER* PLANNING MEETING

5, 12, 19	11:00 AM-NOON	EAST ROOM	YOGA WITH SARAH
5, 12, 19	11:00-11:35 AM	LLLC	FLEX AND FLOW + FLUIDITY
12	11:00 AM	GAME ROOM	SPEAKERS COMMITTEE

5, 12, 19	11:00 am-12:30 pm	CAFE	IT Support with Raymond
5, 12, 19	11:30 AM	CHAPEL	BIBLE STUDY
19	NOON	DINING ROOM	RESIDENTS' BIRTHDAY LUNCH
5, 12, 19	1:00-2:30 pm	Art Studio	Drawing and Painting Class NEW
	1:30 PM	GAME ROOM	MAH-JONGG
5	2:00 PM	PRIVATE DINING RM	FILM COMMITTEE (P. 19)
19	2:30 PM	EAST ROOM	ENVIRONMENTAL SERVICES COMMITTEE
5, 12, 19, 26?	3:30-4:30	EAST ROOM	HAPPY HOUR
19	7:15 PM	EAST ROOM	RESIDENTS' COUNCIL
	7:15 PM	LOUNGE/CH 4.1	DOCUMENTARY OR FOREIGN LANGUAGE FILM (P. 20)
FRIDAY	***6, 13, 20, 27***		
	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
6	9:30 AM	BUS	COSTCO SHOPPING
13, 20, 27	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
	9:30-11:30 AM	ART STUDIO	DRAWING AND PAINTING CLASS
	10:00-11:00 am	WELLNESS ROOM	WELLNESS CLINIC (ACROSS FROM POOL)
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	1:00-2:00 PM	CHAPEL	ADAPTING TO AGING CONVERSATION
	2:00-3:00 PM	EAST ROOM	Advanced TAI CHI WITH VENUS
	3:00-4:00 pm	CHAPLAINS' OFFICE	SUPPORT GROUP FOR RESIDENT/CAREGIVERS
6, 20	3:00-4:00 pm	Game Room	Poetry GROUP
	4:15 PM	EAST ROOM	SHABBAT SERVICE

	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS (P.14)
SATURDAY	***7, 14, 21, 28***		
	8:00 AM-4:00 PM	BUS	RELIGIOUS & MEDICAL TRANSPORTATION
7, 14, 21	10:00 AM	Bus	61st Street Farmers Market
	1:30 PM	GAME ROOM	MAH-JONGG
28	3:00-4:00 PM	EAST ROOM	YOGA WITH SARAH
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS (P. 20)
SUNDAY	***1, 8, 15, 22, 29***		***Daylight Saving Time Ends 11/1***
	8:00 AM-4:00 PM	BUS	RELIGIOUS & MEDICAL TRANSPORTATION
	11:00 AM-NOON	CHAPEL	CHAPEL SERVICE
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS ENCORE (P. 20)