



IN THE GARDEN

MONTGOMERY MESSENGER

The Publication of the Residents of Montgomery Place Retirement Community
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Never at a loss for words

<https://www.montgomeryplace.org/newsletter>

ANNE FRANK: THE EXHIBITION

The Anne Frank exhibit currently at the Griffin Museum of Science and Industry reminds us of the tragic life of this talented girl. She wanted to be a published writer, and she started her diary with that in mind. She was 13 years old when she received this favorite birthday gift. She called her diary Kitty and confided her dreams as well as the inevitable disputes and tensions that came from living in hiding for two years. It's a record of the indomitable human spirit.

On July 15, 1944, she wrote, "I face life with an extraordinary amount of courage. I feel so strong and capable of bearing burdens, so young and free!" Anne started revising her diary for publication when she learned that the Dutch government wanted records of how people fared during the war. She never got to complete her revisions. Records show that she, along with everyone in the Secret Annex, was transported to Auschwitz on September 3, 1944. Anne died February 1945, months before liberation. She was 15 years old.

My niece Bonnie, who lives in New Zealand, remembers being in the library with her young daughter to find materials for a school project. They were discussing a report due on Anne

Frank, when a woman who overheard their conversation said, "You know the diary is fiction. Anne Frank never lived." My niece was shocked and didn't know how to respond. But the Nazis kept good records, and Anne was indeed a real girl, vulnerable and vital. Everything of value from the Secret Annex was taken but Anne's papers and diaries were left scattered on the floor.

Why should you see this exhibit? Will it make you cry? I would say no. You start with the Frank family history with artifacts and photos of family life during the 1930s. I was surprised to learn that Otto Frank had interned at Macy's Department store in New York.

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Recreation of a room in the Secret Annex

Anne Frank from p. 1

Anne's early life was ideal. When Germany passed laws limiting Jewish life, Otto moved his family to Amsterdam where he had several businesses. His brothers moved to Boston, but he was unable to get visas to the United States. Once the Nazis ruled the Netherlands, Otto moved his family to a secret annex behind the warehouse of his business. They were joined by four more people and for two years were helped by Christian friends.

The exhibit gives the context of the Frank story. An audio guide explains what you are seeing. Many photos that you see were taken at great risk. (Members of the Dutch underground hid cameras in baskets or jackets. People were arrested when they were discovered.) Visitors walk through a replica of the Secret Annex. Furnishings are similar to what they had; the originals were all taken. Finally, visitors see the impact of the diary. There were plays and films about Anne Frank. I was most impressed by the lineup of more than 70 translations of Anne's diary. Anne's dream of being a famous writer ironically came true.

Natalie Goldberg

MARK'S MONTGOMERY MOMENTS

As I sat down on July 16 to write my Montgomery Moments for August, I thought about my drive in to work. The sky over Chicago had a hazy appearance, the result of smoke drifting hundreds of miles from the wildfires burning across Canada. It was a sobering reminder that events happening far away can still touch our lives in unexpected ways.

As I looked at the haze, my thoughts turned to the people living where those fires are burning. If we could see and smell the

effects all the way here in Chicago, what must it be like for those who were facing the fires firsthand? What were they experiencing? What were they feeling as they watched their communities threatened and wondered what tomorrow would bring?

At moments like these I reflect on the many trials people have faced throughout history. I've watched movies about war, but I have never lived through one. I've read about the Great Depression, but I've never experienced the uncertainty of wondering where the next meal would come from or whether there would be work tomorrow. Every generation has faced its own challenges—wars, economic hardship, natural disasters, and personal loss.

When we look back at those who endured these difficult times, one quality stands out above all others: resilience.

Resilience is more than simply surviving hardship. It is the ability to keep moving forward when life becomes difficult. It is choosing hope over despair, courage over fear, and faith over doubt. It is in life's greatest challenges that character is shaped, strength is discovered, and compassion for others is often born.

One of the things I admire most about the Montgomery Place community is the resilience I see every day. Many of you have lived through events that younger generations know only from history books. You have experienced seasons of uncertainty, celebrated victories, overcome disappointments, and found the strength to begin again. Those experiences have given you wisdom that cannot be taught—it can only be earned.

Your resilience is an inspiration. It reminds all of us that while we cannot always control the challenges life brings, we can choose

how we respond to them. Every obstacle overcome becomes part of our story, strengthening not only ourselves but also those around us.

As we move through the month of August, may we remember that difficult seasons do not last forever. The smoke that clouds today's sky will eventually clear, just as the storms in our own lives eventually pass. What remains is the character we build, the hope we hold onto, and the resilience that carries us forward.

Thank you for sharing your stories, your wisdom, and your strength. Together, they make Montgomery Place not just a community, but a place where resilience is lived every day.

Mark Mullahy, CEO



FRIDAY NIGHT SPEAKERS

The Speakers Committee schedules speakers on topics including history, the sciences, politics, and the arts. We cordially invite you to attend the speakers' presentations in the East Room on most Friday evenings at 7:15 p.m. Check the postings in elevators for reminders and for speakers scheduled after the publication of the *Messenger*.

♦ August 7, Jeffrey Sklansky, PhD, introduced by Ellie Littman. Title: "How Retirement Funds Transformed Work and Wealth in Modern America." Jeffrey specializes in the intellectual and social history of capitalism and will discuss the relationship between pension funds, labor unions, retirees, caregivers, and Wall Street.

♦ August 21, Oak Park Raging Grannies, introduced by Pete Dowd. The activist singing group of senior women uses humorous and satirical lyrics set to popular tunes such as "The Battle Hymn of the Republic" to protest violations of the Constitution by, among others, Trump, Homeland Security, and ICE, and the nullification of voting and reproductive rights, environmental protections, and ethical norms.

♦ August 28, Susan Frick, LMSW, introduced by Rona Strahilevitz. Title: "What We Have Learned about Memory and Prevention of Dementia." Susan is with the Rush Alzheimer's Disease Center that has been conducting a Memory and Aging Project for more than 29 years.

Pete Dowd, Co-chair, Friday Night Speakers Committee

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Natalie Goldberg



OUT AND ABOUT

Sign up in the trip book for all the events you wish to attend. The times listed are the departure times. Please be prompt and come at least five minutes before the bus is scheduled to leave. “Tickets required” means you are responsible for obtaining your own tickets.

If you sign up for a Grant Park concert, and you need to cancel, please do so at least a day before the concert, so that we do not have to incur the cost of unnecessary food or even having a driver available when nobody is going.

♦ Friday, July 31, 5:30 p.m. Harris Theater. Kedrick Armstrong conducts the Grant Park Symphony performing Gershwin’s *An American in Paris*. The program also includes Samuel Coleridge-Taylor’s *Violin Concerto* and Duke Ellington’s *The Three Black Kings*. Free.

♦ Friday, August 7, 1 p.m. The National Museum of Mexican Art and Culture. “Images of Faith” was the museum’s inaugural exhibition in 1987. This new presentation revisits and expands that vision, embracing not only Catholic traditions but also the spiritual principles of ancient Mesoamerican societies and present-day Indigenous communities. The exhibition explores timeless existential questions: creation and origin stories, beliefs about the afterlife, concepts of time and the cosmos, pilgrimages, and sacred landscapes. Free.

♦ Wednesday, August 7, 5:30 p.m. Pritzker Pavilion. Giancarlo Guerro conducts the Grant Park Symphony in Mozart’s *Requiem*. The program also includes John Corigliano’s *Symphony no. 1*. Free.

♦ Sunday, August 9, 1 p.m. The Black Ensemble Theatre presents *Men of Soul*, a musical journey featuring some of the greatest soul singers of all time. It depicts the struggles of these men, and the strength it took for them to find their soul. Featuring the music of Ray Charles, Luther Vandross, Lionel Richie, Jeffrey Osbourne, Peabo Bryson, Joe Cocker, a tribute to Bill Withers, and others. Tickets required.

♦ Wednesday, August 12, 5:30 p.m. Pritzker Pavilion. Giancarlo Guerrero conducts the Grant Park Orchestra in Dvořák’s *New World Symphony*. The program also includes John Adams’s *Short Ride in a Fast Machine* and Philip Glass’s *violin concerto no. 1*. Free.

♦ Friday, August 14, 5:30 p.m. Pritzker Pavilion. Giancarlo Guerrero conducts the Grant Park Orchestra and Chorus in Beethoven’s *Symphony no. 9*. The program also includes Julia Wolf’s *Liberty Bell*, and Michael Daugherty’s *Mount Rushmore*. Free.

♦ Friday, August 14, 6 p.m. Court Theatre’s Spotlight Reading Series presents *are you ready to smash white things* at the Rubenstein Forum. This memory play centers on Esther, a young woman experiencing displacement while trapped in an attic as her father, the Doctor, hosts a raging party downstairs. Playwright Ireon Roach examines the inner workings of family trauma and systemic confinement. The play serves as an unflinching scratch at the surface of how marginalized people laugh in the face of pain, and it explores the raw realities of the Black experience. Tickets required.

♦ Sunday, August 23, 6 p.m. Lyric Opera presents *Sunday in the Park* with Lyric at the Pritzker Pavilion in Millennium Park. Artists from The Patrick G. and Shirley W.

Ryan Opera Center perform a variety of selections with Lyric's music director Enrique Mazzola and members of the Lyric Opera Orchestra. Free.

♦ Friday, August 28, noon. This month's lunch outing is at The Nile, a longtime family restaurant in Hyde Park. The menu has Middle Eastern standards like falafel, shawarmas, and shish kebabs, plus "Steak in a Sack," which features sauteed onion and thinly sliced steak in tangy sauces, stuffed into a pita with mayo and tomato and served with housemade potato chips. There is outdoor seating, weather permitting.

Barbara Dwyer, Chair, Activities Committee

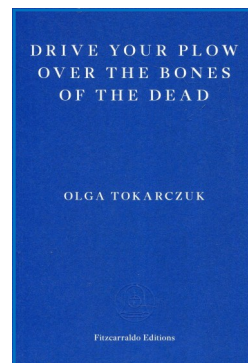
AUGUST BIRTHDAYS



8/2	Sandra Thompson
8/6	Ruth Knack
8/8	Barbara Gardner
8/9	Regi Sigler
8/18	Gretchen Falk
8/18	Mary Lee Greenlee
8/20	Phoebe Johnson
8/21	Astrid Mack
8/21	D. Maria Neighbors
8/22	Lois Baron
8/22	David Light
8/23	Beverly Tinsleya
8/23	Pat Wilkerson
8/25	Bob Hartfield
8/25	Terry Kilbane
8/27	Linda Swanson
8/28	Deanna Pearson Brown
8/30	Joyce O'Connor

BOOKLOVERS

Our selection for August is *Drive Your Plow Over the Bones of the Dead*, a novel by Olga Tokarczuk who was awarded the Nobel Prize for literature in 2018. It is an existential thriller and murder mystery set in a remote Polish village, narrated by an eccentric animal-loving woman who investigates the strange deaths of local hunters. Inspired by William Blake's poetry, the book explores themes of animal rights, justice, sanity, and hypocrisy, blending a crime story with philosophical questions about humanity's place in the natural world.



It is the *New York Times* Readers Pick: 100 Best Books of the 21st Century, and was long-listed for the 2019 National Book Award for Translated Literature. Annie Proulx says, "Extraordinary. Tokarczuk's novel is funny, vivid, dangerous, and disturbing, and it raises some fierce questions about human behavior. My sincere admiration for her brilliant work."

Olga Tokarczuk is noted for the mythical tone of her writing. A clinical psychologist from the University of Warsaw, she has published a collection of poems, several novels, and books of shorter prose. Her books have been translated into almost forty languages, making her one of the most translated contemporary Polish writers.

Come to our meeting on Monday, August 31 at 3 p.m. in the East Room to discuss this book and get a copy of the book for September.

*Laurieann Chutis, Coordinator,
Booklovers Group*

NEW ARRIVALS

Isobel Neal moved into apartment 1109 (phone 4636) on May 8, 2026. She was born in Manhattan and grew up in Brooklyn. She completed two years of college at the University of Michigan in Ann Arbor, where she met her future husband, Earl Neal, an attorney. She returned to New York and finished college, with a BS in history and a minor in social work, at NYU. Isobel and Earl married after her graduation.

They settled in Chicago and Isobel began working with foster home placement. After a couple of years, she began teaching in the Chicago Public Schools. She taught at Mason, Shakespeare, and Beethoven elementary schools for ten years, including a two-year break when her son Langdon was born. Then for an additional ten years she taught homebound students who had physical disabilities.

Isobel took a sabbatical in California after Langdon started college. She earned a master's in archaeology from University of California, Santa Barbara. She retired from CPS and taught adult education classes in African prehistory at Northwestern's Center for American Archaeology and at the Field Museum. She got involved with numerous cultural institutions.

In 1984, as she chaired the annual Black Creativity exhibit at the Museum of Science and Industry, she found herself wondering who represented these wonderful artists when it wasn't Black History Month. The answer turned out to be, usually, nobody. So, she opened the Isobel Neal Gallery at 200 West Superior. Over ten years she showed the work of more than 100 Black artists, some solo shows and many shows of two or three artists. She says no two days were ever alike and she never had to find an artist.

Isobel and Earl were avid boaters and they had a vacation home in Kiawah, South Carolina, for a while, which was her retreat during the gallery years. After Earl died in 2005, she did a lot of traveling, and has wonderful memories of China, the Emirates, Qatar, Syria, the African west coast, Egypt, Turkey, Estonia, and Sweden. She has served on many boards and committees. Highlights include the Casablanca Committee of Chicago Sister Cities International, and serving as a trustee of the Art Institute.

Isobel is very pleased with Montgomery Place; she's found many friendly people who have done interesting things. And guess what really attracted her when she was checking out Montgomery Place? The art in the corridors!

Paula Givan

Constance Markey moved into apartment 413 (phone 4037) on May 22, 2026. Connie, as she prefers to be called, was born and raised in Waukesha, Wisconsin. As a child, she became fascinated with all things Italian after hearing the tenor and movie actor Mario Lanza sing. Her father encouraged her to learn Italian and her mother encouraged her to go into nursing, so she did both.

Connie studied Italian at Rosary College (now Dominican University). While married and with two small children, Connie pursued nursing and became a head nurse at Rush Hospital in Chicago.

Later, with the encouragement of the Italian faculty at Rosary College, she was accepted into the master's program in Italian literature at the University of Chicago. Following the completion of her MA, she pursued a PhD in



Italian at the University of Illinois, Urbana-Champaign. She and her second husband, Dr. William Markey, lived downstate with her two kids where Connie completed her PhD in 1980.

Connie's academic career included teaching Italian and Italian literature at Loyola University and DePaul University. She taught Italian for about 30 years at DePaul where she coordinated study abroad and acted as head of the Italian section. Connie is also known for her literary criticism and for her personal acquaintance with the Italian postmodernist writer Italo Calvino, detailed in her book *Italo Calvino: A Journey Toward Postmodernism*. She has written many scholarly articles and numerous reviews for the *Chicago Tribune* on various European authors.

Her love of Italian language and culture has influenced her three children and eight grandchildren, many of whom speak Italian and travel to Italy often. Her daughter Anne is a photojournalist, her son Will is a computer programmer, and her younger daughter Lia is an art historian who works at the Newberry Library. Her husband Bill and her two daughters join her to dine at Montgomery Place and at nearby restaurants often.

Since Connie moved to Montgomery Place, she has looked for Italian names in the resident directory. She hopes there are other residents with whom she can share her passion for Italian language and culture.

Eleanor Littman

Linda and Kevin Swanson moved into apartment 612 (phone 4398) on May 4, 2026. Kevin was born in Minnesota and grew up in California on the San Francisco Peninsula near an airport. In high school, he found a job there, started flying, and became a pilot at age 16.

Linda and Kevin met when they were freshmen at Simpson College, a liberal arts school in San Francisco. Linda, who was from the Pacific Northwest, became interested in sharing Kevin's life of service in remote areas of countries in South America. Their education and training took them to Tennessee, where their son and daughter were born. The son is a pastor in Hyde Park; his wife teaches at Akiba Schechter Jewish Day School, and they have two sons. After 20 years of living in Asia, their daughter and son-in-law, a retired Army colonel, moved to Camano Island, Washington. She is an adjunct professor at Seattle Pacific University.

When Kevin and Linda finished their education and preparation in California, they moved their young family to Costa Rica for seven months of language school, before settling in southern Venezuela. They worked for Mission Aviation Fellowship which provides air transportation in remote areas of the world where access to medical care, education and community development are scarce. Kevin flew missionaries, educators, doctors, dentists, and people doing community development work, and provided emergency and routine medical flights. While Kevin and Linda learned Spanish, they served Indigenous people who spoke many tribal languages; only a few spoke Spanish as their second language.

During those years, Linda enjoyed her roles as wife and mom, and as hostess for Kevin's

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New Arrivals from p. 7

passengers. She provided weather reports for Kevin and the other pilots headed home after a long day of flying.

Raising two small children required homeschooling until they moved from the small town where they lived for eight years, to a jungle outpost where there was a school for the children of people working in that remote area. They lived there for two years. When they lived in the jungle, it was easier to rely on the two hours of generator electricity in the morning and again in the evening than it was on the random power outages in town. With rainwater collected from their roof, Linda made good use of those generator hours to get the laundry, baking, and housework done. Except for their first three years in Venezuela, Linda enjoyed the help of young women who worked in their home and became friends they're still in touch with—the benefit of Facebook!

After ten years, they went to Quito, Ecuador to do similar work for two years. Their vocations took them to California, Idaho, and Tennessee, where they directed a retreat center in the Blue Ridge Mountains and Linda became a spiritual director. After 28 years with one organization, Kevin resigned and became a pastor and has served five different churches from coast to coast. Linda has been able to continue her role as a spiritual director for people living and working around the world.

Kevin and Linda like to ride their bikes and they enjoy reading. Linda paints watercolors and bakes. They enjoy socializing with people, and their church and community service is important to them, especially with new neighbors from different countries.

Lois Baron

TEEN TAKEOVERS AND CHAOS THEORY

Teen takeovers, the responses of the police, and their effects on neighborhoods and parks have caused chaos. Chaos theory holds that social and legal systems that seem so stable are in fact subject to change from the actions of an individual or small group. Small actions can have ripple effects that result in large changes over time.

Teen takeovers involve hundreds of Chicago teens responding individually to social media directives to assemble in a designated locale within a short time. There is no evidence that the gathering teens share a common purpose. The 57th Street Beach was a teen takeover locale on Memorial Day. Those of us with a view to the east saw perhaps a thousand teens gather in the evening on the beach by chilly Lake Michigan. Many perched on the stone walls and just dawdled. Others joined them peacefully on the rocks when uniformed Chicago police herded them off the sandy beach. They stood for hours with nothing to do. No music, no dancing, no campfires, and no pit toilets. They took no collective action but they did not leave.

If some of the teens wanted to create chaos, the police did it for them. The police blocked all traffic. Hundreds of cars were trapped for more than an hour. Eventually, cars heading both north and south were allowed only to turn from the Drive into 57th Street. The Drive was blocked until late at night. Later southbound drivers had to exit at 53rd Street and proceed slowly, bumper-to-bumper through Hyde Park.

The police occupied the grassy hill below the teens. More than 50 squad cars with flashing blue lights were deployed on the bike path and Lake Shore Drive. Firetrucks and an ambulance with red lights flashing, were stationed at the intersection of Lake Shore Drive and 57th Street.

Police eventually forced the teens from the shore, under the Drive, and into Jackson Park. Then, across the street from Montgomery Park, a phalanx of 100 officers wielding flashlights began herding the milling teens westbound into residential and commercial Hyde Park. Later, the CPD reported that more than 50 teens had been arrested (for curfew violations?) and firearms were confiscated.

The teen takeovers, as many as 40 in June alone and some resulting in violent attacks on police and property by a few teens, have resulted in dramatic conflicts between Chicago aldermen and also between the City Council and Mayor Brandon Johnson. The City Council narrowly passed an ordinance authorizing the chief of police to impose new curfews on teens with only 30 minutes notice. An alderman unsuccessfully proposed \$1000 fines for parents of teens participating in takeovers. The mayor vetoed the “snap curfew” ordinance as a “politicized knee-jerk reaction” that would disproportionately harm Black and Brown teenagers. He urged the adoption of a program funding youth jobs and expanding recreational spaces rather than relying on punitive policing.

A number of teens testified before the City Council’s Committee on Youth Employment about their reasons for the takeovers and how to stop them. Of the 15 aldermen on the committee only three to seven attended any part of the teens’ testimony. Chaos theory suggests that a ripple effect has started and that the individual decisions of teens to participate in takeovers will result in more takeovers, more chaos, and changes of one kind or another.

This observer wondered at the time of the Memorial Day takeover if there would have been less traffic chaos if the city had arrived with a DJ, a sound system, and a string of pit toilets. Perhaps popular music and the teens’

responses would have lessened the sense of menace from the crowd. The Drive could have remained open. And, if the DJ switched to 1940s band music at 10 p.m., perhaps the teens would have dispersed rapidly.

Pete Dowd

HEWSON SWIFT CONCERTS

Hewson Swift concerts are presented on Wednesdays at 7:15 p.m. in the Lounge and on channel 4.1. Join us as Barbara Asner shares wonderful music on CD or DVD.

♦ August 5, Bruckner Symphony no. 4. Philadelphia Orchestra, Wolfgang Sawallisch, conductor. 1 hour 7 minutes.

♦ August 12, Mozart and Beethoven quintets for piano and winds. Members of the English Chamber Orchestra, Murray Perahia, piano. 50 minutes.

♦ August 19, piano works by Mussorgsky, J. S. Bach, and Brahms. Awadagin Pratt, piano. 1 hour 16 minutes.

♦ August 26, Beethoven symphony nos. 4 and 5. The Academy of Ancient Music, Christopher Hogwood, conductor. 1 hour 20 minutes.

If you would like to share your recorded music on a Wednesday evening, please contact Barbara Asner at 4618 or Fran Vandervoort at 4396.

*Barbara Asner Fran Vandervoort, Co-Chairs
Hewson Swift Concerts*

MUSIC IN THE EAST ROOM

On August 15 at 2 p.m. in the East Room, Lawrence Zbikowski will present a classical guitar recital. Lawrence Zbikowski is the Addie Clark Harding Professor in the Department of Music and the College at the University of Chicago. He has written extensively about how humans are able to organize seemingly random sounds into the captivating sonic structures we call music.

Barbara Dwyer

ROOTS OF AMERICAN JAZZ

This is the first of a three-part series on Jazz in Hyde Park.

Many people think of Hyde Park as the intellectual seat of Chicago because it was the birthplace of the University of Chicago (1890) by founder and Biblical scholar, William Rainey Harper. Fifty years later, Hyde Park became associated with the birth of the nuclear age and names like Enrico Fermi and Leo Szilard. At about the same time the Hyde Park Art Center was coming to life, and in 1948, the Hyde Park Art Fair started the tradition of juried art fairs in Chicago and the Midwest. Since Hyde Park saw so many firsts, it is no surprise that jazz found itself welcome on the South Side in the last century.

A new music was developing in the Congo Square area of New Orleans (NOLA), where enslaved Africans were permitted to congregate and share their cultural and spiritual traditions—a



hundred years before working their way to Chicago. It was there that Dixieland jazz developed in the late 19th and early 20th centuries through a combination of African American ragtime, blues, and brass band marches. Dixieland, aka “hot jazz,” developed from rhythms and variations played in Congo Square and thrived in Storyville, a neighborhood containing New Orleans’s infamous red-light district and created a demand for Black musicians. The music flourished with musicians like Buddy Bolden and King Oliver, who, in turn, influenced a young Louis Armstrong, whose later influence on the development of jazz was seminal.



Joe “King” Oliver and his Creole Jazz Band, c 1923

It is said that jazz was born in New Orleans but grew up in Chicago. Neither well-known nor widely admired until he moved from NOLA, Louis Armstrong followed his mentor, King Oliver, to Chicago and joined King Oliver’s Creole Band where the talented Lil Hardin was the band’s pianist. Soon Hardin took Armstrong under her wing, dressing him, urbanizing him, and guiding his career. They married and settled at

421 E. 44th Street in Bronzeville. Between Hardin's guidance and his own ambition, Armstrong began drawing crowds and getting job offers, spending a year with the Fletcher Henderson band in New York, but returning to Chicago and Lil for four more years before leaving her and settling in New York.

During the first decades of the twentieth century, Chicago's South Side became a social hot spot for its Black population and adventurous whites--first along The Stroll, on State Street from 26th to 39th, then down to the Regal Theater at 47th and South Parkway* (1928-1968) which seated up to 3,000 people--with top tier Black entertainers--and on to legendary venues such as Club DeLisa (55th and State); The Pershing Lounge (64th and Cottage Grove); Roberts Show Lounge (62nd and South Parkway*); Sutherland Lounge (47th and Drexel); and the Beehive Lounge (Harper and 55th Street).

Once the popular music of the day, jazz began losing that position in the 1950s with the arrival of experimental jazz, rock & roll, and music to suit the Baby Boomers. Adding to that, television and air-conditioning kept people indoors. People's night life and listening habits were changing.

Judith Stein

*South Parkway was renamed Dr. Martin Luther King Jr. Drive on July 31, 1968, shortly after Dr. King was assassinated.



OUR BEAUTIFUL GARDEN

On sweltering days, when the heat and humidity stifle the rhythm of my daily walk, I retreat to our garden—a sanctuary where I can breathe deeply, wander leisurely, and revel in the vibrant symphony of color and fragrance.

We are truly blessed by this beautiful oasis. Each flower box, a canvas of individual creativity and beauty, tells its unique story. Though distinct in form, they all radiate warmth and love, weaving a tapestry of nature's artistry.

The twilight hours, early dawn or late after dinner, gift me with the sweetest peace. As the sun dips and shadows stretch, the Garden transforms into a haven for tai chi and walking meditation. Here, silence envelops us and tranquility reigns.

Sometimes a surprise visitor hops by. A dear little rabbit. Last spring, a rabbit family joined us. A welcome gift, and an addition to our vibrant inclusive community. No doctor's note was needed to accept them. These gentle creatures bring me laughter and joy.

Come, share in this precious gift blooming right outside our door.

Rona Strahilevitz

LESSONS IN GARDENING

I was a New York city girl. I grew up in the Washington Heights area, and the nearest green grass was in the two parks walking distance to my family's apartment. When my husband and I moved to Chicago many years later, we eventually bought a house. Wanting to save money, I decided to fertilize the lawn myself. Now remember: New York City girl, no grass, no yard, no knowledge of growing things. I set about fertilizing the lawn. I had the fertilizer and the machine to do it.

Imagine our surprise a few weeks later when stripes and designs showed up in our yard. A few days after that, a neighbor hesitantly asked, did someone play a trick on you? Reluctantly, and very embarrassed, I confessed that it was my doing. I never fertilized the lawn again!

Then there was the time my husband Leo, as a surprise, planted some corn but did not tell me! So, one day, when I saw these "weeds" growing in the garden, I pulled them out. When Leo came home and saw what I had done, he started yelling and screaming about who had pulled out his growing corn. Well, needless to say, I took off after that for a very long hike in the neighborhood.

I am happy to say that after my blunder, this New York city girl took some gardening classes, and lots of advice, and wound up having a lovely garden of flowers and vegetables.

Every morning, first thing, Leo and I looked out our second-floor bedroom window at our garden. Then we went downstairs and outside to water and to pick ripe vegetables to bring inside and enjoy. One year, at the end of the season, we had so many green tomatoes



Rona Strahilevitz tending her flowers.

that I made not only fried green tomatoes but also found a delicious recipe for a green tomato cake which ended up tasting like zucchini bread! We often had so many tomatoes, zucchini, and other produce, that our friends and neighbors enjoyed the fruits of our labor as well.

Another lovely memory comes to mind: Leo and I are sitting with family and friends enjoying good food on our backyard patio, admiring our garden and the hummingbirds that come to feed at the three large Rose of Sharon bushes that were family transplants from cousin Raymond in New York.

It brings me great joy to have garden boxes here at Montgomery Place each year, where I am part of our gardening community, where I can enjoy my flowers, vegetables, and herbs; and where I can be outside in nature.

Helen Wolkow



Great news! We have an orchid nurtured by Massalene Fluker. Each year, her great-great-granddaughter gives her an orchid plant and after it blooms and withers, she throws it out, thinking of it as an annual. A year ago, she continued to water the plant, and it developed new leaves and now has ten blooms. With a little water and a lot of patience, you too can become an orchid grower. Talk to Massalene about her experience.

Lauriann Chutis

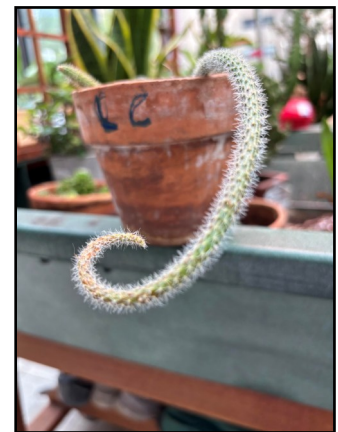
GREENHOUSE GROWINGS-ON

Residents responded to my request and the three missing long-spout watering cans are back in the Greenhouse! Most plants are now identified by their caretaker (owner). In the coming months I would like the Greenhouse committee to take on the job of identifying and labeling each plant by its name, for example, “rat tail cactus.”

If you want to stay out of the sun but want to be in nature, join our Greenhouse committee as we label plants, spray for mealybugs, and do general Greenhouse maintenance. You will find me there every evening after dinner, tending to the watering and cleanup of plants whose owners are no longer with us.

Residents used up our three 40-lb bags of indoor potting soil. For now, we have bags of outdoor container potting soil available until new indoor soil is obtained.

The supply of small clay pots came in handy after Allen Cosnow’s rat tail cactus blew over in a windstorm. He donated cuttings from his outdoor pot to our cactus section. Check out these little tiny “tails” in our middle section.



Would you like to have a regular meeting of the Greenhouse committee to discuss the health of the Greenhouse, growing plants, and sharing duties? Let me know what’s a good time and day for you.

Laurieann Chutis, Greenhouse Manager



The Montgomery Place Garden at the height of summer, 2026

It is a wonderful year for gardening at Montgomery Place. A bumper crop of gardeners has filled the courtyard with copious quantities of flowers and veggies. A coterie of volunteers is raising copious quantities of leafy greens on the hydroponic towers. We've also enjoyed a lot of rain this spring and summer, to the delight of the plants.

There are at least 26 gardeners this year, a few of them sharing a flower box, large pot, or ground level pot. Several residents have put out pots of their own around the courtyard. Patricia Northcott continues to maintain an herb garden; they're free for

the harvesting for those wanting to supplement their meals in the Dining Room or in their apartment.

This spring, I scheduled the Montgomery Place bus to take gardeners to Gethsemane Gardens, Lowes Garden Center, and the Hyde Park Garden Fair. These trips were successful in populating the boxes and pots with a wide variety of plants.

This year, I added small signs to identify the gardeners entrusted with the care of the plants. Let me know if you need to add, replace or modify these signs.

David Fleer, Chair, Garden Committee

THE EIFFEL TOWER OF CHICAGO?

The initial reaction of many Parisians to the Eiffel Tower was one of disdain. “An ‘iron monster,’ a ‘tragic giant lamppost,’ and a ‘watchtower skeleton.’ They claimed it did not fit in with the architecture that had made Paris one of the most admired and most visited cities in the world.” (Ferrovia Blog)

Does the reaction sound at all familiar? Blair Kamin, architecture critic at the *Chicago Tribune*, initially reviewed the Obama museum tower as “too heavy, too funereal, too pharaonic, too pyramid-like.” My reaction has been along these lines, though I must say my taste in grand buildings is more the Beaux-Arts style of the Museum of Science and Industry. I just didn’t get it.

What am I thinking now since I went to the center when it was opened to its neighbors? My husband Jerry and I had two hours there, which we spent entirely in the tower.

The center was very welcoming. We were greeted by staff looking to make our experience excellent. Jerry uses a wheelchair when at museum-like venues, and the staff brought a wheelchair to where the bus left us off and explained we could leave it there at the end of our visit. A monumental figure of Barack and Michelle Obama walking down Pennsylvania Avenue during the inaugural parade in 2018 greeted us in the large granite courtyard; I felt a thrill all over again.

Inside the tower are eight floors, and the absence of windows for most of the building contributes to the experience inside. The rooms are soaring, with the walls forming uninterrupted exhibition spaces for projected installations. The walls are not static with hung items, but moving with images, although there are art pieces by more than 30 noted artists as well.

The museum had information about the Obama presidency, and it also included the



**OBAMA
FOUNDATION**

history of this country that formed his presidency and led to it. I relived parts of my own history, and I felt again the optimism of the times. Miniature dioramas illustrated events that took place at the White House during the Obama years; a nod to the Thorne Miniature Rooms at the Art Institute? An artifact on display that moved me deeply was a postcard sent by a young man to his family during his civil rights summer down South. His message was so positive. He was later murdered for his activism, one of many who suffered.

Other favorite exhibits were Michelle Obama’s dresses, which President Obama predicted in an interview with Stephen Colbert would likely be the most popular display. We didn’t wait in the long line to enter the replica of Obama’s Oval Office. However, since it is encircled by windows, I was still able to view its restrained, “presidential” approach.

Jerry and I lingered in the Nelson Mandela Sky Room observation deck, which is ringed with floor-to-ceiling windows and offers an expansive 360° view of the South Side of Chicago. I felt like a little kid exclaiming “Hey, isn’t that Montgomery Place?!”

After the visit did I change my initial perceptions of the Obama tower? I found being inside the building was moving, and a much more positive experience than gazing at it from the outside. Who knows, perhaps I, and other initial sceptics, will have an epiphany much like the Parisians of more than 100 years ago—and we all know what the Eiffel Tower now means to Paris, and in fact to all of France.

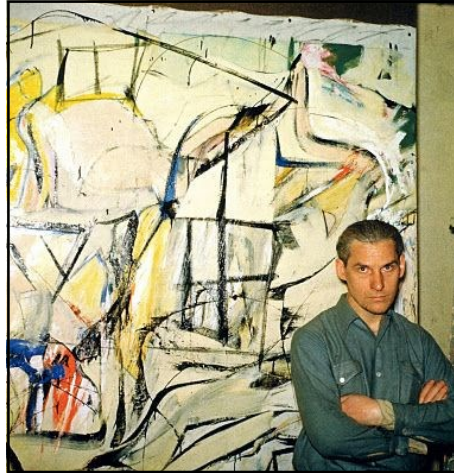
Liz Rickert

WILLEM DE KOONING DRAWING

It's a very important show, of course, but also large, and looking at so many drawings is tiring. There are a few benches, but you could take a lunch break rather than do it all at once. The show covers de Kooning's life from boyhood in Rotterdam through his last days in East Hampton, New York.

He was formally trained before he left the Netherlands as a stowaway on a steamship at age 22, planning to be a commercial artist. When he got to New York, he worked as a house painter, window dresser, and commercial artist before he started to work as a fine artist.

He met and hung out with John Graham, Arshile Gorky, and Stuart Davis. Eventually he started doing fine art and was part of the group known as the New York School, including Jackson Pollock; Franz Klein; Elaine Fried, who became Elaine de Kooning; Mark Rothko; Philip Guston; Milton Resnick; Clifford Still, and others who made American art and New York the center of world art for a



*Willem de Kooning
in his studio, 1950*

long time. This group was also called the Abstract Expressionists, though that name was not fitting for some, such as Mark Rothko. It definitely described de Kooning.

Before the Abstract Expressionists, people came on the scene in New York, it and America were considered provincial in terms of art. The museums had collected contemporary art, but it came from Paris and always from Europe. Those artists, some of whom became my teachers, wanted to find ways of making new art, the goal of each ambitious artist, but they talked about how you could make art that was unique and distinctly American. Not a European derivative.

Willem de Kooning was one of the older members. He and many others felt that abstraction was the goal, but images and themes must be found in actual observation. There was a lot of interest in cubism. But how to “break through the grid”? Jackson Pollock became famous with his all-over dripped paintings, which were featured in *Life* magazine in 1949. His all-over paintings eliminated the hierarchy of shapes and space, dissolving the



Excavation, 1950

boundary between image and background. The same visual weight and energy is given to every inch of canvas. But he was using line. We see that in de Kooning's large all-over square painting *Excavation*, but here using bits of visual memory. Something he called "glimpses."

There are some gorgeous black and white paintings in the show that looked like Franz Klein's, but of course they were de Kooning. Klein was a close friend of his and they obviously shared ideas. And I understand there was a time when the "word" was: "color is French—everything should be black and white."

What this group of artists, a bunch of immigrants, some illegal, like de Kooning until 1962, when he became a citizen, set out to do, and which they accomplished, making New York the world center of art by making recognizably "American Art."

In the Art Institute exhibition, we see de Kooning's metamorphosis through careful academic drawings that appear to be etchings, through looser and looser abstractions, always based on observations of the human figure or objects and always using tools from both commercial art and fine art in new and unusual ways, always trying to find something different to define himself.

Born poor, he became a millionaire through making art and changing the course of it. He died in 1997 in East Hampton, NY, where he had lived after leaving New York City in the 1960s. After a tumultuous marriage and a long separation, Elaine was with him at the end. They had never divorced. Willem de Kooning, 1904-1997, American artist.

Lois Baron

Willem de Kooning Drawing is at the Art Institute of Chicago until September 20, 2026.

DINING COMMITTEE

The July Dining Committee meeting was held the day after a Unidine forum. The forum was well attended and provided an opportunity for residents to express satisfactions and concerns to Unidine corporate management. Undine has distributed a synopsis of actions going forward as a result of the meeting.

The new summer menu has been implemented. Concerns that residents had not received advance copies were noted. The fall menus will be implemented in October.

July holiday buffet comments:

- ◆ The buffet did not start on time.
- ◆ Labels identifying menu items would have been helpful.
- ◆ More vegetable selections were needed.
- ◆ Diners would have preferred to select the raw vegetable appetizers themselves or have portions provided on each table.

On a positive note, the pulled pork, ribs, steak, corn, and baked beans were very tasty.

A resident input committee, charged with meeting with Victor two or three times a week, was proposed. Its purpose would be to provide timely input on any particularly disappointing meal or service issues. Not enough residents were interested in volunteering at this time.

Our next meeting will be held on Wednesday, August 12 at 2:15 p.m. in the East Room. Looking forward to seeing you there.

Shirley Wilson-Sigler, Chair, Dining Committee

AUGUST FILMS

Film Committee selections are shown each Monday, most Thursdays, and weekends in the Lounge and on channel 4.1. Many films benefit from viewing in the Lounge on the big screen. All Film Committee meetings are held the first Thursday of the month in the Game Room at 2 p.m. This month the theme for weekends is films directed by Mira Nair, a brilliant filmmaker who is recently also known as the mother of Zohran Mamdani.



explosive conflict between Ireland captain Roy Keane and manager Mick McCarthy, culminating in Keane's departure from the squad. 1 hour 30 minutes.

Monday Films

August 3, *Get Shorty*, 1995. An American gangster comedy featuring John Travolta, James Gandolfini, Danny DeVito, Gene Hackman. A Miami mobster gets involved with a Hollywood film production and a cascade of topsy-turvy complications ensues. 1 hour 45 minutes.

August 10, *Cabrini*, 2024. Italian immigrant Francesca Cabrini arrives in 1889 New York determined to serve impoverished immigrants despite prejudice, political opposition, and failing health. She builds orphanages, hospitals, and schools, becoming the first American citizen canonized as a saint. 2 hours 22 minutes.

August 17, *Remarkably Bright Creatures*, 2026. A lonely widow (Sally Field) working at an aquarium forms an unusual bond with Marcellus, a remarkably intelligent octopus. Together, they uncover long-buried secrets. 1 hour 50 minutes.

August 24, *For Richer or Poorer*, 1997. Wealthy New Yorkers (Tim Allen and Kirstie Alley) on the verge of divorce flee from the IRS and hide in an Amish community. Their experiences lead to lessons about marriage, family, and what truly matters. 1 hour 55 minutes.

August 31, *Saipan*, 2026. Set before the 2002 FIFA World Cup, *Saipan* dramatizes the

Thursday Documentaries

August 13, *Miles Davis: Birth of the Cool*, 2019. Chronicles the life and revolutionary career of jazz legend Miles Davis. Through rare archival footage, interviews, and Davis's own words, the documentary reveals the complex man behind the trumpet. 2 hours.

August 27, *The Weather Underground*, 2003. A group of young 1970s American revolutionaries was driven by their convictions to end the Vietnam war and to overthrow the US government. 1 hour 30 minutes.

Thursday Foreign Language Films

August 6, *Closely Watched Trains*, 1966. (Czech) Set in a sleepy village train station in Czechoslovakia during the Nazi occupation, this coming-of-age story follows an apprentice train dispatcher as he seeks his first sexual encounter. As a German armaments train approaches, the realities of war catch everyone in the crossfire. 1 hour 33 minutes.

August 20, *Hero*, 2002. (Chinese) Roger Ebert called it "beautiful and beguiling, a martial arts extravaganza defining the styles and lives of its fighters within Chinese tradition." 1 hour 40 minutes

Weekend Themed Films— Films directed by Mira Nair

August 1-2, *Mississippi Masala*, 1991. A romantic drama starring Denzel Washington, Sarita Choudhury, and Roshan Seth. Set primarily in rural Mississippi, the film explores an interracial romance between an African American man and an Indian American woman. 2 hours.

August 8-9, *The Namesake*, 2006. The film depicts the struggles of the Ganguli family, first-generation immigrants from the state of West Bengal, to New York City, and their American-born son Gogol, who wants to fit in despite his family's unwillingness to let go of their traditional ways. 2 hours.

August 15-16, *Queen of Katwe*, 2016. A true story, starring David Oyelowo and Lupita Nyong'o, depicting the life of Phiona Mutesi, a girl living in Katwe, a slum of Kampala, the capital of Uganda. She learns to play chess and becomes a Woman Candidate Master after her victories at World Chess Olympiads. 2 hours.

August 22-23, *Salaam Bombay!*, 1988. (Hindi) A young boy, accidentally left with street children, made with very few professional actors. Nair's first feature film has won many awards and nominations and is on the list of "The Best 1,000 Movies Ever Made", by *The New York Times*. 1 hour 53 minutes.

August 29-30, *Monsoon Wedding*, 2001. This comedy-drama set during a traditional Punjabi Hindu wedding in Delhi revolves around the complex romantic entanglements of the characters. *Rotten Tomatoes* says, "An insightful, energetic blend of Hollywood and Bollywood styles..." 1 hour 53 minutes.

Your Suggestions

We invite your film suggestions. Write a paragraph, come to a committee meeting at 2 p.m. on the first Thursday of the month, or send a Wikipedia listing to any member of the committee: Lois Baron, Rosalind Kay, Joyce Mannis, Gina Volpe, Helen Wolkow.

*Lois Baron, Joyce Mannis, and Gina Volpe
for the Film Committee*

NOT THE MINUTES OF THE JULY 16, 2026 RESIDENTS' COUNCIL MEETING

Note: This is a personal summary of the main issues raised in the meeting and is not to be confused with any official statement or document.

All members of the Council except Peter Martinez were present, as was Greg Gleason from the Board.

Richard summarized the Environmental Services Committee meeting. He mentioned five items: 1) there has been no approval of our work on the pool; 2) replacement of thermostats continues—new units and units with broken thermostats are handled immediately; others will be replaced over a period of three years; 3) the dance floor will be replaced during the first quarter of the fiscal year; 4) the new squawk box has been purchased; 5) the roof of the penthouse will be entirely replaced. The front door of the building has finally been repaired. Richard reported that very few residents attend Environmental Services Committee meetings.

Helen stated that the women's bathroom on the first floor is often dirty and needs to be cleaned several times a day. Also, the furniture in the Garden is in bad shape and needs to be replaced.

The audiovisual system for Friday Night Speakers needs be replaced, the microphones need to be upgraded, and the entire system needs to be connected to channel 4 of our television system.

The bus is expected to be returned next week. In the meantime, we have only the van, which is inadequate to handle residents' needs. Pete moved that the Council adopt a resolution that the administration have at least two vehicles at all times. The motion passed unanimously.

Pete also suggested that the Council form a pet committee to handle issues arising in connection with pets, particularly dogs.

Richard Muller

MAGA DEFINED

Since the phrase “Make America Great Again” entered the public dialogue in 2016 with Donald Trump’s first term, I have pondered the meaning of the phrase. At what point in our history was the nation so great that we should aspire to return to that period? How was this greatness manifested, and who benefited from it? Did the policies and practices of our government benefit all our citizens and move us toward a more perfect union?

When we examine the Trump administration and his broader political agenda, we find that this vision of greatness does not benefit all our citizens. In fact, it actively rescinds rights previously granted. This agenda raises a critical question: Was America great before 1973, when the Supreme Court’s *Roe v. Wade* decision finally gave women constitutional control over their own bodies? That right was stripped away in 2022, effectively rendering women slaves to their biology. Was America great when LGBTQ+ citizens were forced to live in the shadows, or when they were barred from serving their country or having their basic identity recognized under the law? Was it great when Black citizens were barred from voting or electing their own representatives?

Donald Trump’s actions and MAGA’s policy goals, which range from overturning *Roe* and dismantling the Voting Rights Act to striking down affirmative action and issuing executive orders to target DEI programs, amount to whitewashing the nation’s true history. Ultimately, we must ask what MAGA truly aims to embrace: Does it mean returning to a time when fundamental rights and policies of equality were non-existent, and we refused to acknowledge the reality of our past?

Trump’s MAGA movement promotes a nostalgia for an unequal and unjust past. However, a true commitment to American greatness requires us to move forward, not backward. We must instead do the hard work of building a future where justice, bodily autonomy, and equal rights belong to every single citizen.

Ida Watanabe



St. Peter: Where do you think you’re going?

Lindsey: To join my amigos John McCain and Joe Lieberman!

St. Peter: Sorry. Multiple Fifth Commandment violations. You knew what “thou shalt not kill” means.

Lindsey: I didn’t kill anyone!

St. Peter: You encouraged Trump when you should have stood up to him as did McCain. You will serve your first tour as a 6 year old boy in Tehran who lost his family and home in the bombing you pushed for.

Pete Dowd

SPECIAL EVENTS IN AUGUST

 **NOTE:** If you sign up for a Grant Park concert (July 31, August 7, 12, 14, 23), and you need to cancel, please do so at least a day before the concert, so that we do not have to incur the cost of unnecessary food or even having a driver available when nobody is going.

FRIDAY	JULY 31	5:30 PM	BUS	GRANT PARK CONCERT AT THE HARRIS THEATRE, GERSHWIN'S <i>AMERICAN IN PARIS</i> (p. 4)
FRIDAY	7	1:00 PM	BUS	NATIONAL MUSEUM OF MEXICAN ART (p. 4)
		5:30 PM	BUS	GRANT PARK CONCERT, MOZART'S <i>REQUIEM</i> , (p. 3)
		7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER JEFFREY SKLANSKY (p. 3)
SUNDAY	9	1:00 PM	BUS	BLACK ENSEMBLE THEATRE, <i>MEN OF SOUL</i> (p. 4)
WEDNESDAY	12	5:30 PM	BUS	GRANT PARK CONCERT, DVORAK'S <i>NEW WORLD SYMPHONY</i> (p. 4)
FRIDAY	14	5:30 PM	BUS	GRANT PARK CONCERT, BEETHOVEN'S SYMPHONY NO. 9 (p. 4)
		6:00 PM	BUS	COURT THEATRE SPOTLIGHT READING SERIES, <i>ARE YOU READY TO SMASH WHITE THINGS?</i> (p. 4)
SATURDAY	15	2:00 PM	EAST ROOM	CLASSICAL GUITAR RECITAL BY LAWRENCE M. ZBIKOWSKI (p. 9)
FRIDAY	21	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS THE OAK PARK RAGING GRANNIES (p. 3)
SUNDAY	23	6:00 PM	BUS	SUNDAY IN THE PARK WITH LYRIC (p. 3)
FRIDAY	28	NOON	BUS	LUNCH OUTING, THE NILE (p. 5)
		7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER SUSAN FRICK (p. 3)



NEW POETRY GROUP

Join the new poetry group! The first meetings will be Fridays August 7 and 21 at 3 p.m. in the Game Room. All are welcome!

REGULAR EVENTS IN AUGUST

MONDAY 3, 10, 17, 24

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	12:20 PM	FRONT DESK	WALKING GROUP WITH SHAWN
	1:00-1:45 PM	SHAWN'S PLACE	STRETCH AND MOBILITY
3, 24, 31	1:30-2:30 PM	EAST ROOM	YOGA WITH SARAH
3, 17	3:00-4:00 PM	EAST ROOM	TOWN HALL MEETING
31	3:00-4:00 PM	EAST ROOM	BOOKLOVERS GROUP (P. 5)
	7:15 PM	LOUNGE/CH 4	FILM COMMITTEE FILM (P. 18)

TUESDAY 4, 11, 18, 25

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	8:00 AM-4:00 PM	BUS	SHUTTLE SERVICE TO U OF C SENIOR CLINIC
4	10:00 AM	GAME ROOM	ACTIVITIES COMMITTEE
	10:30-11:00 AM	LLLC	BALANCE AND MOBILITY
	11:00 AM-NOON	EAST ROOM	TAI CHI WITH VENUS
	11:00-11:35 AM	LLLC	FLEX AND FLOW + FLUIDITY
	11:00 AM	ZOOM	MEDITATION (LAURIEANN CHUTIS)
	1:00-1:45 PM	POOL	AQUA AEROBICS (WHEN POOL REOPENS)
	1:00-3:00 PM	CAFÉ	IT TECHNICAL ASSISTANCE (CONTACT FRONT DESK)
4, 18, 25	1:00-1:30 PM	EAST ROOM	CULINARY CORNER
	1:30-2:20 PM	THIRD FLOOR	WELLNESS CLINIC
	2:00-3:00 PM	EAST ROOM	CURRENT EVENTS
	3:30-4:30 PM	LOUNGE	WINE AND CHEESE
4	7:15-8:15 PM	EAST ROOM	SINGALONG
25	7:15-8:15 PM	EAST ROOM	SHORT STORY GROUP

PLEASE NOTE

Any event listed on the Regular Events calendar without a specific date or dates occurs on that day of the week every week. Events listed with specific dates occur on those dates only.

WEDNESDAY 5, 12, 19, 26

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
12	10:00 AM	LIBRARY	LIBRARY COMMITTEE
	10:15-10:45 AM	EAST ROOM	MEDITATION WITH SHAWN
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	11:00 AM	CHAPEL	BIBLE STUDY
	12:20 PM	FRONT DESK	WALKING GROUP WITH SHAWN
5, 19, 26	1:00-2:00 PM	SHAWN'S PLACE	BALANCE AND MOBILITY
12	1:00-2:00 PM	SHAWN'S PLACE	WELLNESS LECTURE
5, 19	1:00-2:30 PM	LOUNGE	MONTGOMERY PLACE ACTS
12, 26	1:00-2:00 PM	EAST ROOM	RACE RELATIONS
	2:00 PM	CHAPEL	ROMAN CATHOLIC COMMUNION SERVICE
12	2:15-3:00 PM	EAST ROOM	DINING COMMITTEE (P. 17)
	7:15 PM	LOUNGE/ CH 4	HEWSON SWIFT CONCERTS (P. 9)

THURSDAY 6, 13, 20, 27

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	10:00 AM-NOON	BUS	MARIANO'S SHOPPING
	10:00 AM-NOON	APPT FRONT DESK	IT TECHNICAL ASSISTANCE
	10:15-10:45 AM	LLLC	ADVANCED BALANCE TRAINING
6	11:00 AM	GAME ROOM	MESSENGER PLANNING MEETING
6, 13, 27	11:00 AM-NOON	EAST ROOM	YOGA WITH SARAH
	11:00-11:35 AM	LLLC	FLEX AND FLOW + FLUIDITY
13	11:00 AM	GAME ROOM	SPEAKERS COMMITTEE (P. 3)
20	NOON	DINING ROOM	RESIDENTS' BIRTHDAY LUNCH
	1:00-1:45 PM	POOL	AQUA AEROBICS (WHEN POOL REOPENS)
	1:30-2:20 PM	THIRD FLOOR	WELLNESS CLINIC
6	1:30 PM	LOUNGE	MAH-JONGG
13, 20, 27	1:30 PM	GAME ROOM	MAH-JONGG
6	2:00 PM	GAME ROOM	FILM COMMITTEE (P. 18)

THURSDAY CONTINUED

	2:15 PM	ART STUDIO	WATERCOLOR STUDIO
20	2:30 PM	EAST ROOM	ENVIRONMENTAL SERVICES COMMITTEE
	3:30-4:30	EAST ROOM	HAPPY HOUR
20	7:15 PM	EAST ROOM	RESIDENTS' COUNCIL (P. 19)
6, 20	7:15 PM	LOUNGE/CH 4.1	FOREIGN LANGUAGE FILMS (P. 18)
13, 27	7:15 PM	LOUNGE/CH 4.1	DOCUMENTARY FILMS (P. 18)

FRIDAY**7, 14, 21, 28****7, 14, 21, 28**

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	9:30-11:30 AM	ART STUDIO	DRAWING AND PAINTING CLASS
7	9:30 AM	BUS	COSTCO SHOPPING
14, 21, 28	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	1:00-2:00 PM	CHAPEL	ADAPTING TO AGING CONVERSATION
	2:00-3:00 PM	EAST ROOM	ADVANCED TAI CHI WITH VENUS
	3:00-4:00 PM	CHAPLAINS' OFFICE	SUPPORT GROUP FOR RESIDENT/CAREGIVERS
7, 21	3:00-4:00 PM	GAME ROOM	POETRY GROUP (P. 21) NEW
	4:15 PM	EAST ROOM	SHABBAT SERVICE
	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS (P. 3)

SATURDAY**1, 8, 15, 22, 29**

	8:00 AM-4:00 PM	BUS	RELIGIOUS & MEDICAL TRANSPORTATION
	10:00 AM	BUS	61ST STREET FARMERS MARKET
15	11:00 AM-NOON	EAST ROOM	YOGA WITH SARAH
	1:30 PM	GAME ROOM	MAH-JONGG
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS: MIRA NAIR (P. 18)

SUNDAY**2, 9, 16, 23, 30**

	8:00 AM-4:00 PM	BUS	RELIGIOUS & MEDICAL TRANSPORTATION
	11:00 AM-NOON	CHAPEL	CHAPEL SERVICE
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS ENCORE (P. 18)