



MONTGOMERY MESSENGER

The Publication of the Residents of Montgomery Place Retirement Community
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Never at a loss for words

<https://montgomeryplace.org/montgomery-messenger/>

WHERE I'M FROM: A POEM ABOUT IDENTITY

I'm from black skillet hot water cornbread, collard greens and okra gumbo, from peach cobbler and pound cake baked in a wood fired oven in the middle of August. I'm from early risings before the sun dries the dew from young cotton plants, corn shoots and watermelon vines, before six a.m. field calls to sharecropping farmers who must labor from "kan to kant" to make a living—from a grandfather's pride in owning a bit of land on which he built a home—from a grandmother who always wore an apron and smelled of cashmere bouquet and bacon and who counseled that "it did not matter if you are pretty on the outside, if you are ugly on the inside."

I am from neat white framed schools built by eager hands and funded by philanthropist Julius Rosenwald to educate Black children throughout the south.

I am from separate and unequal access to public spaces.

I am from tireless marches and fearless martyrs.

I am from starched calico dresses, patent leather slippers on a Sunday morning, from memorized recitations of the 23rd Psalm.

I am from oratorical contests featuring the poems of Langston Hughes, Countee Cullen and James Weldon Johnson.

I am from segregated train cars riding north, carrying a shoebox lunch past the Mason-Dixon line—from Detroit automobile assembly lines that paid a living wage that bought my family our 1953 Mercury sedan.

I am from Delta blues, Negro spirituals, and Chicago gospel—from pulsating rhythms seeping into the musical landscape, circulating and influencing young men from Memphis across the ocean to Britain.

I am from the land formerly occupied by the Muskogee Creek Nation where places have musical names like Tal-la-de-ga and Sy-la-ca-ga, serene pastoral land.

My ancestors were Black, Red, and White. I am from illegal pairings long forgotten or dismissed whose spirits are still haunting the land.

Ida Watanabe

MMM – MARK’S MONTGOMERY MOMENTS

Hello and welcome to spring! It seems March truly lived up to the old saying—coming in like a lamb and going out like a lion. Now, as we step into April, Montgomery Place is buzzing with activity, and we look forward to a month filled with meaningful connections and exciting events.

During March the Montgomery Place leadership team renewed its commitment to our core values. The focus was on *Integrity*, a fundamental principle that guides our actions and decisions. For April, our attention turns to another vital core value: *Engagement*.

Engagement is a word with many dimensions. In the digital and technology space, it’s measured by user activity, click-through rates, and time spent on a page. At Montgomery Place, we define engagement through deeper, more personal attributes: *commitment, involvement, interaction, satisfaction, collaboration, trust, communication, and connection*.

What makes Montgomery Place truly special is the level of engagement among our residents. In this community people not only live but actively participate—planning, organizing, and attending events with enthusiasm. The way you connect, interact, and look out for one another sets a powerful example for all of us.

In April we aim to deepen our engagement across all levels of our community by:

- ◆ Enhancing communication with team members, families, and everyone who calls Montgomery Place home.
- ◆ Measuring satisfaction and identifying areas for improvement.
- ◆ Encouraging meaningful and thoughtful interactions.
- ◆ Fostering an environment where engagement leads to retention—ensuring

that our team members feel valued, motivated, and eager to be a part of Montgomery Place.

- ◆ Building partnerships based on trust and collaboration, strengthening the bonds that make our community thrive.

There is important work ahead, and the rewards will be well worth the effort. Together, we will continue to make Montgomery Place a vibrant, connected, and supportive community. And since it’s April—don’t forget your umbrellas when you head out today!

Mark Mullahy, CEO

PASSOVER SEDER

The annual community Passover seder will be held on Wednesday, April 16, at 4 p.m. in the Dining Room. The seder is one of the highlights of the Montgomery Place year; come and share in celebration of the holiday of freedom!



Rabbi Daniel Kirzane of KAM Isaiah Israel Congregation, with the assistance of Montgomery Place residents, will lead the reading of the Haggadah, a book that recounts the highlights of the Exodus and includes songs, prayers, questions, and vignettes. Then there will be a festive dinner with wine and traditional Passover dishes.

You received your invitation last month. If you haven’t responded, remember that the deadline is Monday, April 7. For those who choose not to attend the seder, full-service dinner in the East Room and carryout/delivery service will be available.

Paula Givan

OUT AND ABOUT

As always, sign up in the trip book for all the events you wish to attend. The times listed are the departure times. Please be prompt and come at least five minutes before the bus is scheduled to leave. "Tickets required" means you are responsible for obtaining your own tickets. If you need help, contact Marisol at 4546.

♦ Wednesday, April 2, noon. Chicago Shakespeare Theater presents *Sunny Afternoon*, a jukebox musical. From workingclass London lads to rock 'n' roll icons, The Kinks exploded with a sound that rocked a nation and changed the industry forever. Tickets required.

♦ Friday, April 4, 12:30 p.m. CSO, Karina Canellakis conducts *The Oceanides*, in which Sibelius conjures the water nymphs of Greek mythology and the broad majesty of the sea. Dvořák's *The Wild Dove* is based on a dark folktale about a dove's prophetic

song. Childhood memories shape Rachmaninov's *Symphonic Dances*, his sumptuous masterpiece. Tickets required.

♦ Friday, April 4, 7 p.m. UChicago presents features the Leonkoro Quartet. The quartet's blend of youthful exuberance and mature musical insight makes them a standout ensemble of their generation. The program features Haydn, Berg, and Mendelssohn. Tickets required.

♦ Sunday, April 6, 2:30 p.m. UChicago presents hosts artists from the CSO brass section, known for their distinctive rich sonorities and spectacular power that define the "Chicago Sound." Their program features favorites such as Leonard Bernstein's effervescent *Overture to Candide* and Malcom Arnold's virtuosic *Quintet for Brass*, op. 73. Tickets required.

♦ Friday, April 11, noon. This month's lunch outing will be a return visit to the Gage. The Gage is known for its rustic, refined fare, and stellar service in a vintage gastropub setting.

♦ Wednesday, April 16, 11 a.m. Chicago History Museum. This is a return visit because the featured exhibit, "Injustice: The Trial for the Murder of Emmett Till" contained more information than could be absorbed in a short period of time. The exhibit begins with photographs of a joyful Emmett in life and of his funeral. The trial is shown through the courtroom sketches of Franklin McMahon. The drawings are a visual account of a trial that amplified the inequalities that Black Americans face in the U.S. court systems, including lack of protection under the law. Free day.

♦ Friday, April 18, 12:30 p.m. CSO. Jaap van Zweden conducts Mahler's *Seventh*

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continued on p. 4

Out & About from p. 3

Symphony, a shadowy, paranormal journey through the mysterious night and into the dawn of a new day. Tickets required.

◆ Saturday, April 19, 1 p.m. Lyric Opera. This performance is not an opera, but a celebration of the wondrous sound of opera through masterworks by Puccini, Rossini, Bizet, and more as performed by the talented artists of the Lyric Opera of Chicago Chorus and Orchestra. Tickets required.

◆ Friday, April 25, 7 p.m. UChicago presents features Edgar Meyer on the double bass performing his own composition, J. S. Bach's Suite no. 1, and selections that will be announced from the stage. Mr. Meyer has won seven Grammy awards, the Avery Fisher Prize, and a MacArthur Award. Tickets required.

◆ Saturday, April 26, 11 a.m. Met Live in HD. *Le Nozze di Figaro* is Mozart's comic opera that tells how the servants Figaro and Susanna succeed in getting married, foiling the efforts of their philandering employer Count Almaviva to seduce Susanna and teaching him a lesson in fidelity. Tickets required.

◆ Sunday, April 27, 2 p.m. CSO Piano Series presents Emanuel Ax performing Beethoven's beautiful *Moonlight Sonata* and Schumann's C major Fantasy. Tickets required.

◆ Wednesday, April 30, 1 p.m. DuSable Museum of Black History and Education Center. The DuSable is a convener; a point of connection; and a place where difficult conversations lead to reconciliation and renewal. And, as a beacon of strength and a refuge of reason, the Museum is a vital part of a socially equitable reconciliation of our nation's historic divisions. \$9 admission.

Barbara Dwyer



MUSIC IN THE EAST ROOM

We have many performances in the East Room during April. Everyone is invited to attend.

◆ Saturday mornings, from 11 a.m. to noon, Laura Fenster invites you to observe her piano rehearsal. Questions will be accepted before and after her rehearsal.

◆ On Saturday, April 5, the students of the University of Chicago's Ballet group, UBallet, will perform at 2 p.m. The group has danced in the past for our Memory Care residents. UBallet strives to bring stories alive through both classical movement and heartfelt theatricality.

◆ On Friday, April 11, the Ensemble Vitelotte, Sun Chang, pianist/harpsichordist, and Kiyoe Matsuura, violinist, will perform at 2 p.m. Their mission is illuminating the stories and music of historical female composers.

◆ On Sunday, April 13, Una Stroda will perform at 2 p.m. Ms. Stroda holds a BA in piano from the Latvia Academy of Music and a PhD in Systematic Theology from the Lutheran School of Theology. She has performed as an organist at Chicago area churches and has been the accompanist to many musicians, dance companies, and choirs.

◆ On Saturday, April 19, the Dirt Red Jazz Band from the University of Chicago will perform at 2 p.m. Dirt Red, who appeared here at Christmas time, the UC's funkiest jazz/funk/pop brass band, has existed on campus since 2014.

◆ On Sunday, April 20, the Omaggio Quartet will perform at 2 p.m. "Omaggio" is an Italian word that means homage, tribute, or gift. The string quartet would like every performance to be a tribute to the composer and a gift to the audience.

Barbara Dwyer

NEW ARRIVALS

Chester Perkowski and his cat Kismet moved into apartment 806 on November 15, 2024. After initial pleasantries, our New Arrival interview started out like this:

CP: I suppose you want to know where I was born.

PG: If you're willing to share that. Most people do.

CP: Sure. I was born in Chester, Pennsylvania. Then I got old.

I was afraid the interview was over. But no, there was lots of entertainment to come.

Chester's parents had a farm, which, sadly, was sold early on; today there is residential housing on the land and it is worth millions. His father died when Chester was three years old and his mother later married a man from Forty Fort, Pennsylvania (yup, I looked it up; it was named for its original forty settlers), where Chester went to elementary and high school. He went on to Penn State, where he completed his bachelor's degree in English and his master's in psychology and art education.

While in grad school, Chester lived in Atlantic City, New Jersey. Always interested in real estate, he invested in four houses with big yards, which he converted into student housing. Always interested in old buildings, he bought a collection of 6000 photographs of Atlantic City, all annotated, taken in the first quarter of the twentieth century by photographer Lida Hall. He made a book of them, and plans to make a better book and a nice website now that self-publishing options are so much better. He wants Hall's talent to be widely recognized.

Chester married, had a son, David, and continued buying and selling real estate. He

spent three years in a video production business as part of a team that developed and marketed equipment to insert local advertising into cable TV streams. (Think: you're watching old SVU reruns on USA Network and up pops an ad for Katsaros Pharmacy!)

Many of us who attended Chester's Friday night lecture last month saw examples of a current project. He uses acetone to melt down Styrofoam and uses the resulting goop to make thin colored shapes that artists can assemble into pictures and jewelry. He intends to invent a machine that will mass produce the shapes so he can make them available to schools for art projects.

When Chester was living in Florida recently, he and Taria Houvouras were neighbors and got to be great friends. They took a sailboat on a loop trip from Florida to New York City and back, up the East Coast and the Hudson River, the Erie Canal, a couple of Great Lakes, the Mississippi River, and the Gulf of XXXXXX.

Taria told Chester about Montgomery Place and he sold his house and drove here from Florida by way of New Mexico, where he visited his son and his ex-wife. The aforementioned Kismet nearly gave Chester a heart attack when he seemed to have disappeared from the car, but it turned out he had found a secret hiding place under the dashboard.

Chester is a really interesting addition to our community. If you haven't met him, do. You'll be glad you did.

Paula Givan



PASSOVER AND EASTER

In case you've wondered if it is a mere coincidence that Christian Easter and Jewish Passover always occur at the same time of year or if there is some sort of a connection between the two holidays, the answer is yes, there is a strong connection historically, religiously, and linguistically.

Before the fourth century, Easter was referred to as Pascha for its associations with Passover. The word for Easter derives from the Latin and Greek Pascha (or Pasqua), meaning Passover: French (les Pâques), Italian (La Pasqua), Spanish (la Pascua de Resurrección), and Dutch (Pasen).

Religious connections:

Passover commemorates the freeing of the Hebrew slaves from Egypt as told in the Book of Exodus in the Hebrew Bible/Old Testament. The biblical text narrates that when Moses asked Pharaoh multiple times to "let my people go," Pharaoh refused every time. After each refusal God intervened by inflicting a plague on the entire Egyptian population, culminating in the terrible tenth plague of God sending the Angel of Death, one night to every Egyptian home to kill the firstborn son. But the Jews were told to mark their doorways to allow the Angel of Death to *pass over* their houses and to gather together behind Moses and flee the country.

The principal festival of Christianity, Easter celebrates the Resurrection of Jesus Christ after his betrayal and his death by crucifixion. All four Gospels depict a drama that culminates in the hope of eternal life through God's plan of salvation. Easter is the climax of a story that depicts the apparent victory of evil as the awaited Messiah is betrayed and brutally executed. As Jesus dies a humiliating, public death, all seems lost to his confused and grieving followers.

But the story does not end with death. After three days Jesus appears—his wounds

visible—to his bewildered disciples in a miraculous and jubilant Resurrection.

The dates of Passover and Easter:

The date of the Passover flight of the Jews from Egypt is stated in Exodus 12:1-6 which records God's command to establish the first Passover on the 14th day of Abib, the first month of the Jewish year. (The month of Abib is now the month Nisan in the current Jewish calendar.) Thus Passover occurs on Nisan 14. Passover begins with a feast at sundown or nightfall on Nisan 14 and then continues for seven days until Nisan 21. In the diaspora (outside Israel) Passover lasts eight days. Jesus died on Nisan 14, AD 33, the first day of the Passover season.

Fixing the date on which the Resurrection of Jesus was to be observed and celebrated triggered a major controversy in early Christianity in which an Eastern and a Western position can be distinguished. The dispute, known as the Paschal controversies, was not definitively resolved until the 8th century. Increasingly, the churches opted for the Sunday celebration. The Council of Nicaea in 325 decreed that Easter should be observed on the first Sunday following the first full moon after the spring equinox (March 21). Thus, Easter can fall on any Sunday between March 22 and April 25.

Eastern Orthodox churches use a slightly different calculation based on the Julian rather than the Gregorian calendar (which is 13 days ahead of the former), with the result that the Orthodox Easter celebration usually occurs later than that celebrated by Protestants and Roman Catholics. Moreover, the Orthodox tradition prohibits Easter from being celebrated before or at the same time as Passover.

Easter-observing Christians commonly refer to the week before Easter as Holy Week, which in Western Christianity begins on Palm Sunday, marking the entrance of Jesus into Jerusalem. The week includes

Maundy Thursday and the Last Supper, as well as Good Friday, commemorating the crucifixion and death of Jesus. In Eastern Christianity, the same are commemorated with the names of days all starting with “Holy” or “Holy and Great,” and Easter itself might be called Great and Holy Pascha.

In modern times, the observances of both Passover and Easter have become celebrations of the arrival of spring and its harbinger of goodness and blessings, for all humankind.

Wishing everyone a joyous festival season.

Roberta Bernstein



APRIL BIRTHDAYS

- 4/2 Evelyn Allen
- 4/3 Susan Meschel
- 4/4 Gloria Austin
- 4/4 Amanda Berry
- 4/6 Rona Strahilevitz
- 4/7 Trudy Gertner
- 4/9 Stan Moore
- 4/12 Agnes Sapir
- 4/13 Hazel Rochman
- 4/14 Shantha Monippallil
- 4/14 Jay Neal
- 4/15 Timothy Fiala
- 4/18 Bernie Strauss
- 4/18 Gary Worcester
- 4/23 Gail Wilson

BOOKLOVERS

Our selection for April is *People of Means* by Nancy Johnson, author of *The Kindest Lie*. We have secured 12 copies of the book from the Blackstone Library. *People of Means* was one of *People* magazine’s most anticipated books of 2025.

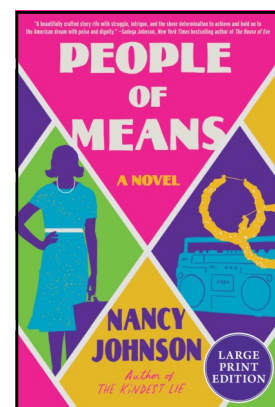
It tells the story of a mother and daughter seeking justice in the 1960s Nashville civil rights era and explores the parallels 30 years later in Chicago. *Kirkus Reviews* says, “Johnson emphasizes that while some things change, racism stays the same. A heart-wrenching story of love, family, racism and resistance across decades.”

Nancy Johnson is the daughter of Doris Johnson and she has been one of our Friday Night Speakers. Before becoming a novelist she worked for more than a decade as an award-winning journalist at CBS and NBC affiliates nationwide. A graduate of Northwestern University and the University of North Carolina at Chapel Hill, Nancy manages brand communications for a large nonprofit organization.

Call me at 4638 to obtain a copy or to sign up for the Talking Books program. Return your book directly to me, so all copies can be sent to the library as a group. If one gets lost, we must pay the price of the book.

Join us on Monday, April 28 at 3 p.m. in the East Room to discuss *People of Means*.

Laurieann Chutis, Booklovers Coordinator



BLACK CREATIVITY: A JURIED ART EXHIBIT TO ENJOY

Walk outside our front door and you have a clear view of the Griffin Museum of Science and Industry. For weeks, we could not help but notice the prominent sign across its front doors: Black Creativity. Wondering what is inside this exhibit, Barbara Gardner and I walked over to see why the fanfare. To our delight, we discovered works of art that we urge you to see before the exhibit closes April 27.

In 1970, the museum initiated Black Aesthetics to showcase African American art and culture that began in the neighborhood. By 1980, the museum started hosting a juried art exhibition, which remains the longest running exhibit of African American art in the nation. The 2025 exhibit includes sculpture, charcoal drawings, pastels, oil and acrylic painting, photography, and mixed media. Most of the art on display is for sale.



Jump at the Sun by Cheryl Boone



Ayo's Chair by James Pate

Cheryl Boone, a friend of our yoga instructor, has two works on display. The one that caught my eye is *Jump at the Sun*, a 2024 work in acrylic, ink and collage. I love the exuberance of the woman dancing over colorful flowers. Her patterned clothing and electric headdress add to its joyful mood.

In contrast, Zen Diva Noire's Black Creativity Council Award winner is a serene painting of four young women looking out at the viewer, dressed in white robes and white hats with white flowers. Their robes drape over the bottom frame of the painting that uses acrylic, plaster, clay, and spackle to create a sculptural effect.

Second place went to Jamaal Barber's powder coated steel fire screen, *One of Many*, that appears 3D when seen from afar, but close up you see it is totally flat. It is a portrait of a young and handsome man looking up, surrounded by a fan of leaves.

The Best in Show award went to a large charcoal drawing by James Pate called *Ayo's Chair*. Young Ayo sits atop a tall chair turning the pages of his book. The drawing is rich with symbolic details. The chair legs are sculptures of four men from different backgrounds that might suggest Ayo's ancestry. The chair rails are their hands clasped. Are they joining hands in creating this world for Ayo? Surrounding the boy are men and women sculpting (one bust might be George Floyd); paintings line the walls; a study of a vase and pitcher, brushes, charcoal, sculpting tools line the floor—this work stimulated discussion with several of us in the gallery.



Zuri, Kioni, Asha & Zahara by Zen Diva Noire

Another work we enjoyed exploring was DonCee Coulter's *Indiscernible Faces*, a large mixed media piece that was awarded Honorable Mention. The picture is crowded with pedestrians, cyclists, cars, trees, and colorful buildings. It is a fanciful street

DINING COMMITTEE

Chef Bart and Nancy led the Dining Committee meeting on March 12. Most feedback comments on the new menu were complimentary. Dining receipts are now being printed and distributed to diners. New dining staff members have been hired and the feedback on their adjustment to Montgomery Place was positive. Special requests for liquor for Happy Hour were discussed! Talk of Josh's new promotion was positive!

The next Dining Committee meeting will be Wednesday, April 9 at 2:15 p.m. in the East Room. Everyone is welcome to attend.

Jay Neal, Chair, Dining Committee

scene, so realistic, that we wondered where is it? A shop had a sign Art and Kunst (German word for art) over the window but another shop sign was Fashionista, a borrowing from Spanish. Up close you can see the materials used: leather, suede, denim, wood, and other materials.

Just as we were leaving the exhibit, we were taken by an oil painting of a woman meditating. Her serenity, her pose, and the gold disk behind made her seem a Bodhisattva or a Hindu goddess. We had just come from our yoga class and this painting brought us back to our contemplative mood.

April 20 is a free day at the museum for Illinois residents. Go to see Black Creativity. It is worth your time.

Natalie Goldberg

BLACK INVENTORS AND SCIENTISTS I BET YOU DIDN'T KNOW (SIXTH EDITION)



Percy Lavon Julian

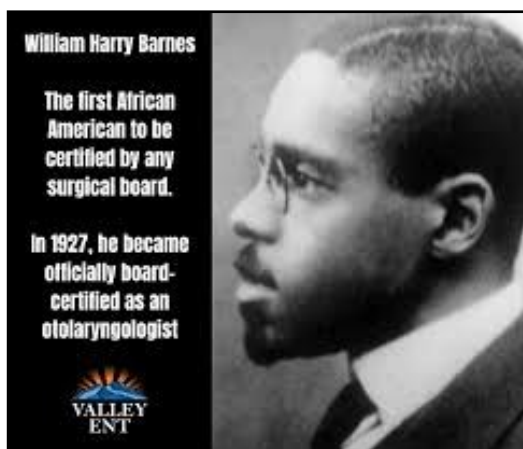
Percy Lavon Julian was born in Montgomery, Alabama in 1899. The grandson of former slaves, he overcame a lifetime of discrimination by becoming an internationally acclaimed inventor of synthetic (human-made) medicines.

In 1920 he graduated as valedictorian of his class in DePauw University at Greencastle, Indiana. In 1923 he earned a master's degree from Harvard and in 1931 a PhD in organic chemistry from the University of Vienna. In 1935, Julian achieved his first breakthrough when he created a drug made from the calamar bean. It was used to fight glaucoma, a potentially blinding eye disease, .

Julian was best known for his synthesis of cortisone, which is used to combat arthritis and other ailments of the limbs and joints. Outside of medicine, he invented Aero Foam, which extinguished oil and gas fires. This was very important to the military in World War II. He was a major asset to the average person by making essential medicines available and affordable. He died of liver cancer in 1975 at the age of 76.

William Henry Barnes was born in Philadelphia in April 1887. He graduated from high school in 1908 and received a four-year scholarship to the University of Pennsylvania Medical School. Soon after graduation, he became a surgeon at the US Department of Health. After more than a decade, he became chief otolaryngologist at Frederick Douglass Hospital in Philadelphia.

He spent a year in France studying new surgical techniques at the University of Paris and Bordeaux and he made many improvements in the instruments used in his craft. He invented the hypophysectomy, designed to reach the pituitary gland, which secretes hormones into the bloodstream. Barnes's device made it easier to access this gland. He also improved the method of removing tonsils without causing bleeding. Barnes died in 1945 of complications from a stroke. He was 58 years old.



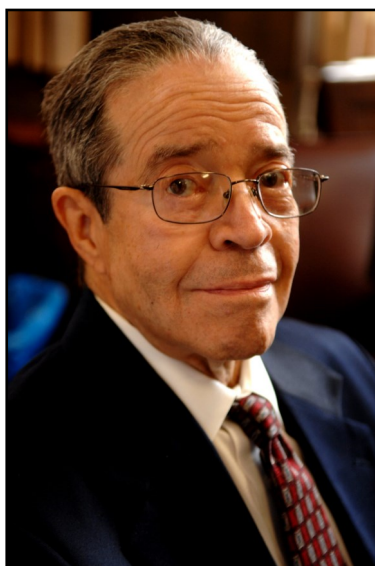
William Henry Barnes

J. Ernest Wilkins was born in 1923. He was a math prodigy whose fundamental work was in nuclear energy and space research. At age 13 he was the youngest student ever admitted to the University of Chicago. At age 19 he earned a PhD in mathematics from U of C. He later earned bachelor's and master's degrees in mechanical engineering from New York University.

He was not only a mathematician, but also a nuclear scientist and optics researcher. After some time as a math teacher at Tuskegee Institute, J. Ernest returned to Chicago, joining the University of Chicago's Metallurgical Laboratory. There he worked with Arthur Compton and Enrico Fermi researching fissionable nuclear materials, particularly plutonium. He also worked on the reactors needed in the Manhattan Project. He traveled to Los Alamos with Fermi and worked to help to create something of which he would never speak.

J. Ernest returned to work as a mathematician at the American Optical Company and later at the United Nuclear Corporation of America. He served as president of the American Nuclear Society. After teaching applied mathematical physics at Howard University and establishing a PhD program there, he returned to Chicago as a visiting scientist at Argonne Laboratory.

I belong to the Original 40 Club of Chicago. The club has a rich history of its own. J. Ernest was also a member and often hitched a ride with me to meetings, since he lived in Hyde Park. His last residence was the 1700 building, our neighbor down the street.



J. Ernest Wilkins

Thank You

A great big *thank you* to Bernie Strauss for his outstanding job as chairperson of the Current Events group. Bernie maintained the quality of presentation as well as quantity. He has earned his retirement!

Come join us in the East Room on a Tuesday at 2 p.m. to talk about current events worldwide, nationwide, statewide, citywide, and even wardwide.

Flora Alderman

He was a very pleasant person and very humble, with a great sense of humor. He never talked about himself in any way, and especially did not speak about his experience with Enrico Fermi.

He loved to play poker and ironically often needed help to understand his hand. No one held that against him. Someone would always come to his aid. This was taboo for anyone else.

The Original 40 Club gives an annual award to a deserving member. It is aptly named The J. Ernest Wilkins Lifetime Achievement Award. J. Ernest died in Arizona in 2011 at age 88.

Stuart Rankin

HEART CONNECTIONS AT SAN QUENTIN

I had just separated from my husband and joined a women's group, looking for new perspectives on myself, other people, and the world. The woman who formed the group was involved in various projects at San Quentin and asked for volunteers to attend a peace walk there. My goosebumps told me I had to do it.

San Quentin State Prison, now known as San Quentin Rehabilitation Center, is the oldest correctional facility in California, covering 432 acres overlooking San Francisco Bay with a capacity for 3,084 male inmates. Originally the site of all state executions, the prison shut down its gas and lethal injection execution chambers in 2019.

The peace walk would be attended by numerous groups throughout the state, and our group would meet and interact with about a dozen prisoners with life sentences who'd been attending classes, accumulating college degrees, healing themselves, and giving back over many years.

I was compellingly drawn to this experience, but terrified. These were, or at least had been, violent men, some isolated from society for decades, and I didn't know what to expect. We weren't to ask about a person's crime. No blue or green clothing—the colors worn by the prisoners and guards—because, in a riot, you could get caught in the line of fire; no open-toed shoes; no IDs, keys, jewelry, or watches. We were symbolically stripped of our identity, enabling us to come together as human beings in one of the most immediate and powerful experiences I've ever had.

I'll never forget the two men—Darwin and Madness—who opened their hearts to me and I to them.

Dressed all in white, Darwin sought me out immediately, asking, "What are we here for?" "Why do we suffer?" "How do we change?" Never having met before, we discussed our deepest thoughts, beliefs, and feelings as we walked around the enormous yard five or six times, until he saw I was thirsty and went off to find me some water.

Despite his originally off-putting name, missing front teeth, and size, Madness was the soul of gentleness. A poet and rapper, he'd been abused sexually from ages 5 to 11 and was afraid to be touched, unsure if he was straight or gay. Sitting in a hotel room one night with a hooker and considering beating and robbing her, he realized that he just wanted to be able to breathe and be at peace. And so, he walked out the door and eventually wrote a book, giving his poetry of pain and truth and forgiveness back into the world that so hurt him for its and his own healing.

A few young women joined our group and shared their stories as well. Ana, who was from Guatemala and always had been afraid of her father, found a roomful of fathers and uncles and brothers to care about her—one of whom came and knelt at her feet, taking her hands, and vowing to cherish her as his daughter. We—prisoners and all—cried with her.

As the sun was setting over the Bay, the two hundred or so peace walkers joined hands in a circle that encompassed the entire prison yard, singing "Let there be peace on earth / And let it begin with me."

Sheri Steinberg

HUMANS
of San Quentin

THE NIGHT I SPENT IN THE ROCKFORD JAIL

A dozen of us landed one night in the Rockford jail. Fate got our bodies there but failed to imprison our minds. This dual prison experience characterizes that of Boethius who was in jail awaiting trial and execution under the Ostrogothic king Theodoric. Having been on top of the world under the last Roman emperor but now in jail, he wrote the classic prison story, *The Consolation of Philosophy*. In it, Lady Fortune visits him one night, reminding him of the transitory nature of wealth, fame, and power. But the next night Lady Philosophy visits and consoles him with the observation that his mind is still free.

More recently, Dostoevsky was sent to a labor camp in Siberia in 1849 for having participated in the Petrashevsky circle of young radicals in Saint Petersburg. His fictionalized memoir, *Notes from the House of the Dead*, introduces a number of inmates, including a narrator, Aleksandr Petrovich Goryanshikov, his own stand-in. The inmates, some of them murderers, are wary of the aristocratic newcomer, who at first shuns them as lesser beings. But a recovered memory from childhood, later embodied in a novella, *The Peasant Marey*, changes his attitude. As a child Aleksandr/Dostoevsky is playing alone in a field when a wolf suddenly appears at the forest's edge. The boy runs into the compassionate arms of a distant peasant teamster who shelters and consoles him. Thereafter, relations in the prison improve and evolve into inmate-created and classless Christmas theatricals.

Before America's entry into World War I, e e cummings volunteered for the ambulance corps in France. He and his friend ended up in the military prison at La Ferté Macé because of subversive letters home caught by the censors. *The Enormous Room* is his comic memoir of his prison experience.

My granddaughter, a theater major at Emerson College in Boston, gave me a book, *See Me: Prison Theater Workshops and Love*, by Jan Cohen-Cruz et al. It chronicles theater workshops organized in prisons in England, Scotland, New Zealand, Louisiana, San Quentin, and Trenton, New Jersey, based on three forms of love—*eros*, *philia*, and *agape*. In Trenton State Prison an inmate, Finn K, and an outsider, Jan Cohen-Cruz, fall in love (*eros*). Two males, a released Black inmate, Alexander Anderson, and a white outsider, Kevin Bott, confront racism and white supremacy as they become friends (*philia*). Bott, an NYU doctoral student, develops a 12-week workshop for “returned citizens” (former inmates) culminating in a public homecoming rite of passage. Rand Hazou and Reginold Daniels facilitate reciprocal workshops in San Quentin, where inmates are mostly Black, and a prison in Auckland, New Zealand, where prisoners are mostly indigenous Māori, they experience an all-embracing, cross-cultural human love (*agape*). Improvised workshop dialogues moderate tensions. Over time forgiveness replaces revenge.

Inmates already housed in the Rockford prison's single, enormous room were largely drunk, prone, and incommunicado. In the morning our fraternity brothers (*philia*?) rescued us from the incarceration they had prearranged with the prison authorities as part of our initiation into Tau Kappa Epsilon at Beloit College. In our prison stay there were no workshops or recovered memories from childhood or visits from Ladies Fortune and Philosophy. But the *Messenger* now joins a distinguished genre of prison literature, from Boethius to Aleksandr Solzhenitsyn. My own closure came when I was appointed *hypophetes*, a kind of chaplaincy in charge of rituals and initiations, of the kind we'd just endured, and guardian of the fraternity motto, *time, kai, eros*, honor and love.

Stan Moore



THE WOMEN'S MARCH

On March 8, Joyce Mannis and Lois Baron joined the Women's March in Chicago at Daley Plaza. The march proceeded to Trump Tower. It was a cold, bright day. The group felt communal and in good spirits.

Lois Baron

EASTER IN NEW ENGLAND

It was a beautiful spring day on Easter Sunday in Rehoboth, Massachusetts, a small town in southern New England. Our family's church was in the center of town overlooking beautiful Cape Cod style homes and a small lake that reflected many of the tall pines that surrounded our small town. When the Easter service was over, we walked outside into the warm sunshine greeting our friends and neighbors.

Soon it was time to leave and drive to Mimi and Bumpa's home (nicknamed

the Ponderosa for its size) on the edge of town. As we were coming up the long driveway we noticed a couple of bunny rabbits—so appropriate for this Easter Day! We were also greeted by the barking of Pocahontas, the family cocker spaniel.

Grandma (Mimi) headed for the kitchen as she was preparing our Easter dinner of ham, scalloped potatoes, fresh vegetables, and a green Jello dish. We were also going to have homemade blueberry pie and chocolate fudge. Granddad (Bumpa) left for his workshop (the garage) where he was preparing for the children's Easter egg hunt (or so we thought).

Mom, dad and the children went into the den to build a roaring fire where we roasted some marshmallows to put with our chocolate candy slices and graham crackers. The children waited patiently for the Easter egg hunt to begin. Soon Bumpa blew a whistle and the hunt began!

The surprise of the Easter Day hunt was the jelly beans—instead of eggs—that were hidden all over the house and property. Everyone had a great time searching! The winner would get to keep the jelly beans! Guess who won?

Jay Neal



THE PAINTING

I received a call from the Art Institute of Chicago when they were considering purchasing *Slender Woman with Vase*, a painting by József Rippl-Rónai, but its provenance was four pages long and written in Hungarian. Their Swiss translator, who usually translated German and French, was unable to help. The translator, my neighbor, called and asked me to do the translation. My husband warned me that this might be extremely difficult.

József Rippl-Rónai was the most influential artist in Hungary of his day. His paintings are associated with the Post Impressionist movement. He was born in 1861 in Kaposvar and died in 1927 in Budapest. He earned a degree in pharmacology and later studied art in Munich. He moved to Paris in 1887 and met Les Nabis, an avant-garde group of artists. Under their influence, he became known for a unique dark atmosphere. He returned to Budapest in 1902.

I did a fair amount of research and completed the translation. My husband was right. This translation was extremely difficult, for I was not familiar with many of the art terms in the provenance.

The Art Institute must have been satisfied with my translation because they purchased the painting for one million dollars. The painting is now on exhibit in the Post-Impressionist section of the museum.

I was pleased to view it but disappointed not to have been invited to the unveiling ceremony.

Susan Meschel

GREENHOUSE GROWINGS-ON

With the temperatures hitting 30 and jumping to 70, our minds turn to spring and so do the plants! It is time for spring maintenance, reworking the earth, clipping away dead leaves and stems, and trimming down some of the healthy vines so they can grow new ones for blooms.

It also means identifying the plants that have responsible owners (names on pots) by *tax day*, April 15. If the owner's name isn't on the pot, I will assume it is an orphan and plan an adoption day when these plants will be available for giveaway to residents and staff. Patricia Northcott and I have been caring for these plants all winter. Now it is time to organize the Greenhouse so that in May we can focus on both the Greenhouse and the Garden.

Please take the time to visit our flowering friends and take advantage of our work area and tools. Here are the guidelines of using the Greenhouse:

- ♦ When your plant lives in the Greenhouse, put your name on the pot and continue to care for the plant regularly.
- ♦ Water only your plant(s)—never other people's plants
- ♦ Clean and replace tools where you found them; do not take them to your apartment.

Someone has misplaced Patricia Northcott's Australian carved wooden goanna lizard. It has resided in the Greenhouse for eight years, overseeing the plants 24 hours a day. It is 10" long and half an inch high. Please help us find it and bring it back home to the Greenhouse.

Laurieann Chutis, Greenhouse Coordinator



PEAS IN A POD

Three of Earth's most powerful public men share much more than notoriety. Their personal statistics match in a coincidence that beggars the imagination.

The first of the trio, Tarzan of the Apes, born to the title of Lord John Greystoke II, was only a baby when he was orphaned in the East African jungle. He was adopted by a band of great apes, whose elders gave the little human the name "Tarzan," which in their primitive patois means "White Skin."

Edgar Rice Burroughs's first report on the celebrity, *Tarzan of the Apes*, came out in 1912. That book was the first of two dozen biographical studies the California author wrote about the life and exploits of the famous friend of the simians.

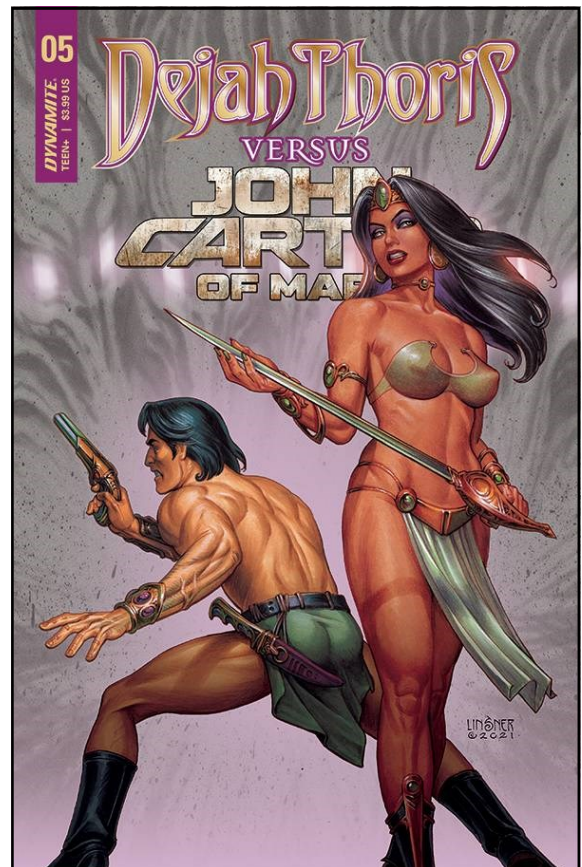
Austro-Hungarian-born actor Johnny Weissmuller is likely the movie Tarzan my readers will remember: he played Tarzan in a dozen feature films from 1912 to 1948. Weissmuller became famous for roaring across the treetops Tarzan's signature ululation, which technicians magnified until the call could panic a pride of lions. We young Hoosiers, exiting the theater after viewing a Tarzan movie, often practiced that jungle roar until our elders compelled us to shut up.

Besides giving us reports on the King of the Jungle, Burroughs took us to Mars. Here his subject was demobbed Confederate Army Captain John Carter, who was forced to flee across interplanetary space to escape being scalped by a howling mob of Apaches.

After an Arizona-to-Barsoom commute (Barsoom is what the Martians name their planet), Carter finds that his big jump had a salutary effect: he lost a lot of weight. Having on arrival immediately gotten into a sword fight with a bunch of Martian bad

guys, Carter wins the unequal battle by dint of planetary physics: while he possesses the full puissance of his Earth-tempered musculature, his back-in-Virginia weight of 194 pounds has shrunk to an agile 88.

I have not been able to determine the weight of Carter's Martian girlfriend, the incomparable Dejah Thoris; but I gather from Burroughs's description of the lady that her geometry was eye-pleasing. He says, "She was as destitute of clothes as the green Martians who accompanied her; indeed, save for her highly wrought ornaments she was entirely naked; nor could any apparel have enhanced the beauty of her perfect and symmetrical figure."



One must note that, despite Dejah Thoris's mammalian anatomy, some differences showed up as Carter got to know her better

after their marriage. The couple's son, Carthoris, and daughter, Taras, were both delivered as white-shelled eggs.

Our third protagonist, Elon Reeve Musk, born in Pretoria, South Africa on, June 28, 1971 (he's a Cancer), wears shoe size 12(US) 45 (EU), and stands 6'2" tall (188 cm). Weighing in Washington 194 pounds (88 kg), Musk can expect when he lands on the surface of, say, Utopia Planitia, the largest impact crater on Mars and indeed in our solar system, with an estimated diameter of 3,300 km. (2,051 miles) the same diminution of body-weight that John Carter experienced before him.

Musk will still be of his Department of Government Efficiency height 6' 2" (188 cm.) tall, the same as he was back in Pretoria, Transvaal, South Africa. His shoe size will still be 12 (US), 45 (EU). However, his weight, which is, according to *The Wall Street Journal*, 194 pounds (88 kg) will be on Mars 88 pounds as he steps off the ladder of his Tesla spaceship.

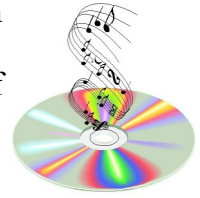
What can we predict from the facts I have presented? Simply that Mr. Musk, whose rockets have the unfortunate habit of becoming pyrotechnic exhibits, must adopt Captain Carter's program of having himself transported to Mars. In other words, Musk should nap in that Arizona cavern as did our Captain John, preferably sealed in by a band of howling Apaches, and allow himself to be transferred to the Red Planet by the techniques of astral projection.

Bearing Carter's experience in mind, Musk would be prudent to take along a broadsword.

Allen Lang

HEWSON SWIFT CONCERTS

Hewson Swift concerts are presented on Wednesdays at 7:15 p.m. in the Lounge and on Channel 4.1. Join us for an hour or more of wonderful music on CD or DVD.



- ◆ April 2, Susan Meschel presents acts 1 and 2 of Puccini's *Manon Lescaut* with Placido Domingo and Renata Scotto, Metropolitan Opera Orchestra and Chorus. James Levine, conductor. DVD. 1 hour 25 minutes.
- ◆ April 9, Susan Meschel presents acts 3 and 4 of Puccini's *Manon Lescaut*. DVD. 50 minutes.
- ◆ April 16, Barbara Asner presents Bach's Orchestral Suites and Concerto for Two Harpsichords. The Academy of Ancient Music, Christophe Rousset and Christopher Hogwood, harpsichords. CD. 1 hour.
- ◆ April 23, Barbara Asner presents Itzhak Perlman playing Paganini's Violin Concerto and Sarasate's *Carmen Fantasy*. Royal Philharmonic Orchestra. Lawrence Foster, conductor. CD. 45 minutes.
- ◆ April 30, Barbara Asner presents "Alfred Brendel Plays Schubert and Schumann." Alfred Brendel, piano. CD. 1 hour 15 minutes.

If you would like to share your recorded music on a Wednesday evening, please contact Barbara Asner at 4618 or Fran Vandervoort at 4396.

Barbara Asner and Fran Vandervoort, Co-Chairs,
Hewson Swift Concerts

ADAPTING TO AGING

The Adapting to Aging Group will meet on Friday, April 4 at 1 p.m. in the Chapel. We invite all previous participants back and welcome all new residents who may be interested in exploring this topic. We look forward to seeing you. Group conveners are Helen Wolkow, Laurieann Chutis, Marlene Rankin, and Ida Watanabe.

Ida Watanabe

APRIL FILMS

Film Committee selections are shown each Monday, most Thursdays, and most weekends in the Lounge and on Channel 4.1. Many films benefit from viewing in the Lounge on the big screen. All Film Committee movies start at 7:15 p.m. The Film Committee meets on the first Thursday of each month in the Game Room at 2 p.m. This month the theme for weekend movies is Louis Malle.



and a client who is the visiting son of a Russian oligarch named Vanya Zakharov, marry on a whim. When Vanya's parents find out they send henchmen to interfere and fly to Brooklyn immediately to force an annulment. Things do not go well. 1 hour 20 minutes.

Thursday Documentaries

♦ April 10, *I Am Big Bird, The Carroll Spinney Story*, 2014. The film is about the original performer of *Sesame Street* characters Big Bird and Oscar the Grouch. Rotten Tomatoes says, "a heartwarming behind-the-scenes perspective on a cultural icon." 1 hour 30 minutes.

♦ April 24, *Bix: "Ain't None of Them Play Like Him Yet,"* 1981. The film chronicles the life of legendary jazz musician Leon "Bix" Beiderbecke from his beginnings as a child prodigy to his tragic death at 28. Telling the story are those who knew him: Louis Armstrong, Hoagy Carmichael, Doc Cheatham, Matty Malock, Artie Shaw, Charlie Davis, and others. 1 hour 56 minutes.

Thursday Foreign Language Films

♦ April 3, *Number 24*, 2024. (Norwegian). Young apprentice Gunnar Sønsteby from Rjukan decides to resist Nazi Germany on the day of the invasion and later becomes the leader of the "Oslo-gang," carrying out countless daring acts of sabotage that made him Norway's greatest war hero of WWII. 1 hour 50 minutes.

♦ April 17, *Mother's Day is Cancelled*, 2023. (Spanish) A comedy from Mexico. When two families come together to celebrate Mother's Day and a family secret emerges, the celebration takes some awkward and emotional turns. 1 hour 30 minutes.

Monday Films

♦ April 7, *Shakespeare in Love*, 1998. A romantic comedy starring Gwyneth Paltrow, Joseph Fiennes, Geoffrey Rush, Colin Firth, Ben Affleck, and Judi Dench. It depicts a fictional love affair involving William Shakespeare (Fiennes) and Viola de Lesseps (Paltrow) during the writing of *Romeo and Juliet*. 2 hours.

♦ April 14, *Molly's Game*, 2017. A biographical film written and directed by Aaron Sorkin and starring Jessica Chastain, Idris Elba, and Kevin Costner. Molly Bloom (Chastain) becomes the target of an FBI investigation after the underground poker empire she runs for Hollywood celebrities, athletes, business tycoons, and the Russian mob is exposed. 2 hours 20 minutes.

♦ April 21, *Chimes at Midnight*, 1966. A comedy-drama written and directed by Orson Welles centers on Shakespeare's Sir John Falstaff and his fatherly relationship with Prince Hal, who must choose loyalty to Falstaff or to his actual father, King Henry IV. Starring Welles as Falstaff, and Keith Baxter, John Gielgud, Jeanne Moreau, and Margaret Rutherford. 2 hours.

♦ April 28, *Anora*, 2024. An American comedy-drama. A young stripper, Anora,

Weekend Theme Films: Louis Malle

♦ April 5-6, *Atlantic City*, 1980. A romantic crime film starring Burt Lancaster and Susan Sarandon. When Sally Matthews (Sarandon) leaves her Canadian home to relocate to Atlantic City, she aspires to a prosperous career in the gambling industry. Trouble ensues. 1 hour 44 minutes.

♦ April 12-13, *Pretty Baby*, 1978. An American drama set in 1917, starring Brooke Shields, Keith Carradine, and Susan Sarandon. A 12-year-old girl is being raised in a brothel in Storyville, the red-light district of New Orleans by her prostitute mother. It is based on a true story from a historical account of the era as well as the life of photographer Ernest Bellocq. 1 hour 50 minutes.

♦ April 19-20, *Vanya on 42nd Street*, 1994. An American comedy-drama written by André Gregory, and starring Wallace Shawn and Julianne Moore. 2 hours.

♦ April 26-27, *My Dinner with Andre*, 1981. André Gregory and Wallace Shawn wrote this movie and star as fictionalized versions of themselves. They share a conversation at Café des Artistes in Manhattan. Roger Ebert chose it as the best film of 1981, and in 1999 he added the film to his Great Movies essay series. 1 hour 50 minutes.

Your Suggestions

We invite your suggestions for films you would like to see. Come to a committee meeting at 2 p.m. on the first Thursday of the month or send a Wikipedia listing to any member of the committee, Lois Baron, Natalie Goldberg, Becky Kruse, Allen Lang, Joyce Mannis, Susan Meschel, Doris Smith, Bernie Strauss, Gina Volpe, Helen Wolkow.

Lois Baron for the Film Committee



FRIDAY NIGHT SPEAKERS

The Friday Night Speakers program has been a tradition at Montgomery Place for years, and we cordially invite you to attend the following Friday at 7:15 p.m. in the East Room.

♦ April 4, Deborah Caldwell-Stone, introduced by Fran Vandervoort, is Director of the American Library Association's Office for Intellectual Freedom and the Freedom to Read Foundation. Before joining the American Library Association in 2000, she practiced appellate law in Chicago's state and federal courts and now works closely with librarians and educators on issues of intellectual freedom and privacy. She will speak on "Book Burning."

The next committee meeting will be on Thursday, May 8 at 11 a.m. in the Game Room. Please join us and share your ideas about possible speakers. Committee members are Bernie Strauss, Barbara Baker, Laurieann Chutis, Taria Houvouras, David Lebowitz, Peter Martinez, Stan Moore, Sheri Steinberg, and Fran Vandervoort.

Sheri Steinberg

IN MEMORIAM

George Charron
Donna Metzler
Hedy Brotman-Turnbull

NOT THE MINUTES OF THE MARCH 20, 2025 RESIDENTS' ASSOCIATION MEETING

Note: This is a personal summary of the main issues raised in the meeting and is not to be confused with any official statement or document.

The minutes of the December meeting were approved. The General Account balance is \$8,613.87 and the Holiday Fund balance is \$850.64.

Susan Hamburger said there were two new resident couples: Carolyn and Milan Schmidt, and Roberta and Charles Bernstein. Susan introduced the Bernsteins.

Richard Muller reported that the Environmental Services Committee met with Mark Mullahy present. The main issues covered: a) he described a device known as the camel, which is used to lift a person who has fallen, is not injured but cannot get up, into a sitting position—a demonstration will be forthcoming; b) two types of emergency pendants are being considered; c) the garage will be cleaned and restriped in April; d) we have received insurance funds for the broken parking lot gate; e) he has asked Tyra to get brighter lights for the conservatory.

Anna Mary Wallace reported that she had delivered a check for \$1500 from the Residents' Association to the Friends of Bret Harte School.

Richard Muller, chair of the Residents' Council Election Committee, explained the election procedure and said that the committee will provide a more comprehensive memo to residents in late April or early May. We will elect six members, who will serve two-year terms, and two alternates, who will serve one-year terms.

Paula reminded the residents about the dining dollars procedure. Residents have been allocated 630 dining dollars to spend

on food in the Dining Room and the Café. If you spend more than that amount, the excess will appear in your monthly rent bill on April 1. If you spend less than that amount, any excess up to \$50 will be carried over to the next month, additional excess will be lost. She also explained the two-tier pricing policy in the Café. You can charge items to your dining dollars allowance, your regular monthly bill, or pay by credit card or cash; the cost will be higher if you use your dining dollar allotment.

Becky Kruse explained the activities of the Hyde Park Neighborhood Council, a group that is concerned with safety measures in our neighborhood. Currently, five buildings are represented in the Council, and others are expected to join. She explained that if you become aware of a serious safety issue in our neighborhood, you should call 911 and say that you live in Montgomery Place.

Joyce Mannis explained the activities of Indivisible, a social action group.

Helen Wolkow noted that our former chaplain, Laura Gottardi-Littell, had created a discussion group, Adapting to Aging, which met twice a month. After she left, a few residents continued to meet informally to discuss aging issues. She announced that we will formally revive the group, which will be continued by residents. The group's initial meeting will be on Friday, April 4.

Flora Alderman said that Current Events meets every Tuesday. She encouraged more residents to come and said that she is seeking additional moderators. Ida Watanabe described the Race Relations group, which meets every two weeks. Rona Strahilevitz encouraged residents to take advantage of the activities of our exercise program—yoga, tai chi and chi gong, exercise, and meditation.

Richard Muller

CHOICES PART 2

This is the second of a three-part reflection on Helen's decision to move to Montgomery Place.

The size of the community is different in each senior living facility. Size matters when getting around and maneuvering physically, as well as how the place operates socially. A community of under 200 is very different from one of 500 or 1000. My community is under 200 residents, so if you don't know everyone, you still know them. Of course, you will become friendly with some people more than others. Before I came here, I felt as if I was going to kindergarten again and worried whether the other kids would play with me. (They did!) I worried whether the teachers (management) would like me. (I think they do!) My community is very kind, very caring, and very sharing.

Some senior living communities are for profit while others are not-for-profit. The latter are required to have a board of directors, so there is some oversight. There are communities where you buy into your apartment and communities where you rent your apartment. Each community is different with different levels of care. My community has independent living apartments, assisted living apartments, a long-term care and rehab floor (usually for after a hospital stay).

For meals we can go to our dining room for breakfast, lunch, or dinner. Often residents form tables (groups) for each day of the week. I prefer to limit the number of days I eat in the Dining Room. I sometimes have dinner delivered or pick it up and eat in my apartment. Sometimes I cook for myself as my apartment has a full kitchen. We also have a café where one can get breakfast and lunch. Again, I have all kinds of choices.

For activities there are many to choose from besides the exercise programs. The Film Committee plans for the weekly films we show in the Lounge and in our apartments.

The Activities Committee plans outings to restaurants, shows, and museums. The Dining Committee discusses quality of food and service in the Dining Room. Other community activities include current events discussions, race relations discussions, musical and choral concerts, the Booklovers group, mah-jongg, chess, and Scrabble.

Here we have a town meeting twice a month; management discusses what's going on, and we can raise concerns. The elected Residents' Council is the liaison between residents and management. Our monthly publication is written and edited by the residents. We have wine and cheese and a happy hour every week. Once again, what to do and how much to do depends on your interests and your energy level.

Helen Sue Wolkow

LIBRARY NEWS

Purchased

♦ Louis Ginzberg. *Legends of the Bible*

Donated

♦ Dino Ross. *Brunelleschi's Dome*.

The construction of an architectural masterpiece in Florence, Italy

If you take out a book with a card in the back (hardcovers or books written by residents), *please* fill it out. If you do not do this, we do not know who has the book or whether it has disappeared. If there is a book you believe would be of interest, please provide the title and the name of the author on the sheet on the table at the front of the Library.

We encourage any resident interested in the Library to come to the next meeting—Wednesday, April 9, at 10 a.m. in the Library.

Richard Muller, Chair, Library Committee



SPECIAL EVENTS IN

WEDNESDAY	2	NOON	BUS	SHAKESPEARE THEATER, <i>SUNNY AFTERNOON</i> (P. 3)
FRIDAY	4	12:30 PM	BUS	CSO, <i>OCEANIDES</i> (P. 3)
		7:00 PM	BUS	UCHICAGO PRESENTS LEONKORO QUARTET (P. 3)
		7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER DEBORAH CALDWELL-STONE (P. 19)
SATURDAY	5	2:00 PM	EAST ROOM	U OF C BALLET COMPANY. (P. 4)
SUNDAY	6	2:30 PM	BUS	UCHICAGO PRESENTS: CSO BRASS ENSEMBLE (P. 3)
FRIDAY	11	NOON	BUS	LUNCH OUTING, THE GAGE (P. 3)
		2:00 PM	EAST ROOM	RECITAL BY ENSEMBLE VITELOTTE (P. 4)
SUNDAY	13	2:00 PM	EAST ROOM	RECITAL BY UNA STRODA (P. 4)
WEDNESDAY	16	11:00 AM	BUS	CHICAGO HISTORY MUSEUM (P. 3)
		4:00 PM	DINING ROOM	COMMUNITY PASSOVER SEDER (P. 2)
THURSDAY	17	11:00 AM	CHAPEL	MAUNDY THURSDAY SERVICE
FRIDAY	18	11:00 AM	CHAPEL	GOOD FRIDAY SERVICE
		12:30 PM	BUS	CSO, MAHLER'S SEVENTH (P. 3)
		2:00 PM	EAST ROOM	DIRT RED JAZZ BAND (P. 4)
SATURDAY	19	1:00 PM	BUS	LYRIC OPERA, <i>WONDROUS SOUND</i> (P. 4)
SUNDAY	20	11:00 AM	CHAPEL	EASTER SERVICE
		2:00 PM	EAST ROOM	OMAGGIO QUARTET (P. 4)
FRIDAY	25	12:30 PM	BUS	UCHICAGO PRESENTS: DOUBLE BASSIST EDGAR MEYER (P. 4)
SATURDAY	26	11:00 AM	BUS	MET LIVE IN HD, <i>LE NOZZE DI FIGARO</i> (P. 4)
SUNDAY	27	2:00 PM	BUS	CSO PIANO SERIES, EMANUEL AX (P. 4)
WEDNESDAY	30	1:00 PM	BUS	DUSABLE MUSEUM (P. 4)



PLEASE NOTE: Any event listed on pages 23-24 without a specific date or dates occurs on that day of the week every week. Events listed with specific dates occur on those dates only.

REGULAR EVENTS IN APRIL

M/W/F	9:30-10:30 AM	THIRD FLOOR	WELLNESS CLINIC
M/F	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
T/Th	1:30-2:30 PM	THIRD FLOOR	WELLNESS CLINIC
M/W/F	11:00 AM	EAST ROOM	TONE IT UP!
T/Th	11:00 AM	LLLC	FLEX AND FLOW
M/F	1:00 PM	LLLC	STRETCH AND MOBILITY
T/Th	1:00 PM	POOL	WATER AEROBICS

MONDAY

	10:00 AM-NOON	BUS	HYDE PARK ERRANDS AND SHOPPING
	1:30 PM	EAST ROOM	YOGA
14, 28	2:30 PM	GAME ROOM	SCRABBLE
7	3:00-4:00 PM	EAST ROOM	TOWN MEETING
28	3:00-4:00 PM	EAST ROOM	BOOKLOVERS GROUP (P. 7)
	7:15 PM	LOUNGE/CH 4	FILM COMMITTEE MOVIE (P. 18)

TUESDAY

22	9:30 AM-NOON	THIRD FLOOR	AUDIOLOGIST
1	10:00 AM	EAST ROOM	ACTIVITIES COMMITTEE
	10:30 AM	EAST ROOM	BALANCE AND MOBILITY
	11:00 AM	ZOOM	MEDITATION (LAURIEANN CHUTIS)
	11:00 AM	LLLC	FLUIDITY AND MOVEMENT
	11:00 AM	EAST ROOM	TAI CHI
	1:00-3:00 PM	CAFÉ	TECHNICAL ASSISTANCE
	2:00-3:00 PM	EAST ROOM	CURRENT EVENTS (P. 11)
	3:30-4:30 PM	LOUNGE	WINE AND CHEESE
1	7:15-8:15 PM	EAST ROOM	SINGALONG
22	7:15	EAST ROOM	SHORT STORY GROUP

WEDNESDAY

	10:00 AM-NOON	BUS	HYDE PARK ERRANDS AND SHOPPING
	10:15-11:00AM	EAST ROOM	MEDITATION WITH SHAWN
9	10:00-11:00 AM	LIBRARY	LIBRARY COMMITTEE (P. 21)
	10:45 AM-NOON	GAME ROOM	HYDE PARK BANK
	10:30-10:55 AM	CHAPEL	INTERDENOMINATIONAL CHAPEL SERVICE
	1:00-2:00 PM	LLLC	BALANCE AND MOBILITY
9, 23	1:00-2:00 PM	EAST ROOM	RACE RELATIONS
9	1:00-2:00 PM	LOUNGE	HEALTH EDUCATION LECTURE
9	2:15-3:15 PM	EAST ROOM	DINING COMMITTEE (P. 9)
	7:15 PM	LOUNGE	HEWSON SWIFT CONCERTS (P. 17)

THURSDAY

	10:00 AM	BUS	MARIANO'S SHOPPING
	10:00 AM-NOON	APARTMENTS	IT TECHNICAL ASSISTANCE, CALL FRONT DESK FOR APPOINTMENTS
	10:00-11:00 AM	EAST ROOM	ADVANCED BALANCE TRAINING
3	11:00 AM-NOON	GAME ROOM	MESSENGER PLANNING MEETING
	11:00 AM	EAST ROOM	YOGA
10	11:00 AM	GAME ROOM	FRIDAY NIGHT SPEAKERS COMMITTEE (P. 19)
24	NOON	DINING ROOM	APRIL RESIDENTS' BIRTHDAY LUNCH
	1:00 PM	EAST ROOM	CULINARY CORNER
	1:30 PM	GAME ROOM	MAH-JONGG
3	2:00 PM	GAME ROOM	FILM COMMITTEE (P. 18)
3, 10, 24	2:00 PM	CHAPEL	ROMAN CATHOLIC COMMUNION SERVICE
17	2:00 PM	CHAPEL	ROMAN CATHOLIC MASS
17	2:30 PM	EAST ROOM	ENVIRONMENTAL SERVICES COMMITTEE
	3:30-4:30 PM	LOUNGE	HAPPY HOUR
17	7:15 PM	EAST ROOM	RESIDENTS' COUNCIL MEETING (P. 20)
3, 17	7:15 PM	LOUNGE/CH 4.1	FOREIGN LANGUAGE FILMS (P. 18)
10, 24	7:15 PM	LOUNGE/CH 4.1	DOCUMENTARY FILMS (P. 18)

FRIDAY

4	10:00 AM	BUS	COSTCO SHOPPING
11, 18, 25	10:00 AM-NOON	BUS	HYDE PARK ERRANDS AND SHOPPING
	9:15-11:30 AM	STUDIO	DRAWING AND PAINTING CLASS
	NOON-1:00 PM	LOUNGE	HEALTH EDUCATION LECTURE
	1:00 PM	EAST ROOM	STRETCHING AND MOBILITY
4, 18	1:00 PM	CHAPEL	ADAPTING TO AGING GROUP (P. 17)
	4:15 PM	EAST ROOM	SHABBAT SERVICE
4	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS (P. 19)

SATURDAY

	8:00 AM-4:00 PM	BUS	RELIGIOUS TRANSPORTATION
	11:00 AM-NOON	EAST ROOM	LAURA FENSTER'S OPEN REHEARSAL (P. 4)
	1:30 PM	GAME ROOM	MAH-JONGG
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS (P. 19)

SUNDAY

	8:00 AM-4:00 PM	BUS	RELIGIOUS TRANSPORTATION
	11:00 AM-NOON	CHAPEL	CHAPEL SERVICE
	1:30 PM	GAME ROOM	CHESS
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS ENCORE (P. 19)