

MONTGOMERY MESSENGER

The Publication of the Residents of Montgomery Place Retirement Community
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Never at a loss for words



Midnight jam session with Corey Wilkes, Maurice Brown, Junius Paul, and others at International House, 2009

HYDE PARK JAZZ FESTIVAL'S 20TH ANNIVERSARY

The Hyde Park Jazz Festival team invites you to its 20th annual celebration of community and jazz—both indoors and out. Printed schedules of events will be available throughout Montgomery Place. We hope to see you on the Midway, on campus, and throughout the neighborhood on September 26 and 27! Please check out the website for festival details: <https://hydeparkjazzfestival.org>

A decade ago, Howard Reich, then music critic for the *Chicago Tribune*, wrote in his review, “The 10th annual Hyde Park Jazz Festival swept into the historic

Chicago neighborhood over the weekend, instantly turning it into the world’s largest jazz club,” calling the festival a “now indispensable event...” (9/25/16). In the festival’s first three years, under the aegis of The University of Chicago, money and support flowed into the creation of the 2007 inaugural event. The university and cultural institutions in Hyde Park had hopes that a partnership with the reconstituted Hyde Park Jazz Society (HPJS) would bring in new talent. Knowing little about jazz, they reached out to the president of the Hyde Park Jazz Society, Jim Wagner, requesting to work together and create a festival. Jim added Carolyn Albritton, a talent booker who knew musicians and staging and was *ex officio* on the HPJS board, and me, the secretary of the board, jazz lover, promoter and publicist.

A festival date was set, September 29, 2007, the Saturday before university classes resumed for the year; musicians were contacted and contracted (first choices Dee Alexander, Orbert Davis, and Willie Pickens quickly accepted); and venues were chosen (DuSable Museum; Oriental Institute [now

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Jazz Festival from p. 1

ISAC]; Quadrangle Club, Smart Museum, Robie House, Hyde Park Art Center, skating rink on the Midway, and the Checkerboard Lounge in Harper Court). The second year added Experimental Station, International House, Little Black Pearl, and Rockefeller Chapel. The third year brought the Hyde Park Bank. In its fifth year, the festival expanded to a two-day event.

Now celebrating its 20th anniversary, the Hyde Park Jazz Festival has an international reputation and has grown to many thousands of attendees. In its second year, the Woodlawn Avenue Stage on the Midway was named for Jim Wagner. In this twentieth year, the stage on Ellis Avenue will be dedicated to jazz great and longtime Hyde Park Parker Willie Pickens on September 26.

When the university stopped providing the major funds, the festival team solicited grants and donors to keep the event free, keeping the promise made to the community at its inception. This year will feature some of the young lions who first found their audience in Hyde Park and now perform around the world. They include trumpeter Marquis Hill, vibraphonist Joel Ross, and drummer Makaya McCraven; established and feted Chicago musicians like vocalist Dee Alexander, pianist Miguel de la Cerna, and trumpeter Orbert Davis; plus internationally recognized performers like saxophonist Joshua Redmond (performing at Rockefeller Chapel on 9/26/26), saxophonist Donald Harrison, and pianist Emmett Cohen.

There will be centenary birthday tributes to Oscar Brown, Jr., Miles Davis, and John Coltrane. Howard Reich will speak about and sign his book, *The Majesty of Chicago Jazz: Twenty-Five Visionaries Who Define the City's Sound* (U of C Press).

Judith Stein

MARK'S MONTGOMERY MOMENTS UPS AND DOWNS

Life is full of ups and downs. Sometimes the ups are wonderful. Sometimes the downs are not so much fun. And as we get older, I have discovered that the ups and downs don't necessarily stop. In fact, some of the downs seem to come a little more quickly!

I am now at a stage in life where I have grandchildren, one of the biggest "ups" there is. Watching them grow, discovering new things through their eyes, and spending time together has been a tremendous joy. Of course, there are some downs that come with it too. For example, after spending a full day keeping up with the grandchildren, my body sometimes reminds me that I am no longer 25. Getting down on the floor is easy. Getting back up is a completely different story!

Which brings me to another subject involving ups and downs: our elevators.

Montgomery Place's three elevators are approaching 40 years old. Like many of us who have been around for a while, they have had a few ups and downs of their own. And lately, we have experienced more than our share of elevator issues.

The good news is that we are doing something about it. Beginning this fiscal year, we will be modernizing the freight elevator. The deposit has been paid, the materials have been ordered, and the project is moving forward. Once that work is completed, we will move on to elevator #2, followed by elevator #1. When all is said and done, we are looking at an investment of approximately \$1.5 million in modernizing all three elevators.

That is a significant investment, and an important one. Our elevators are critical to the operation of Montgomery Place. They transport residents, staff, visitors, meals, supplies, and, yes, occasionally more things than I probably want to know about!

We have also changed our elevator service contract. Historically, our maintenance program has not included as much preventive maintenance as it should have. With the new contract and the modernization project, we are taking a much more proactive approach with the goal to identify problems before they become problems, keep the elevators operating safely and reliably, and extend the useful life of this very important equipment.

It seems fitting that we are talking about “ups and downs” as we make this investment. There will undoubtedly be some

inconvenience while the work is being completed. There may be days when one elevator is out of service and we have to wait a little longer for the next one. And I am sure there will be moments when we all look at the elevator doors and think, “Really? Again?”

But in the long run, we are going up. And perhaps that is the bigger lesson in all of this.

Life will always have its ups and downs. Some are completely out of our control. Others require us to make an investment, make a change and do something differently. At Montgomery Place, we are choosing to invest in our future and make sure that the “ups” keep coming.

So, whether your ups and downs are grandchildren, elevators, health, family, work or simply getting out of a chair without making a sound that you didn't intend to make, remember that the downs don't last forever. Keep moving forward, keep looking up, and when in doubt, if you can . . .

Take the stairs!

Mark Mullahy, CEO

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PLAYREADERS RETURNS

After a summer break, Playreaders returns with a play for a Halloween celebration. We will meet most Mondays in September and October and will perform the radio play version of *Arsenic and Old Lace* on Sunday, October 25, at 2 p.m. Come in costume or not, as you like, but come to enjoy our reading.

Natalie Goldberg, Director, Playreaders

OUT AND ABOUT

Sign up in the trip book for all the events you wish to attend. The times listed are the departure times. Please be prompt and come at least five minutes before the bus is scheduled to leave. “Tickets required” means you are responsible for obtaining your own tickets.

◆ Thursday, September 3, 5:30 p.m. The Chicago Park District presents *Cuatro Mujeres: Nina Simone’s “Four Women,”* a 90-minute live performance exploring Nina Simone’s iconic song in dialogue. South Shore Cultural Center. Free.

◆ Monday, September 14, 2 p.m. This is a free day at the Griffin Museum of Science and Industry. This is a chance to visit *Anne Frank: the Exhibition* and other exhibits. Some exhibits, including Anne Frank, have a separate cost.

◆ Thursday, September 17, noon. This month’s lunch outing is at Evergreen in Chinatown. The Evergreen is a long-established restaurant serving classic Cantonese dishes at affordable prices.

◆ Friday, September 18, 12:30 p.m. The Chicago Symphony Orchestra presents Mendelssohn’s violin concerto performed by Hilary Hahn, the CSO’s former artist-in-residence. The concert begins Petr Popelka conducting Schumann’s *Manfred* Overture and concludes with Dvořák’s fifth symphony. Tickets required.

◆ Wednesday, September 23, 10:30 a.m. This is a free day at the Griffin Museum of Science and Industry. This an opportunity to visit your favorite exhibits and explore the new exhibits. Not to be missed is *Anne Frank: the Exhibition* (separately ticketed).

◆ Friday, September 25, 12:30 p.m. The Chicago Symphony Orchestra, conducted by Klaus Mäkelä, performs Sibelius’s symphony no. 7 and Shostakovich’s symphony no. 4. Tickets required.

◆ Saturday, September 26, 1 p.m. The Joffrey Ballet performs *Lilliom*. Inspired by Molnar’s 1909 play and later the basis for the musical adaptation *Carousel*, this adaptation follows Lilliom, the charismatic but self-destructive carnival barker whose fierce love for Julie is unraveled by pride, poverty, and rage. Tickets required.

◆ Sunday, September 27, 1 p.m. The Goodman Theatre presents *The Attic*. From the primal vista of her childhood bedroom springs Shana Carroll’s groundbreaking memoir. Inspired by the Tony Award-nominated former trapezist’s mesmerizing life story, a company of fearless performers transforms memory into daring aerial feats that are as moving as they are breathtaking. In the air, on the floor, and from the heart, Montreal’s multidisciplinary creative collective The 7 Fingers brings its “thrillingly modern brand of circus” (*Time Out New York*) to the Goodman in this moving new work that embraces the fear and courage of being human. Tickets required.

◆ Wednesday, September 30, noon. Chicago Shakespeare Theater presents *Play On!* Duke Ellington’s timeless jazz tunes set the score for this musical inspired by Shakespeare’s romantic comedy *Twelfth Night*. Tickets required.

Barbara Dwyer, Chair, Activities Committee

SEPTEMBER BIRTHDAYS

9/3	Rosalind Kay		
9/10	Lloyd Loback	9/15	Hitomi Sasamoto
9/10	Hildegund Ratcliffe	9/15	Helen Wolkow
9/11	Ida Watanabe	9/17	Lewis Williamson
9/12	Connie Markey	9/18	Patricia Northcott
9/12	Rob Wilson	9/19	Noemi White
9/15	Roberta Bernstein	9/20	Don Watanabe
		9/21	Trudy Davis
		9/21	Liz Rickert
		9/22	Jo Rita Jordan
		9/22	Gina Volpe
		9/26	Harry Reid
		9/26	Margo Veilleux
		9/27	Eva Santos-Phillips
		9/30	Kevin Swanson



FRIDAY NIGHT SPEAKERS

The Speakers Committee schedules speakers on topics including history, the sciences, politics, and the arts. We cordially invite you to attend the speakers' presentations in the East Room on most Friday evenings at 7:15 p.m. Check the postings in the elevators for reminders and for speakers scheduled after the publication of the *Messenger*.

♦ September 4, Moon Duchin, introduced by Faye Duchin. "Understanding the Gerrymandering Wars." Moon Duchin is a professor of computer science and data science at the University of Chicago. She has researched the mathematics of gerrymandering and redistricting and founded MGGG Redistricting Lab to advance nonpartisan application of research concerning the mathematics of US politics.

♦ September 18, Norman Malone, introduced by Judith Stein. "For the Left Hand" is a documentary film about Norman Malone's life as an avid pianist who suffered a paralyzing injury at age 10, depriving him of the use of his right hand. Despite the disability he had a career as a music teacher at Chicago Public Schools for 35 years, developed a repertoire for left-handed performances, and has played with a symphony orchestra. Norman will be present for questions after the documentary, which runs 1 hour 15 minutes. This program will start at 7 p.m. rather than 7:15 p.m.

All are welcome to attend committee meetings, either to be a part of the committee or just to suggest a speaker. The committee meets on the second Thursday of each month at 11 a.m. in the Game Room. The next meeting is September 10.

Pete Dowd, Co-chair, Friday Night Speakers Committee

NEW ARRIVALS

Jane and Ken Phifer, and Jane's bichon shih tzu Studly, moved into apartment 703 (phone 4678) on June 17, 2026. Jane was born and grew up in Chicago and never thought she would leave. She was the first woman accepted into the chemistry program at IIT, but left when she married her first husband. They had a son, Karl. When they divorced, Jane got a job at Encyclopedia Britannica Film Company and needed a babysitter. She answered an ad on a grocery store bulletin board (remember those?) and the phone was answered by the babysitter's neighbor, who was picking up his daughter.

Ken was born in Danville, Kentucky, grew up in Nashville, where he became a devotee of hillbilly music, and went to high school in Kansas City and college at Harvard (that *is* what "Boston area" means, eh, Ken?). He entered the Army and was promptly sent to the Army language school, where he studied Russian with native Russian speakers. After tours of duty in Frankfurt and Berlin, Germany, he taught at a prep school in Hawaii for two years and then entered the University of Chicago divinity school, where he received his doctorate.

Somewhere along the line he married and when they divorced, he became a single parent to his daughter Kathy. He worked as an advisor to foreign students at UIC Circle Campus. So guess who that guy was who answered the phone when Jane called her potential babysitter?

They got married at Bond Chapel and had a son, David. Ken became a

Unitarian Universalist minister with a church in Canton, Massachusetts. They were there for seven years, during the run-up to the bicentennial. Jane (who, remember, thought she would never leave Chicago) took art classes at Simmons College. She is a collector of artists' self-portraits and plans to exhibit some of them outside 703.

They moved to Ann Arbor when Ken became minister of a UU congregation, a position he held for 25 years until his retirement. He is proud of the congregation's achievements serving the LGBT and immigrant communities and founding an interfaith council. Jane went to the University of Michigan business school, got her degree in finance, and became a commercial lender for a bank. As their lives went in very different directions, Jane and Ken divorced. Both subsequently remarried.

Jane and her husband owned a B&B in Ludington, Michigan, and were founders of the Center for the Arts. Both Jane's husband and Ken's wife died, and they got back together at their first great-grandchild's first birthday party. One thing led to another and they decided to remarry. They chose the same date as their first marriage (October 12) so they couldn't possibly get the dates mixed up.

They lived in Ludington for three years, looked at seven retirement communities, and chose Montgomery Place. Selling points? Ken loves the view; Jane loves the residents' art in the corridors; and both love the diversity. Welcome to Montgomery Place to a most delightful couple (and a really cute doggie)!

Paula Givan



Corinne Morrissey moved into apartment 1406 (phone 4669) on June 3, 2026 with her statuesque white poodle, Simone. Born in Defiance, Ohio, the oldest of four children, Corinne was greatly influenced by her younger brother Tim. He was born with congenital glaucoma. At the age of five she started helping to care for Tim, teaching him to walk and learn, and become independent.

A willingness to use her talents and devote time to help others shaped Corinne's life, initially as a teacher, and later as a lawyer and a recorder of textbooks for the blind. She still reads to blind people four hours a week. She earned a law degree at age 44 and until she retired, provided pro bono services through Chicago Volunteer Legal Services.

Corinne moved to Hyde Park in 1960 when her fiancé was admitted to law school at the University of Chicago. She taught fifth and seventh grades in Flossmoor while he was in law school. After law school graduation, they married and while he worked for a large Chicago firm, Corinne completed her masters in US history at the U of C. The marriage ended amicably 1968, and Corinne looked for an interesting job that did not involve correcting student papers.

She became the administrator for the litigation department of Baker & McKenzie, at that time the largest law firm in the world. Frank Morrissey, the head of litigation, recognized her writing skills and hired her to read and edit all the appellate court briefs in the department.

In 1989 Corinne married Frank Morrissey and she became an adjunct professor at John Marshall Law School. In 1995 Frank retired and taught courses at John Marshall and worked with the National Conference of Bar Examiners. Corinne collaborated with him until he died in 2007.

In 1993, Corinne was voted into the Union League Club of Chicago and joined the board from 2008 to 2012. She became president of the Musicians Club of Women and the Friends of American Writers. She belongs to the Chicago Literary Club, an organization whose members meet weekly for a reading of a member's original research paper. Welcome to Montgomery Place, Corinne!

Pete Dowd



POETRY GROUP

The first meeting of the newly reconstituted Poetry Group was held August 7 with Ida Watanabe, Sandy Weiss, Rona Strahilevitz, Corinne Morrissey, Ronne Hartfield, Gretchen Falk, Natalie Goldberg, and Marcia Dowd attending. Ronne Hartfield read her poem "Sacred Wounds," which was then the subject of a lively discussion.

Preliminary plans for our meetings are that two members will present one or two poems each meeting, either poems they have written or poems they think may provoke a fruitful discussion by the group. We will meet on September 4 and 18 from 3 to 4 p.m. in the Game Room. You are welcome to join in.

Marcia Dowd



MUSEUM OF MEXICAN ART

A great way to celebrate Mexican Independence Day, September 16, is to visit the National Museum of Mexican Art, which a group of residents recently did. This gem of a museum, located in Pilsen, is home to 22,000 works in the permanent collection.

One piece to see before it returns to Mexico in 2027 is a superb Mayan stone sculpture of a king in all his regalia. It was likely carved around 500 AD. The museum has many sculptures from ancient Indigenous cultures.

The current configuration of the permanent collection is “*Nuestras Historias: Stories of Mexican Identity from the Permanent Collection.*” I was most intrigued by many of the contemporary art works, such as *El nuevo amanecer*, or The New Awakening, from 2003 by Santos Motoapohua de la Torre de Santiago with the assistance of others. It is an intricate mural created with chaquira beads in Campeche wax on plywood and is intended to evoke ancient art found in west Mexican tombs, made of shells and stones

that would have been traded from as far south as South America and north as the US southwestern states. The work is colorful and filled with figures from the ancient world. Another work, *Fragments*, from 2006 by Renato Esquivel, evokes the dual cultures influencing Mexico: Spanish religious art and Mayan sculptures. One of the most famous paintings in the permanent collection is *The Virgin of Guadalupe* by Miguel Cabrera, painted in 1740.

A sculpture I enjoyed is this silver figure of a woman in a fancy long dress with a shawl and large fringed hat and carrying her purse and umbrella. She is Catrina, Queen of the Calaveras (skeletons), a modern version of the Aztec goddess Mictecacihuatl, queen of the underworld. La Calavera Catrina is the queen of the Day of the Dead.

Another work that shows a sense of humor is the *Mona Lupe*, a combination of the Mona Lisa and the Virgin of Guadalupe, by Cesar August Martinez painted in the 1990s. Some of the works evoke the Mexican-American experience, such as a stature of liberty with faces of Mexican Americans covering her tunic.

One special exhibition well worth seeing is *Xochicago: Floating Gardens of the Chicago River and México*. The comparison is drawn between two rivers, one here in Chicago and the other in Xochimilco, an ancient settlement



that is now a modern borough of Mexico City. The floating gardens in Chicago are bringing back wildlife, native plants, and people to the riverfront. These gardens are compared to the *chinampas* built by Aztecs.

The other special exhibit that we saw on our visit has been changed to a new exhibit focusing on the land as a source of labor, memory, and identity. It looks promising.

Natalie Goldberg

#@\$ YOU, PAIN! CAN SWEARING LESSEN PHYSICAL PAIN?

Mythbusters was a TV series in which movie industry special effects experts would test claims originating anywhere from ancient Greek poetry to modern internet memes.

The goal of one episode was to test whether it was true that swearing relieves pain. Montgomery Place, with its increasingly older population, has a substantial number of residents who experience high levels of pain, chronic and acute. I don't know about the effect on chronic pain, but the TV scientists convinced me that cussing definitely seems to ease acute pain. Their experimentation was done under careful supervision by medical professionals for accuracy and to protect the subjects who were being tested.

The pain was created by having people plunge their hands into buckets of ice water, roughly up to the elbow. Pain endurance was a simple measurement of how long the subject could keep their arm in the ice water while saying either curse words or nonsense syllables. The testers controlled for the size of the container and the temperature of the ice water. The subjects sat in the same chair,

with the same ambient conditions that might influence one's ability to endure the pain. The episodes comparing the different types of speech were divided by a set number of days so subjects could recover between tests.

They would hold their arms in the ice water for a set amount of time previously determined to be the point at which the cold started causing pain. Then they would speak out loud, either swear words or meaningless, nonsense syllables of comparable length. When they could no longer stand the pain, they would remove their arms from the ice water. After a preset number of days, they would be retested, using the alternate words.

When the data were analyzed; it was found that on both an individual basis and as groups, the people who said real curse words had a statistically significant increase in the amount of pain—defined as the length of time they could hold their arms in the ice water—they could tolerate. Swearing worked!

It would be interesting if Montgomery Place residents suffering from various kinds of pain (chronic vs acute, sharp vs dull throbbing, etc.) could test the efficacy of swearing as pain control, perhaps sending reports on their results to the *Messenger*.

Diane Wallace





Darnell Gause with the Montgomery Place van, August 2026

DARNELL GAUSE

After a long and exhausting appointment at ADCAM, I feel an enormous sense of relief when I see our Montgomery Place van coming to pick me up. When I enter the van and see the welcoming smile of our driver, I already feel at home. I have always been interested in getting to know the people who help us every day. This month, I was happy to interview Darnell Gause, because I have always been impressed by his patience, kindness, and willingness to help.

Darnell was born in Chicago and is proud of his three daughters and two lovely granddaughters. His oldest daughter is a nurse, his middle daughter serves in the Marines, and his youngest is a cosmetologist. He is very close to all three of them and he also enjoys a close relationship with his extended family. Family is clearly a very important part of his life.

When Darnell was 18, he joined the navy and served for three years. Later, while living in Texas, he worked for the post office and the zoo. He returned to Chicago in 2025 after his grandmother passed away, in order to help and support his mother. He told me that being close to his family and staying connected with the

people he loves helps him to grow and to maintain a sense of well-being.

Darnell joined Montgomery Place as a driver about a year ago, but this is not his first time working with us. Before becoming a driver, he worked as a security guard at Montgomery Place from 2006 to 2009. When I asked Darnell what he likes most about his work here, his answer was simple: “the residents.” He enjoys helping people and providing the services they need. He says the residents make him feel very welcome, and he enjoys getting to know them.

When I enter the van driven by Darnell, the radio is usually on, with the news or an interesting discussion about a variety of topics. Darnell is curious and loves learning new things. I enjoy listening with him to whatever program he has chosen. Darnell also loves to cook and to bowl, and he used to play baseball. He continues to learn, to help others, and to stay connected to the people around him.

I must admit that I sometimes feel guilty when I return from grocery shopping carrying heavy bags and get the driver to help. I am very grateful to all our wonderful drivers who help us with those bags, always with such grace and without a single complaint. It may seem like a small thing, but to me it is truly a very big deal. We are so fortunate to have such caring drivers. They do much more than simply take us from one place to another. Every day, they help us, welcome us, and make us feel cared for. For all they do, I am deeply grateful.

Rona Strahilevitz

SENIOR HANDS OFF OUR ^ VOTE

Voter registration matters everywhere in 2026! Indivisible has launched a new national initiative, Hands Off Our Vote, to ensure all eligible voters get to cast their ballot, and that those ballots get counted.

The League of Women Voters of Chicago expanded their traditional voter registration program this year to include senior residences. Montgomery Place Acts is partnering with the League of Women Voters to offer two voter registration events to ensure eligible residents, Montgomery Place staff, and the neighboring community get to cast their vote!

The first event will be held at the Montgomery Place Acts meeting on *Wednesday September 2 from 1 to 2:30 pm in the Lounge*. This voter registration opportunity will focus on Montgomery Place residents, especially new residents.

The second voter registration event will be on *Saturday September 19 from 11 a.m. to 3 p.m. in the East Room*. This voter registration is open to all eligible voters living in Chicago and targets the Hyde Park community, Montgomery Place staff, and residents who were not able to attend the September 2 event.

Before you come, check your voter registration status (first QR code on the right) online at chicagoelections.gov. Tell your family, friends, and neighbors to check their voting registration and if they live in Chicago tell them about the September 19 voter registration event.

If you're unable to check your registration online, come to one of these two events and we can do it for you. We can also help you to register to vote in Illinois or change your address on your Illinois voter registration.

Finally, and perhaps most important, if you wish you will be able to sign up for permanent

mail-in voting at these voter registration events.

As many of you have written hundreds of times on postcards to swing states voters:
Thank you for being a voter! Who you vote for is private, but whether you vote is public record. Please vote in the Tuesday, November 3 election.

Eleanor Littman



QR code for online voter registration



QR code for Illinois voter guide



QR code for Chicago Board of Election Commissioners



QR code for League of Women Voters

THE VIOLENT ORIGINS OF LABOR DAY

In 1894 President Grover Cleveland and Congress approved a federal holiday called Labor Day. It was adopted six days after Cleveland, the railroads, 12,000 federal troops, and hundreds of national guardsmen had crushed a boycott of the Pullman Company. Strikers had been attacked and killed throughout the country; railroads had fired all supporters of the union and hired strikebreakers. Millions of industrial workers and farmers had supported the boycott and the holiday was adopted to try to appear pro-labor and quell the outrage.

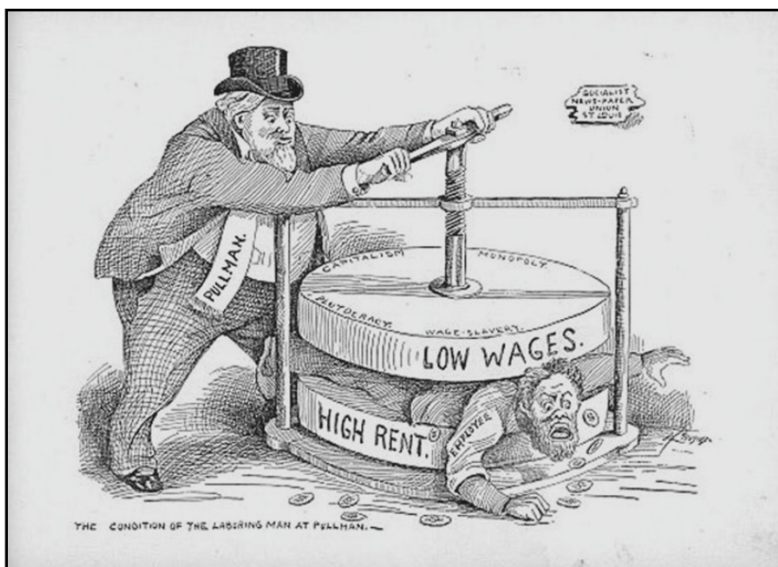
The chaos and carnage started in May 1894 with the Pullman Company. George Pullman's company town outside of Chicago was famous for providing housing, stores, and community services so that the workers could live in decent homes near their jobs. After the economic depression of 1893 Pullman was hit by low demand for railroad cars. He cut wages of the workers by 20% to 30%. He refused to reduce the workers' rent or their costs for food. He refused to negotiate. By May 11 some 4000 factory workers began a wildcat strike. Pullman still refused to negotiate. The strike fizzled. The

American Railway Union (ARU) founded in 1893 by Eugene P. Debs, stepped in, signed up Pullman workers, and demanded recognition and negotiations. Pullman refused to talk and played hardball, firing all union supporters.

In response, Debs organized a nationwide boycott against trains carrying a Pullman car. Almost all rail lines west of Detroit were shut down by an estimated 250,000 workers in 27 states. The American Federation of Labor (AFL) and many of the skilled unions opposed the boycott. The railroads hired strikebreakers, many of them Black workers excluded from skilled union jobs, and violence erupted between strikers and those taking their jobs whom they called "scabs." Cleveland's Attorney General, Richard Olney, who was also a paid lawyer for a railroad, obtained court injunctions against the boycott on the grounds that it was interfering with US mail deliveries. Debs and the unions disobeyed the injunctions.

Cleveland ordered attacks by 12,000 federal troops and hundreds of national guardsmen. They resulted in 34 murders in Chicago, 40 more around the country, and the serious wounding of 57 others. The ARU and boycott collapsed from the armed attacks.

Debs was attacked by the press and he and other union leaders were arrested for conspiracy. He was represented by Chicago attorney Clarence Darrow, whose evidence showing the conspiracies of the railroads resulted in that trial being dropped. But Debs was convicted of violating the federal injunctions and the US Supreme Court upheld a six-month prison sentence. In 1897 Debs would found a predecessor of the Socialist Party



and run for US president five times starting in 1900.

Pullman's utopian company town was finished. The housing and community facilities deteriorated. In 1898 the Illinois Supreme Court ordered the company to sell off its residential holdings. The Pullman Company continued to grow and monopolized the train car industry until 1947 but went out of business in 1982.

It would be 41 years after 1894 and multiple deadly attacks on striking mine and auto workers and others, before the US would adopt laws giving workers the right to unionize and bargain collectively, the 1935 National Labor Relations Act. In 1962 President John F. Kennedy by executive order granted federal employees those rights. In 1978 Congress passed the Civil Service Reform Act permanently granting federal employees those rights.

In February 2015 President Barack Obama and Congress created the Pullman National Historical Park. It is now a Chicago treasure trove of information about the boycott and the origins and growth in the 20th century of the labor movement, labor rights, and the gains in wages and benefits obtained for union and non-union workers by unions.

In 2025 President Donald Trump violated the civil service labor rights of about 350,000 federal workers and contractors with executive orders and threats resulting in mass buyouts, forced retirements, firings, and nullification of collective bargaining agreements. Perhaps the public reaction in 2026 to the chaos and carnage of Trump will generate a new Labor Day. A Gallup Poll disclosed that 68% of Americans now approve of labor unions.

Pete Dowd

THE COARSENING OF PUBLIC DIALOGUE

On August 18 Kristen Holmes, a CNN reporter, asked the president a legitimate question that he did not want to answer. Instead, he responded by calling her a fake news reporter who reports fake news, and calling her disrespectful. This crude, uncivil manner of communicating among public officials has become the norm since Donald Trump ascended to the presidency.

We have seen a steady decline in the ability of leaders to engage in civil, respectful, and substantive dialogue in public spaces. The president has been a leader in this decline and surrounds himself with like-minded people. Beginning in his first term, the president adopted a combative attitude towards the press or any other person who criticized his policies or ideas. This is not normal and should not be accepted.

There was a time not long ago when government leaders engaged in public discourse respected their offices and the people with whom they worked. They did not consider or see their opponents as enemies. They observed basic rules of effective communication, and they saw no need to denigrate, humiliate, or attack another person.

As citizens, we expect our leaders to set the example of how to present their arguments with civility using critical reasoning and rational debate rather than impulsive, emotional outbursts. We've seen enough of the verbal attacks, and the use of gutter language that is an embarrassment to the citizens of this nation. We deserve better. It is my hope that we will use our power of the vote to elevate our public dialog to a higher standard.

Ida Watanabe

V-J DAY SEPTEMBER 2

V-J Day (Victory over Japan Day) marks the end of World War II. It is observed on different dates around the world: August 14-15, 1945 when Japan's surrender was first announced, and September 2, 1945 in the United States, when the formal surrender documents were signed aboard the *USS Missouri* in Tokyo Bay.

The Allied celebrations on Victory in Europe Day (V-E Day), on May 8, 1945, were tempered by the knowledge that war raged on in the Pacific. As the fighting ended in Europe, there were ominous signs that Japan's fierce resistance would continue. The battles for Iwo Jima and Okinawa during the first half of 1945 were marked by spectacular carnage; Americans knew that Japan had never surrendered to a foreign power and that no Japanese military unit had surrendered during World War II.

After Okinawa fell to US forces on June 22, 1945, an invasion of the Japanese home islands was set to begin. But before that could happen, the most destructive war in history came to a shattering and rapid end. On August 6, the United States dropped the first atomic bomb over Hiroshima, ultimately killing as many as 140,000 people. Two days later, the Soviet Union declared war on Japan. Then, on August 9, the United States dropped a second atomic bomb over Nagasaki, ultimately killing approximately 70,000.

Recognizing that victory was impossible, the Japanese government accepted Allied surrender terms without qualifications on August 14, 1945. That same day, President Harry S. Truman announced from the White House that the Japanese acceptance met the terms laid down at the Potsdam Conference for unconditional surrender.

On that day, August 15, 1945, I was a month short of my second birthday; many years



later, I discovered my father's written reaction to the event. Sam Lesner, a medic in the US Army 130th General Hospital, recorded an oral history in 1986 for his eldest grandchild, my son Edward Bernstein. He described how he experienced V-J Day while on board a ship bringing soldiers home from Europe:

"We finally got on a ship [in mid-August] and were in the Atlantic Ocean, sailing merrily along, enjoying the fresh air. I was assigned to do a mimeographed newsletter for the troops every day. We'd get the news from the radio shack on the boat. One day we had just finished the mimeographed sheet when word came that the Japanese had finally surrendered. So we pulled back the paper and we rewrote it to announce that this is what had happened and it looked like the end of the war as a result of the atomic bomb and the surrender. The feeling on that ship when this was announced—that this atomic bomb had wiped out 60,000 people in one swoop—it wasn't a pleasant thing to watch. The officers were sickened by it. But we continued on our way home. When we came into New York harbor and saw the Statue of Liberty, all the boats were out whistling and the flags were flying. We were going to be dismantled. They didn't need us any more because the war was over. So that's it. We came home on that happy note. There was no more war for us."

Roberta Bernstein

REMEMBRANCE OF 9/11- TWENTY-FIVE YEARS OUT

I was on the #7 train to Queens from Manhattan on that beautiful, blue and sunny day. I had a 9 a.m. meeting at the Long Island City YMCA to discuss their capital campaign. When we were on the elevated portion of the track, a passenger started yelling about an airplane hitting one of the World Trade Towers. When another man also started looking and yelling, I got up too. First the view was blocked, then a turn and there stood the towers against the blazing blue sky. One had a black, smoking hole in it; the second plane struck the other tower a second later. This was the start of one of the worst days in my life, but none of us understood what was happening as events unfolded.

It soon became apparent that it was useless to attempt a meeting. The secretaries had it all happening on their computers. The flames, the first tower falling, and then the second one falling on a group of firemen. Outside, Queens Boulevard, a six-lane highway and neighborhood street, was frozen; that is, traffic was frozen, cars abandoned, and rivers of people were beginning to fill the road, moving toward the Queensborough/59th Street Bridge to Manhattan. YMCA staff began giving out water; the day was very warm. Many people came in to use the phones. (It was before cell phones). We heard the subway system was down and our airspace was closed.

That was 25 years ago. I didn't get home until the next day. Luckily, I found a place to stay through a friend of a friend, someone I had met at tango, but didn't really know. She was a recent Ecuadorian immigrant. As it turned

out, she lived in a two-room apartment in Jackson Heights (nearby) with her aged mother and an Ecuadorian student who had his own cubby hole. She also had relatives coming who worked in the garment industry in the West 30s in Manhattan. They lived in New Jersey, but people weren't being let out of Manhattan at that end either. The family arrived on foot around 6 p.m. We were seven people watching the disaster on Spanish TV while we made and ate dinner and drank wine. They gave me the sofa in the living room/dining area, and the whole family slept in the bedroom crosswise on the bed, with the nephew on the floor. Everyone was comfortable with my being there, and it made the close quarters work for us all. This was typical of the generosity shown by everyone during that time.

Going home the next day on the subway, I saw the smoking "pile," as Ground Zero came to be known, where I had seen the second plane hit.

Deaths of first responders and recovery workers who toiled on that pile now rivals or exceeds the number lost on the day of the attacks. More than 90,000 workers and volunteers were exposed to airborne toxins that led to thousands of those deaths and the need for ongoing medical care through federal programs. I believe I encountered such a program many years after the attack. I had been exposed to some indoor toxins in my

place of work and was seeing a doctor at a specialized clinic at Mount Sinai on Fifth Avenue around 100th Street. I noticed that the medical staff were speaking with patients in Spanish or Polish as well as English, and was told this was a special clinic for "pile" workers.

continued on p. 16



Remembrance from p. 15

For at least a year after the attack, we could hear bagpipes playing when human remains were found and when funerals were held. Trinity Church, just steps from the World Trade Center, became a 24-hour refuge for recovery workers and volunteers, offering comfort, ministry, and healing for nine months after September 11, 2001. Saint Paul's, where you can visit George Washington's pew, has become a symbol of survival and hope. The Bell of Hope, given by the people of England in 2002, is rung every September 11 at the time the first plane hit.

Trinity Church cemetery is where Alexander Hamilton and his wife Eliza are buried. Long a community resource, Trinity's powerful choirs will come together for the 25th anniversary of the attacks to perform works to offer comfort and meditation. St. Paul's Chapel will offer music hourly throughout the 9/11 weekend in remembrance of those who were lost.

The September 11, 2001 attacks were the deadliest terrorist attacks in world history, claiming 2,977 victims (excluding the 19 hijackers). About 200 people jumped from windows.

NATO played a prominent role in Afghanistan after 9/11 when the United States invoked Article 5 of the North Atlantic Treaty, which interprets an external attack on any member to be an attack on all NATO members. It was the first and only time Article 5 has been invoked.

Lois Baron

DINING COMMITTEE

The August Dining Committee meeting was attended by 18 residents and three Unidine administrators.

Improvements noted: meal deliveries are becoming more timely and interactions with waitstaff show noticeable improvements.

Attendees requested Unidine staff to address the following

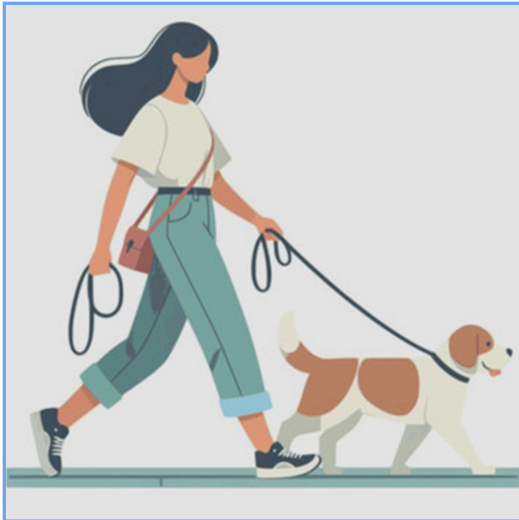
- ◆ Some meals are not being delivered at all, particularly on Sundays.
- ◆ Consideration of dietary intolerances.
- ◆ Soups are overly salty, watered down, and lacking in flavor. Some soups are primarily broth. Not enough meat or vegetables. Split pea was noted as needing improvement.
- ◆ The lunch menu in the Café needs to be updated to make it accurately reflect what is available and to make it easier to order from the menu.
- ◆ Waitstaff not being aware of all foods was a large area of concern. For example, flavors of ice cream, watermelon and other fresh fruits, and salad dressings.
- ◆ Food delivery bags should be checked before they are sent upstairs to guarantee that items such as soups, salad dressings, and condiments are placed in the bags.
- ◆ Beef teriyaki, a favorite dish, has declined in the quality of beef and overall taste.

Kudos to Unidine for the farmer's market in August! It was a big hit. Everyone is looking for a repeat in September.

Unidine was asked to continue with written summaries of Culinary Corner notes distributing them in each resident's mailbox.

Please join us for the September 9 committee meeting at 2:15 p.m. in the East Room.

Shirley Wilson-Sigler, Chair, Dining Committee



NATIONAL DOG WALKERS DAY, SEPTEMBER 8

Before being asked to write this article, I had no idea that there was a National Dog Walkers Day, so I did a little research. Turns out that National Dog Walkers Day was started by two professional dog walkers in 2015. It was promoted on various websites and somehow it is now an official day for all of us to celebrate!

For me, as a dog owner, every day is dog walker day, and I wouldn't have it any other way. When I looked for a retirement community, the fact that Montgomery Place was pet friendly throughout was an essential factor in our decision, not only because we had a dog, but also because it meant that management understood the valuable part pets can play in people's lives.

My dog Studly, who often somehow actually appears to be smiling, puts a smile on my own face as well. He is interested in everything and everyone and encourages me to be the same. He is particularly enamored of the front doors that open at his command. Once outside, there are so many things to explore!

The man who has set up residence in the Iowa House is of great interest to Studly, as are the many squirrels and birds. We often

HEWSON SWIFT CONCERTS

Hewson Swift concerts are presented on Wednesdays at 7:15 p.m. in the Lounge and on Channel 4.1. Join us as Barbara Asner shares wonderful music on CD or DVD.

- ◆ September 2, Trumpet concertos by Haydn and Hummel. Alison Balsom, trumpet. 53 minutes.
- ◆ September 9, Prokofiev piano concertos 2 and 3. Philharmonia Orchestra, Vladimir Askenazy, conductor, with Evgeny Kissin, piano. 1 hour.
- ◆ September 16, Haydn trios for piano, violin, and cello. Patrick Cohen, piano; Erich Hobarth, violin; and Christophe Coin, cello. 48 minutes.
- ◆ September 23, Schubert string quartets in A and D minor. Emerson String Quartet. 1 hour 10 minutes.
- ◆ September 30, Bruch, Scottish Fantasy and violin concerto. Israel Philharmonic Orchestra, Zubin Mehta, conductor, with Itzhak Perlman, violin. 54 minutes.

If you would like to share your recorded music on a Wednesday evening, please contact Barbara Asner at 4618 or Fran Vandervoort at 4396.

*Barbara Asner and Fran Vandervoort, Co-Chairs,
Hewson Swift Concerts*

meet other dogs and there is one who lies down and waits for us to catch up when she sees us coming. Whether it's National Dog Walkers Day or not, Studly and I say thank you to Montgomery Place and Chicago!

Jane Phifer

Editor's note: for dog owners who need a break, Connie the Pet Nanny (773-213-2625) has been a professional dog walker in Hyde Park for many years and has clients at Montgomery Place.

FROM HAT LADY TO GROCERY LADY

My grandparents, Luba and Aaron Nounberg (spelling courtesy of Ellis Island), came to the United States from Odessa, Russia, now Ukraine, in the early 1900s. They came to Chicago because my grandfather's sisters were here. My grandmother was 16, and my grandfather admitted to being 12 years older. Theirs was an arranged marriage. They had eight children; my mother was the eldest. I never saw them kiss or hug or even talk together. Of course, I came much later.

After her children were born, my grandmother went to work, perhaps from economic necessity, but more likely because she wanted to get out of the house. My grandfather worked out of the home as a bookkeeper and accountant.

My grandmother took a job making hats, and so became the Hat Lady. I never saw her wear a hat, but she did make hats for her daughters. Pictured are some of the hats she made for one of her daughters. She worked until mandatory retirement age and then returned to work for nothing until the union told her she couldn't.

Then she became the Grocery Lady. She made several trips a day to the grocery store. Once she asked me to go to the store for her, and of course I did. A while later, she needed something else, so I went again. When she asked again an hour later, I asked her to please make a list so I could get everything at once. I doubt that my grandmother ever made a shopping list.

When my grandfather died, she sold the house and bought a two-flat. You probably guessed: it was in walking distance of a grocery store. She continued her grocery store routine until she was no longer physically able to do so.

Because she worked most of her life, my grandmother was not a good cook. When she did cook, she seldom made enough of

anything. My reclusive aunt did most of the cooking and housework. My grandmother could make two things well: matzo balls and knishes. But she never made enough. She would sit in the kitchen guarding the knishes so her adult children wouldn't sneak in for some. As the only grandchild, all I had to do was ask and I would get several. I would then eat them in the living room, to the glare of my aunts. I watched my grandmother make them once, and so knew they were made with liver. I always wondered if my aunts would have been so eager to eat them if they knew that.

I didn't know my grandmother well. She always seemed so foreign to me, even though she and my grandfather celebrated their 50th wedding anniversary when I was nineteen. I



Creations by the Hat Lady

never knew what to talk to her about. One day, I told her about a book I was reading called *The Candlesticks and the Cross*. Turns out she came from the same area as the story's characters and left at the same time the characters did when the pogroms against the Jews began to accelerate.

I wished I had asked more questions about her life. So, a suggestion, dear readers: write your life story for your children and grandchildren. They may not be interested now, but they might be when you are no longer here or able to tell them.

Sandy Weiss

NOT THE MINUTES OF THE 8/20/26 RESIDENTS' COUNCIL MEETING

Note: This is a personal summary of the main issues raised in the meeting and is not to be confused with any official statement or document. All members of the Council except Barbara Dwyer were present, as was Morag Fullilove from the Board.

The audiovisual system for the Friday night speakers needs to be improved. The speakers want to use their own computers to present their slides, and be connected to channel 4 of our television system. We need training from specialists to make this possible. Robert will have an employee present on Friday nights to provide some assistance.

Unidine is scheduled to present their updated plan on September 15. At present, they are claiming 80% approval for their current menu. This figure, however, comes from repeated comments by a small group of residents. Council members cited long delays in having meals served (including a 90-minute delay in serving the birthday menu) and problems in having servers describing

the special menu options now that paper menus are not available. Nor was there much approval of the food. The general feeling was that nothing has changed. Peter Martinez noted that three other organizations have presented plans to the Council members. A big question is whether they would buy out the existing contract.

Recently, residents who have cell phones received urgent warnings about potential tornados. Some residents, however, do not have cellphones and so did not learn about the possible danger. In the future, the administration should broadcast these warnings over our internal phone system.

Life Care At Home has provided new medical forms—Current Medications and Emergency Medical Information—to all residents. They did not, however, include instructions about what to do with the forms. Presumably, they will insert them in the Emergency envelope on the unit door. David suggested that they should visit each resident and provide assistance in filling them out.

Richard Muller



SEPTEMBER FILMS

Film Committee selections are shown each Monday, most Thursdays, and most weekends in the Lounge and on Channel 4.1. Many films benefit from viewing in the Lounge on the big screen. Film Committee meetings are held the first Thursday of the month in the Game Room at 2 p.m. This month the theme for weekends is films featuring Burt Lancaster!



odds to bring the crippled spacecraft and its crew safely back to earth. Stars Tom Hanks, Kevin Bacon, Bill Paxton, Gary Sinise, and Ed Harris. 2 hours 19 minutes.

Documentary Films

Thursday, September 3, *Chicago Stories: Iconic Foods*, 2025. Chicago is one of the greatest and most diverse food cities in the world.

Watch as chefs, restaurateurs, food writers, and historians explore the origins of deep-dish pizza, hot dogs, Italian beef, and many more foods, and why they remain so popular. 55 minutes.

Tuesday, September 15, *Chicago Stories: Amusement Parks*, 2024. Riverview. Kiddieland. White City. These long-lost amusement parks and many more are fondly remembered. Take a look back at the important role that Chicago played in the evolution of this classic summertime diversion where you and your family could “laugh your troubles away.” 55 minutes.

Thursday Foreign Language Films

September 10, *Je M'appelle Agneta*, 2026. Sweden. Agneta, a 49-year-old woman trapped in an emotionally empty life, accepts what she thinks is an au pair job caring for a boy named Einar. But Einar turns out to be an aging, eccentric, gay man whose candor and unconventional outlook encourage Agneta to rediscover her own identity and sense of freedom. 1 hour 53 minutes.

September 24, *Samba*, 2014. A French comedy-drama. Samba Cissé, a Senegalese migrant working as a dishwasher in a hotel, is ordered to leave France because of a bureaucratic slipup. He fights to stay, with the help of a businesswoman. A big heart and talented cast. 2 hours.

Monday Films

September 7, *Breaking Away*, 1979. A coming-of-age story that follows a group of “townie” boys in Bloomington, Indiana. Recently graduated from high school, they are not sure where they’re going. Roger Ebert called it “a wonderfully sunny, funny, goofy, intelligent movie that is in fact, a treasure. . . .” And a compelling sports film. 1 hour 40 minutes.

September 14, *Suffs*, 2026. A live recording of the Broadway musical about the women’s suffrage movement from 1913 to the ratification of the 19th Amendment in 1920. The leaders, including Alice Paul, Carrie Chapman Catt, and Ida B. Wells, fight for voting rights while confronting divisions over race, strategy, and equality. 2 hours 15 minutes.

September 21, *The Mission*, 1986. When a thriving mission on what is now the Brazilian and Argentine border above the Iguazu Falls is caught in politics, the priests and the Guaraní people decide to risk death and excommunication to survive. Stars Jeremy Irons and Robert De Niro. 2 hours 5 minutes.

September 28, *Apollo 13*, 1995. Based on the true story of NASA’s ill-fated 1970 lunar mission, the film follows three astronauts and Mission Control as they battle overwhelming

Weekend Themed Films: Burt Lancaster

September 5-6, *From Here to Eternity*, 1953. In the months before the attack on Pearl Harbor, soldiers stationed in Hawaii face love, ambition, loyalty, and personal conflict. As tensions mount, their intertwined lives lead to heartbreak and heroism. Stars Burt Lancaster, Deborah Kerr, Montgomery Clift, Frank Sinatra, Donna Reed, and Ernest Borgnine. 2 hours.

September 12-13, *Sweet Smell of Success*, 1957. Press agent Sidney Falco will do anything to please powerful gossip columnist J.J. Hunsecker. Their ruthless pursuit of influence exposes the corruption and moral compromises behind New York's media world. Stars Burt Lancaster, Tony Curtis, Susan Harrison, and Martin Milner. 1 hour 36 minutes.

September 19-20, *The Train*, 1964. In 1944, a German colonel loads a train with French art treasures to send to Germany. The Resistance must stop it without damaging the cargo. Stars Burt Lancaster, Paul Scofield, Jeanne Moreau. 2 hours 13 minutes.

September 26-27, *Birdman of Alcatraz*, 1962. Based on the life of Robert Stroud, a convicted murderer who found purpose studying and caring for birds while imprisoned. The film has themes of redemption, compassion, and the complexities of justice and human dignity. Stars Burt Lancaster, Karl Malden, Thelma Ritter, Neville Brand, and Telly Savalas. 2 hours 27 minutes.

Your Suggestions

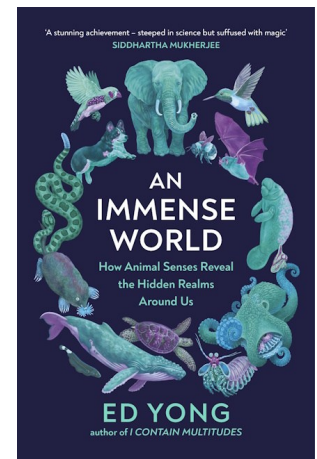
We invite your film suggestions. Come to a committee meeting at 2 p.m. on the first Thursday of the month or send a Wikipedia listing to any member of the committee, Lois Baron, Joyce Mannis, or Gina Volpe.

Lois Baron and Gina Volpe for the Film Committee

BOOKLOVERS

For September we are reading *An Immense World* by Ed Yong, a popular science book that explores how different animals experience the planet through their senses. Yong looks at the concept of the *umwelt*—the specific sensory bubble that traps each species in its own slice of reality. STOP! Before you reject the thought of a science book, please read further...it may change your mind about science and nature.

Reviewers say that the book is mind-expanding and challenges how you view everyday wildlife. It corrects common human misconceptions about what animals can and cannot perceive, such as what dogs smell or how birds navigate. It highlights weird and wonderful traits, like crickets with ears on their knees, scallops with hundreds of eyes, and fish that talk using electricity.



Ed Yong is a science writer known for his insightful exploration of topics related to biology and medicine. His works have been highly praised for their thorough research and accessible writing that brings scientific concepts to a broad audience and has earned him the Pulitzer Prize for explanatory reporting. He contributes extensively to *The Atlantic*. Yong was born in Malaysia and raised in the UK. That multicultural background lends global implications to his writings.

Come to our meeting on Monday, September 28 at 3 p.m. in the East Room to discuss *An Immense World* and get a copy of the book for the next month.

Laurieann Chutis, Booklovers Coordinator

GREENHOUSE GROWINGS-ON

September is a busy time for gardeners in the Greenhouse: pruning and propagation. Propagation is taking cuttings from a healthy plant and helping them to develop roots to start a new plant for your apartment or the Greenhouse, or to give as a living gift to a friend. I did this with the coleus (see photo of mama and baby plants) and now is an ideal time to do this with plants from the Garden and from your apartment. Plants are in their vigorous growth cycle so you have plenty of stems to pick from. This also is the time to prune and reshape your plants, getting rid of spindly old growth and dead leaves. Plants appreciate a haircut and they grow healthy new stems once the old stems are pruned.

On the counter you will see jade cuttings in water, developing roots. They will need owners soon. Leave me your name and extension on the counter and I will help you to select and plant one.



Jade cuttings ready to move in with you

The coleus family



Purple Heart

Check out our purple heart plant in the northwest corner. It has a tiny flower on purple leaves. I feature it because it easily propagates from cuttings in the fall and is toxic to animals. This is a reminder that if you have a plant in your apartment that can be toxic to your pets, why not grow it in the Greenhouse without worry? Please check with me about the appropriate location for your plant for light, air, and heating needs before placing it in any box.

Great news! The orchid with ten blooms nurtured by Massalene Fluker continues to bloom. Come check it out.

Laurieann Chutis, Greenhouse Manager



REFLECTIONS ON A JEWISH HOMECOMING

The High Holidays are a kind of homecoming. Some Jews only come to the synagogue on the High Holidays; some only to Yom Kippur, if they are observant at all. This is the holiday where we say *L'shanah tovah tikateivu*—may you be written in the Book of Life. These days are when we ask forgiveness for our sins against God's laws, whether by commission or omission. For our transgressions against friends, family, and colleagues, we must go to them and ask forgiveness before we can pray in the synagogue. So, I'll take this opportunity and ask forgiveness from any of my readers whom I may have wronged, however inadvertently.

I recall my mother's family gatherings after the first day of Rosh Hashana, the New Year, an early dinner in the afternoon with my mother's sisters' families. After Yom Kippur we would go to my Aunt Betty's for breaking the fast.

Traditionally, the Rosh Hashana dinner would start with matzo ball soup, followed by gefilte fish, followed by brisket, potatoes and carrots with my mother's special recipe—cooked slowly for hours and basted with kosher wine and catsup. Truly delicious. Honey cake and canned fruit cocktail was the dessert. Why honey cake? Because honey is to make a sweet coming year. It wasn't until much later, after I was married, that I learned

about the tradition of apples and honey and the special blessing for a sweet year ahead.

Yom Kippur is a fast day from sundown in the evening to sundown the next day—no food or water. Breaking the fast was traditionally a milk-based meal starting with beet borscht and sour cream, followed by a kugel, or noodle pudding, made with broad noodles, eggs, cream cheese, and sugar, and topped with cornflakes. It was always served with sour cream on the side. Perhaps tuna salad or smoked fish or herring would also be served. Sometimes my aunt made her split pea soup to start, which was my favorite. I would skim the side of the bowl and get the creamed peas scooped up.

What I enjoyed about these meals was the large family gatherings. I had cousins my age and we often had a table of our own where we would tell jokes and laugh at silly stories. My mother loved being with her sisters. They talked loudly, as they had a father who was hard of hearing, so they were used to shouting at one another, even on the telephone. My dad had grown up as an orphan and loved his wife's family. I would often hear his laughter, a very hearty one, as they gathered around the dining table.

L'shana tovah, dear readers.

Natalie Goldberg

IN MEMORIAM

Sally Kehr

Doris Rhodes

LIBRARY NEWS

Donated:

- ◆ *The Hundred Secret Senses* by Amy Tan
- ◆ *Paradise* by Toni Morrison
- ◆ *Hold On: Getting Through Tough Times* by Kenneth W. Phifer
- ◆ *Aspirations . . . of a Humanist Heart* by Kenneth W. Phifer

If you take out a book with a card in the back (hardcovers or books written by residents), please fill it out. If you do not do this, we do not know who has the book or whether it has disappeared.

Books that the Library is discarding are located on the red cart near the east wall of the Library. Residents and staff who are interested in reading them are free to take them. We also have a large number of CDs and DVDs, which are located in the Game Room.

We encourage any resident interested in the Library to come to the next Library Committee meeting on Wednesday, September 9, at 10 a.m. in the Library.

Richard Muller, Chair, Library Committee

HIGH HOLY DAYS TRANSPORTATION SCHEDULE

Transportation information for trips to KAM Isaiah Israel and Rodfei Zedek is indicated on each date. On Yom Kippur (Monday, September 21), transportation to and from the many services and programs will be available all day. Sign up in the trip book for departures and call (773-753-4100) when you are ready to be picked up. Especially important: please be prompt!

SATURDAY	SEP 5	7:30 PM	S'LICHOT, KAMII
SATURDAY	SEP 5	8:00 PM	S'LICHOT, RODFEI ZEDEK
FRIDAY	SEP 11	7:00 PM	EREV ROSH HASHANAH SERVICE, KAMII
FRIDAY	SEP 11	5:30 PM	EREV ROSH HASHANAH SERVICE, RODFEI ZEDEK
SATURDAY	SEP 12	9:30 AM	ROSH HASHANAH MORNING SERVICE, KAMII
SATURDAY	SEP 12	8:15 & 9 AM	ROSH HASHANAH MORNING SERVICE, RODFEI ZEDEK
SUNDAY	SEP 13	9:30 AM	ROSH HASHANAH SECOND DAY SERVICE, KAMII
SUNDAY	SEP 13	8:15 AM	ROSH HASHANAH SECOND DAY SERVICE, RODFEI ZEDEK
SUNDAY	SEP 13	4:00 PM	TASHLICH, JACKSON PARK (KAMII) (RODFEI ZEDEK)
SUNDAY	SEP 13	4:30 PM	TASHLICH, 51 ST BEACH (RODFEI ZEDEK)
SUNDAY	SEP 20	7:00 PM	KOL NIDRE SERVICE, KAMII
SUNDAY	SEP 20	5:30 PM	KOL NIDRE SERVICE, RODFEI ZEDEK
MONDAY	SEP 21	9:30 AM-7 PM	YOM KIPPUR SERVICES, KAMII
MONDAY	SEP 21	9 AM-7 PM	YOM KIPPUR SERVICES, RODFEI ZEDEK

SPECIAL EVENTS IN SEPTEMBER

WEDNESDAY	2	1-2:30 PM	LOUNGE	VOTER REGISTRATION AT MONTGOMERY PLACE ACTS MEETING (P. 11)	
FRIDAY	4	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKER MOON DUCHIN (P. 5)	
SUNDAY	6	2:00 PM	LOUNGE	ICE CREAM SOCIAL	
MONDAY	7	NOON- 4 PM	DINING ROOM	LABOR DAY LUNCHEON	
MONDAY	14	2:00 PM	BUS	MUSEUM OF SCIENCE AND INDUSTRY (P. 4)	
THURSDAY	17	NOON	BUS	LUNCH OUTING AT EVERGREEN IN CHINATOWN (P. 4)	
		7:15 PM	EAST ROOM	RESIDENTS' COUNCIL MEETING	
FRIDAY	18	12:30 PM	BUS	CSO, SCHUMANN, MENDELSON, AND DVOŘÁK (P. 4)	
		7:00 PM	EAST ROOM	FRIDAY NIGHT SPEAKER NORMAN MALONE (P. 5)	
SATURDAY	19	11 AM-3 PM	EAST ROOM	COMMUNITY VOTER REGISTRATION (P. 11)	
WEDNESDAY	23	9 AM-1 PM	LLLC	FLU VACCINE CLINIC ADMINISTERED BY WALGREENS	
		10:30 AM	BUS	MUSEUM OF SCIENCE AND INDUSTRY (P. 4)	
FRIDAY	25	12:30 PM	BUS	CSO, KLAUS MÄKELÄ CONDUCTS SIBELIUS AND SHOSTAKOVICH (P. 4)	
SATURDAY	26	1:00 PM	BUS	JOFFREY BALLET, <i>LILLIOM</i> (P. 4)	
SUNDAY	27	1:00 PM	BUS	GOODMAN THEATRE, <i>THE ATTIC</i> (P. 4)	
WEDNESDAY	30	NOON	BUS	CHICAGO SHAKESPEARE THEATER, <i>PLAY ON!</i> (P. 4)	

RUMMAGE SALE RETURNS IN OCTOBER

A successful rummage sale takes your help in donating your treasures that are sold to residents and staff with proceeds going to Montgomery Place's Care Assurance Fund and the General Fund of the Residents' Association. Please go through your closets, drawers, and boxes for those treasures taking up space. Surprise us with what you find.

The week before the sale, small items will be collected for sorting; large items will be picked up the day of the sale. It is a big job to do in a short time and we will need volunteers to help. Dates of the sale will be determined at the September 1 Activities Committee meeting.

Laurieann Chutis, Rummage Sale Coordinator

REGULAR EVENTS IN SEPTEMBER

MONDAY	7, 14, 21, 28		LABOR DAY 9/7; YOM KIPPUR 9/21 (p. 24)
14, 21, 28	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
14, 21, 28	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
14, 21, 28	10:00-11:00 AM	WELLNESS ROOM	WELLNESS CLINIC (ACROSS FROM THE POOL)
14, 21,	10:15-10:45 AM	LLLC	WAKE UP AND STRETCH
28	10:15-10:45 AM	EAST ROOM	WAKE UP AND STRETCH
14, 21	11:00 AM-NOON	LLLC	TONE IT UP!
28	11:00 AM-NOON	EAST ROOM	TONE IT UP!
14, 21, 28	12:20 PM	FRONT DESK	WALKING GROUP
7, 14, 28	12:30-1:30 PM	GAME ROOM	PLAYREADERS (p. 3)
14, 21, 28	1:00-1:45 PM	SHAWN'S PLACE	STRETCH AND MOBILITY
14, 21, 28	1:30-2:30 PM	EAST ROOM	YOGA WITH SARAH
28	3:00-4:00 PM	EAST ROOM	BOOKLOVERS GROUP (p. 21)
	7:15 PM	LOUNGE/CH 4	FILM COMMITTEE FILM (p. 20)
TUESDAY	1, 8, 15, 22, 29		
	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	8:00 AM-4:00 PM	BUS	SHUTTLE SERVICE TO U OF C SENIOR CLINIC
1	10:00 AM	GAME ROOM	ACTIVITIES COMMITTEE
	10:30-11:00 AM	LLLC	BALANCE AND MOBILITY
	11:00 AM-NOON	EAST ROOM	TAI CHI WITH VENUS
	11:00-11:35 AM	LLLC	FLEX AND FLOW + FLUIDITY
	11:00 AM	ZOOM	MEDITATION (LAURIEANN CHUTIS)
	1:00-3:00 PM	CAFÉ	IT TECHNICAL ASSISTANCE
1, 15, 22, 29	1:00-1:30 PM	EAST ROOM	CULINARY CORNER
	2:00-3:00 PM	EAST ROOM	CURRENT EVENTS
	3:30-4:30 PM	LOUNGE	WINE AND CHEESE
1	7:15-8:15 PM	EAST ROOM	SINGALONG – CANCELED THIS MONTH

PLEASE NOTE

Any event listed on the Regular Events calendar without a specific date or dates occurs on that day of the week every week. Events listed with specific dates occur on those dates only.

22	7:15-8:15 PM	EAST ROOM	SHORT STORY GROUP
22	7:15 PM	LOUNGE/CH 4.1	DOCUMENTARY FILM (P. 20)
WEDNESDAY 2, 9, 16, 23, 30			
	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
9	10:00 AM	LIBRARY	LIBRARY COMMITTEE (P. 5)
	10:15-10:45 AM	EAST ROOM	MEDITATION WITH SHAWN
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	12:20 PM	FRONT DESK	WALKING GROUP WITH SHAWN
2, 16, 23, 30	1:00-2:00 PM	SHAWN'S PLACE	BALANCE AND MOBILITY
9	1:00-2:00 PM	LLLC	WELLNESS LECTURE
2, 16	1:00-2:30 PM	LOUNGE	MONTGOMERY PLACE ACTS (P. 11)
9, 23	1:00-2:00 PM	EAST ROOM	RACE RELATIONS
	1:30-2:30 PM	WELLNESS ROOM	WELLNESS CLINIC (ACROSS FROM POOL)
	2:00 PM	CHAPEL	ROMAN CATHOLIC COMMUNION SERVICE
9	2:15-3:00 PM	EAST ROOM	DINING COMMITTEE (P. 16)
23	3:00-4:00 PM	EAST ROOM	TOWN HALL MEETING
	7:15 PM	LOUNGE/ CH 4	HEWSON SWIFT CONCERTS (P. 17)
THURSDAY 3, 10, 17, 24			
	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	10:00 AM-NOON	BUS	MARIANO'S SHOPPING
	10:00 AM-NOON	APPT FRONT DESK	IT TECHNICAL ASSISTANCE
	10:15-10:45 AM	LLLC	ADVANCED BALANCE TRAINING
3	11:00 AM	GAME ROOM	MESSENGER PLANNING MEETING
	11:00 AM-NOON	EAST ROOM	YOGA WITH SARAH
	11:00-11:35 AM	LLLC	FLEX AND FLOW + FLUIDITY
10	11:00 AM	GAME ROOM	SPEAKERS COMMITTEE
	11:30 AM	CHAPEL	BIBLE STUDY
24	NOON	DINING ROOM	RESIDENTS' BIRTHDAY LUNCH
	1:00-1:45 PM	POOL	AQUA AEROBICS
	1:30-2:20 PM	THIRD FLOOR	WELLNESS CLINIC

THURSDAY CONTINUED

3	1:30 PM	LOUNGE	MAH-JONGG
10, 17, 24	1:30 PM	GAME ROOM	MAH-JONGG
3	2:00 PM	GAME ROOM	FILM COMMITTEE
	2:30 PM	ART STUDIO	WATERCOLOR STUDIO
17	2:30 PM	EAST ROOM	ENVIRONMENTAL SERVICES COMMITTEE
	3:30-4:30	EAST ROOM	HAPPY HOUR
17	7:15 PM	EAST ROOM	RESIDENTS' ASSOCIATION QUARTERLY MEETING
3, 10, 17	7:15 PM	LOUNGE/CH 4.1	FOREIGN LANGUAGE OR DOCUMENTARY FILMS (p. 20)

FRIDAY 4, 11, 18, 25

	8:00 AM-NOON	BUS	PRE-ARRANGED TRANSPORTATION
	9:30-11:30 AM	ART STUDIO	DRAWING AND PAINTING CLASS
4	9:30 AM	BUS	COSTCO SHOPPING
11, 18, 25	9:30 AM-12:30 PM	BUS	HYDE PARK ERRANDS/SHOPPING
	10:00-11:00 AM	WELLNESS ROOM	WELLNESS CLINIC (ACROSS FROM POOL)
	11:00 AM-NOON	EAST ROOM	TONE IT UP!
	1:00-2:00 PM	GAME ROOM	ADAPTING TO AGING CONVERSATION
	2:00-3:00 PM	EAST ROOM	ADVANCED TAI CHI WITH VENUS
	3:00-4:00 PM	CHAPLAINS' OFFICE	SUPPORT GROUP FOR RESIDENT/CAREGIVERS
4, 18	3:00-4:00 PM	GAME ROOM	POETRY GROUP (p. 7)
	4:15 PM	EAST ROOM	SHABBAT SERVICE
	7:15 PM	EAST ROOM	FRIDAY NIGHT SPEAKERS (p. 5)

SATURDAY 5, 12, 19, 26

	8:00 AM-4:00 PM	BUS	RELIGIOUS & MEDICAL TRANSPORTATION
	10:00 AM	BUS	61ST STREET FARMERS MARKET
12	11:00 AM	EAST ROOM	YOGA WITH SARAH
	1:30 PM	GAME ROOM	MAH-JONGG
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS: BURT LANCASTER (p. 21)

SUNDAY 6, 13, 20, 27

	8:00 AM-4:00 PM	BUS	RELIGIOUS & MEDICAL TRANSPORTATION
	11:00 AM-NOON	CHAPEL	CHAPEL SERVICE
	7:15 PM	LOUNGE/CH 4.1	WEEKEND THEMED FILMS ENCORE (p. 21)

ROSH HaSHANah 9/12 (p. 24)**ROSH HaSHanah SECOND DAY 9/13 (p. 24)**